WRESTLING RULES UNIT I

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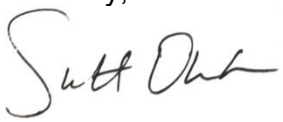
Welcome to the 2026-2027 New Mexico Activities Association high school wrestling season. Please note the following important points of emphasis for the 2026-27 season:

- Regional Tournament Eligibility/Logistics
- Medical Forfeits
- Weight Management and Weigh-Ins/OPC Weigh-In Sheets
- Competition Limits
- Sportsmanship
- Out-of-Season Coaching/Transfers

The points of emphasis for 2026-27 represent current issues that challenge participation in the sport of wrestling and the effectiveness of an education-based athletic experience. Please focus your efforts in these areas and help us collectively make the sport of high school wrestling in New Mexico something we can all be proud of. Though we are competitors, the nature of the sport demands that each of us maintain certain standards to ensure the health of ALL the participants, the integrity of ALL competitions, and the quality of the learning experience for ALL.

Sincerely,



Scott Owen
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