



## 2018 NMAA STATE TRACK & FIELD CHAMPIONSHIPS QUALIFYING STANDARDS



### Girls

EVENT	A		2A		3A		4A		5A		6A	
	State Record	Qualifying Marks	State Record	Qualifying Marks	State Record	Qualifying Marks	State Record	Qualifying Marks	State Record	Qualifying Marks	State Record	Qualifying Marks
100 m. dash	13.24	13.70	12.20	13.30	12.52	13.20	12.10	13.10	12.11	12.90	11.78	12.70
200 m. dash	27.54	28.60	25.00	27.90	25.80	27.80	24.77	27.50	24.44	26.70	24.50	26.30
400 m. dash	1:01.99	1:05.10	55.80	1:04.90	57.60	1:04.00	55.89	1:03.00	55.58	1:01.50	55.31	1:00.50
800 m. run	2:30.01	2:39.30	2:18.70	2:39.00	2:19.93	2:35.00	2:16.32	2:32.00	2:14.60	2:25.80	2:12.26	2:24.20
1600 m. run	5:31.26	6:10.00	5:18.89	6:07.30	5:10.13	5:50.00	4:51.68	5:42.00	4:58.39	5:30.00	5:00.97	5:27.00
3200 m. run	13:37.76	14:05.00	11:25.71	13:52.00	11:23.23	12:51.00	10:32.79	12:38.00	11:01.10	12:10.00	10:46.72	12:04.00
100 m. hurdles	17.51	18.90	14.75	18.00	15.00	17.70	14.88	17.50	14.61	16.90	14.55	16.80
300 m. hurdles	50.07	52.90	44.84	52.10	46.26	51.40	43.67	51.20	42.89	49.10	43.20	48.90
400 m. relay	54.21	55.30	50.30	54.90	50.33	53.70	48.60	53.60	48.43	51.40	47.16	51.00
800 m. relay	1:55.44	1:58.00	1:44.30	1:57.30	1:46.66	1:55.30	1:43.79	1:53.50	1:42.02	1:49.60	1:39.61	1:48.00
Medley relay	4:40.62	4:56.00	4:25.42	4:54.50	4:20.42	4:43.00	4:13.58	4:42.00	4:12.86	4:29.00	4:07.74	4:25.00
1600 m. relay	4:36.68	4:43.00	4:03.05	4:36.50	4:10.07	4:31.00	4:00.59	4:26.50	3:59.56	4:15.00	3:54.80	4:13.00
Shot Put	32' 3/4"	30' 6"	43' 2 3/4"	31' 0"	41' 2"	31' 6"	42' 5"	31' 9"	47' 3"	33' 6"	50' 1/4"	35' 0"
Discus	101' 2"	92' 6"	124' 4"	93' 0"	135' 8"	97' 0"	136' 2"	98' 0"	136' 11"	103' 0"	162' 0"	107' 6"
Long Jump	16' 2 1/2"	15' 0"	18' 1 1/2"	15' 4"	18' 0"	15' 6"	18' 6 1/2"	16' 0"	18' 5"	16' 6"	19' 9 1/4"	16' 8"
High Jump	5' 2"	4' 8"	5' 9 1/2"	4' 8"	5' 6 1/4"	4' 10"	5' 9"	4' 10"	5' 6 1/2"	5' 0"	5' 10 1/4"	5' 2"
Triple Jump	32' 2 3/4"	30' 6"	37' 10 1/2"	31' 6"	37' 3 3/4"	31' 9"	39' 7"	32' 6"	38' 2 1/4"	33' 4"	38' 7"	33' 6"
Pole Vault	8' 6"	7' 0"	12' 1"	7' 6"	9' 6"	7' 6"	11' 6"	8' 0"	11' 6"	8' 6"	12' 4"	8' 6"
Javelin	110' 5"	100' 0"	132' 7"	100' 0"	131' 0 5/8"	103' 0"	140' 1"	103' 0"	141' 6"	108' 0"	142' 0"	109' 0"

