2016-17 NFHS VOLLEYBALL RULES POWERPOINT

Rules Changes
Major Editorial Changes
Points of Emphasis
NFHS (located in Indianapolis, IN – Est. 1920):

• National leadership organization for high school sports and fine arts activities;
• National authority on interscholastic activity programs.
• Conducts national meetings;
• Sanctions interstate events;
• Produces national publication for high school administrators;
• National source for interscholastic coach training and national information center.
NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- Membership = 50 member state associations and D.C.
- NFHS reaches more than 19,000 high schools and 12 million participants in high school activity programs, including more than 7.8 million in high school sports.
The NFHS Rules Review Committee is chaired by the chief operating officer and composed of all rules editors. After each committee concludes its deliberations and has adopted its recommended changes for the subsequent year, such revisions will be evaluated by the Rules Review Committee.
NFHS RULES BOOK AS E-BOOKS

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GUIDELINES FOR SCHOOLS AND STATE ASSOCIATIONS FOR CONSIDERATION OF ACCOMMODATIONS

1. Request from Student to School for Accommodation(s)
2. School Conducts Individual Student Assessment
3. Request from School for Accommodation(s) to State Association
4. Notice and Opportunity to be Heard
5. State Association Review of Request
6. State Association Provides Written Determination for Accommodation(s) to School
7. If appropriate, School Provides Letter of Authorization to Head Official for Local Contest Allowing Competition with Accommodation(s)
NFHS VOLLEYBALL RULES CHANGES
Intermissions shall only be used for a planned promotional or special recognition activity, and not solely to extend the timed interval between sets 2 and 3.
THE BALL
RULE 3-2-1

- The ball must have basic rectangular shaped panels
- Swirls or other shaped panels are not in compliance with the rule

COMPLIANT	NON-COMPLIANT

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Rule Change

PLAYER EQUIPMENT AND ACCESSORIES
RULE 4-1-5

- Hair devices made of soft material and not wider than three inches may be worn in the hair or on the head.
Rule Change

OFFICIALS RESPONSIBILITIES – PREMATCH CONFERENCE RULES 5-4-1h, 1-6-2

- The first referee double whistles and raises a coin in the air to alert the team captains and coaches to report to the officials table for the prematch conference.
- The same technique is used by the second referee for the deciding set coin toss.
Rule Change

SUBMISSION OF LINEUPS
RULE 7-1-2

- Lineups must be submitted no later than two minutes prior to the end of the timed prematch warmup.
- For subsequent sets, no later than one minute remaining in the timed interval or intermission for promotional or special recognition activity.
If an inaccurate lineup is submitted with duplicate numbers (including the libero), a legal substitution for the starter can be made or a new legal number listed for the libero.

Occurs prior to start of the set.
Rule Change

THE SERVE RULE 8-1-6 NEW

- A service toss that contacts a backboard or its supports in a vertical position over the serving area is a service fault and not eligible for a re-serve.
- Opponent receives a point and the next serve.
Rule Change

TIME-OUTS
RULE 11-2 (PENALTY 2)

- An unnecessary delay is assessed when a coach requests a time-out in a set after it has taken its allotted time-outs.
- Provides consistency in the application of an unnecessary delay penalty for request of a third or more time-outs within the same set.

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A player wearing illegal equipment attempting to enter the set is denied and unnecessary delay is assessed.

The player may enter the set once illegal equipment is removed or made legal.

Provides consistency in the application of an unnecessary delay.
With adoption of the penalty for unnecessary delay, when a player wearing illegal equipment is discovered in the set, unnecessary delay is assessed.
PLAYER EQUIPMENT AND ACCESSORIES
RULE 4-1 (PENALTY 3)

- Although the unnecessary delay is assessed, if the team has a time-out remaining, the coach may use the time-out, allow the player to remove the equipment or make legal, and the player may remain in the set
PLAYER EQUIPMENT AND ACCESSORIES
RULE 4-1 (PENALTY 3)

- Subsequent violations resulting in an unnecessary delay by the same team in the set, not match, result in administrative red card and loss of rally/point
HOW TO USE OFFICIALS SIGNALS

SIGNAL 6

- The first referee does not physically touch the net for a net fault or net serve signal.
OTHER EDITORIAL CHANGES

- **12-1-NOTE**
  The NFHS disapproves of any form of taunting which is intended or designated to embarrass, ridicule or demean others under any circumstances. Including on the basis of race, religion, gender or national origin.

