

Kicking Off Your Season

Provided by the NMAA, the NWCA, & FloSports

 FLOWRESTLING



IMPORTANT DATES IN THE NMAA SEASON

First assessment date: November 6, 2023

Growth allowance date: January 1, 2024

Minimum wrestling weight lock date: January 14, 2024

State Series Rounds and Dates:

Girls Regionals: February 9-10, 2024

Boys Regionals: February 16-17, 2024

State Tournament: February 23-24, 2024

KICKING OFF YOUR SEASON: YOUR ROSTER

-You will be sent your login directly from TrackWrestling. These logins go out once the NMAA gives the team list to TrackWrestling.

-Always start with importing your roster from last season

-Video Link: [How to Import Your Roster from last season](#)

-Then add new additions

-Video Link: [Adding New Wrestlers to your Roster](#)

NMAA RULE - Rosters must be completed by **December 1, 2023**

KICKING OFF YOUR SEASON: ASSESSMENTS

Assessor Practice Transactions: [How to Video](#)

Approving or Denying Weight Assessments: [How to Video](#)

Viewing a wrestler's Alpha Master: [How to Video](#)

NMAA RULES ON ADMINISTERING ASSESSMENTS:

See D. & E.: https://www.nmact.org/file/WWMP_Booklet.pdf

KICKING OFF YOUR SEASON: YOUR SCHEDULE

To Add a Dual Meet: [How to Video](#)

To Add an Individual Tournament: [How to Video](#)

To Add a Multi-Dual Event: [How to Video](#)

-Please note: Once you add a team to an event, it shows up on their schedule to “accept.” You can accept events versus adding a second one to avoid duplicate events and results.

NMAA RULE - Schedules must be completed by **December 1, 2023**

KICKING OFF YOUR SEASON: WEIGH-INS

Creating a Weigh-In Sheet: [How to Video](#)

NMAA RULES on weigh in entry:

See B.5: https://www.nmact.org/file/WWMP_Booklet.pdf

KICKING OFF YOUR SEASON: YOUR BENEFITS

-LIVE Dual Meet scoring is FREE on TrackWrestling: [How to Video](#)

**-All OPC Subscribers are also
NWCA Members!**

**-Please go to
[NWCAonline.com](https://www.nwcaonline.com),
navigate to MEMBERSHIP
in the top right and explore
our members-only portal.**

GOOD LUCK this season!