### Boys

EVENT	A		2A		3A		4A		5A		6A	
	State Record	Qualifying Marks	State Record	Qualifying Marks	State Record	Qualifying Marks	State Record	Qualifying Marks	State Record	Qualifying Marks	State Record	Qualifying Marks
100 m. dash	11.63	11.80	11.00	11.80	10.70	11.50	10.60	11.40	10.64	11.30	10.50	11.10
200 m. dash	23.40	24.10	22.40	24.10	22.29	23.50	21.20	23.30	21.53	22.90	21.19	22.60
400 m. dash	51.97	54.00	49.40	54.00	48.94	53.10	48.30	52.50	47.99	51.30	47.43	50.60
800 m. run	2:01.91	2:10.60	1:58.35	2:10.60	1:55.90	2:06.50	1:55.32	2:03.20	1:53.05	2:01.20	1:51.73	1:59.50
1600 m. run	4:49.28	5:05.30	4:30.59	5:05.30	4:19.90	4:50.00	4:11.20	4:43.00	4:12.60	4:33.30	4:11.56	4:32.30
3200 m. run	10:36.76	11:19.30	9:49.52	11:19.30	9:20.90	10:40.00	9:17.18	10:26.00	9:19.63	10:05.00	9:07.38	10:03.30
110 m. hurdles	15.81	17.90	15.01	17.80	14.90	17.10	14.30	16.50	14.24	16.20	13.98	15.70
300 m. hurdles	40.78	44.90	38.67	44.90	38.50	43.70	37.60	42.80	37.89	41.90	37.29	40.80
400 m. relay	45.79	47.10	43.42	47.10	43.45	45.70	42.80	45.40	42.23	44.20	41.17	43.70
800 m. relay	1:34.46	1:40.00	1:31.90	1:38.80	1:31.40	1:36.00	1:28.60	1:36.00	1:28.57	1:33.10	1:26.00	1:31.60
Medley relay	3:55.85	4:00.00	3:42.90	3:58.50	3:38.20	3:51.70	3:33.40	3:49.50	3:32.20	3:43.20	3:30.29	3:42.00
1600 m. relay	3:39.26	3:48.00	3:29.70	3:47.20	3:27.30	3:39.50	3:21.10	3:37.30	3:21.47	3:32.50	3:16.15	3:29.00
Shot Put	47' 6 1/4"	41' 0"	53' 9"	41' 6"	55' 2 1/4"	42' 6"	61' 11 1/4"	44' 0"	58' 6"	45' 6"	62' 11 1/2"	49' 0"
Discus	136' 10"	116' 0"	160' 9"	116' 6"	171' 6"	124' 0"	174' 0"	130' 0"	179' 0"	133' 0"	183' 9"	139' 0"
Long Jump	20' 7"	19' 3"	23' 3/4"	19' 6"	23' 5 1/4"	20' 0"	23' 8 1/2"	20' 6"	23' 1"	21' 0"	24' 3 1/4"	21' 6"
High Jump	6' 2"	5' 8"	6' 9"	5' 10"	6' 7"	5' 10"	7' 2 1/2"	6' 0"	7' 0"	6' 0"	7' 0"	6' 2"
Triple Jump	40' 3 3/4"	39' 2"	43' 11 1/4"	39' 6"	44' 8 1/2"	40' 6"	48' 9"	41' 0"	46' 11"	42' 0"	48' 4 3/4"	42' 9"
Pole Vault	13' 0"	10' 6"	15' 6"	10' 6"	14' 3 1/2"	10' 6"	17' 1 1/2"	11' 6"	15' 3 1/4"	12' 0"	16' 4"	12' 0"
Javelin	155' 11"	140' 0"	176' 11"	140' 0"	179' 5"	146' 0"	191' 7"	150' 0"	207' 4"	156' 0"	207' 6"	164' 0"

**\*To convert hand held times ALWAYS ROUND UP to the nearest tenth and add .24 of a second.**