- **12-2-2**
  ...any form of tobacco products, e-cigarettes or similar items.
POINTS OF EMPHASIS

- Intermission Reminders
- Implementation of Solid-Color Uniform Top
- Improving Communication between the Second Referee and Table Officials
- Proper Use of Lineup Card
- Substitution Procedure During a Time-Out
INTERMISSION REMINDERS

- The timed intermission shall only be used in conjunction with promotional or special recognition activities.
- Host school management should inform officials and visiting school in advance of contest when an intermission is used.
- An unnecessary delay is assessed a team that does not return to the court by close of intermission.
In 2016, either the libero or teammates or both will be required to wear a solid-colored uniform top. The libero’s top must clearly contrast from the predominant color(s) of teammates’ uniform top.
A. The libero may wear the solid-colored jersey and the color must be in contrast to the predominant color(s) of the team uniforms.
IMPLEMENTATION OF SOLID-COLOR UNIFORM TOP

B. The team may be in solid-colored jerseys that are in contrast to the predominant color(s) to the libero’s uniform top
C. Both team and libero may be in solid-colored jerseys but the libero’s jersey must be in contrasting color to the teammates’ jersey.
The solid-colored uniform top may have a single mascot reference on the sleeve or body of the uniform not to exceed space of 4x4 or 3x5 inches
IMPROVING COMMUNICATION BETWEEN SECOND REFEREE AND TABLE OFFICIALS

- Prior to start of match R2 meets with table officials
  - Assess their level of experience
  - Asks questions of how each person will carry out his/her responsibilities
  - Establishes how communication will occur
- During set No. 1 the R2 should listen and observe how the table officials carry out their responsibilities
Points of Emphasis

IMPROVING COMMUNICATION BETWEEN SECOND REFEREE AND TABLE OFFICIALS

- R2 is the extension from the R1 to the table officials
  - Important to cover what this means of communication during prematch with table officials
- R2 should not hesitate to confer with scorer or tracker if a question about lineup, libero, etc. arises
POINTS OF EMPHASIS

PROPER USE OF LINEUP CARD

- Know the state association expectations for use of lineup card
- R2’s responsibilities with lineup card are NOT a duplication of scorer’s responsibilities
- Prematch meeting with table officials is critical as the R2 will confirm what is needed on the card based on the experience of scorer
SUBSTITUTION PROCEDURE DURING A TIME-OUT

- Reminder, at end of time-out
  - Teams return to the court
  - R2 checks each team’s lineup
    - Substitution(s) is then recognized, recorded, and with R2 authorization, enters the court
- The normal substitution procedure is followed
NFHS OFFICIALS EDUCATION COURSE AND VIDEOS

- Ideal for new officials or those in first few years of officiating
- 30-45 minutes to complete
- Topics include: Basics of Becoming and Staying an Official, Science of Officiating, Art of Officiating
- Course is FREE to NFHS Officials Association members, non-members fee is $20
- NFHSLearn.com

- Sports such as soccer, basketball and baseball offer direct illustrations of the rules book, including rules references and officials signals
- Animated mechanics videos for softball and baseball umpires
- Video interpretation of the NFHS Basketball Rules Book created through a partnership with the International Association of Approved Basketball Officials

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Coaching Volleyball

Course Objectives

- Drill and practice design – including specific, measurable goals and how to replicate game situations
- Teaching fundamental serving and passing skills – verbal cues, standing float serve, forearm pass and overhead pass
- Teaching fundamental defensive skills – attacking, blocking and digging
- Learn offensive and defensive rotational systems
- How to evaluate and select players
- Match protocols and rules of the court – player positioning, service order, substitutions, libero player, time outs and lineups

Units

- Serving and Passing Skills
- Attacking, Blocking and Digging Skills
- Team Systems: Offense
- Team Systems: Defense
- Team Selections & Rules and Match Management

More Information at nfhslearn.com
NFHS FREE COURSES

- Concussion in Sports
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