2019 LAGUNA BURGER
STATE CROSS COUNTRY CHAMPIONSHIPS

STATE CHAMPIONSHIP INFORMATION

Athletic Directors and Coaches:

Greetings from the NMAA and welcome to the State Cross Country Championships! In coordination with our sponsors, it is our privilege to serve as your host for this one of a kind event. Enclosed you will find several important pieces of information regarding the State Cross Country Championships. Best wishes to all of you, and we look forward to hosting you during the 2019 Laguna Burger State Cross Country Championships.

NMAA Contact Information:

Jackie Martinez, NMAA Assistant Director
Office Phone: (505) 923-3281
Cell: 505-930-2094
E-mail: jackie@nmact.org
**Important Dates and Times**

Friday, November 8, 2019 – 2:00 PM – RRHS Parking Lot open for Teams/Individuals
Friday, November 8, 2019 – 2:00 PM – 4:30 PM – Course Opens to Teams for Walk/Run
Friday, November 8, 2019 – 2:00 PM – 4:30 PM – Packet Pick Up, Rio Rancho T&F Offices
Saturday, November 9, 2019 – NMAA State Cross Country Championships

**NMAA State Championships**

**Date, Site and Time Schedule.**

**Date.** Saturday, November 9, 2019

**Site.** Rio Rancho High School, Rio Rancho, New Mexico

**Time Schedule.** The 2019 Laguna Burger State Cross Country Championships will be run according to the following time schedule:

<table>
<thead>
<tr>
<th>Time</th>
<th>EVENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:15 a.m.</td>
<td>National Anthem</td>
</tr>
<tr>
<td>9:30 a.m.</td>
<td>3A Girls</td>
</tr>
<tr>
<td>10:00 a.m.</td>
<td>4A Girls</td>
</tr>
<tr>
<td>10:30 a.m.</td>
<td>5A Girls</td>
</tr>
<tr>
<td>11:00 a.m.</td>
<td>A-2A Girls</td>
</tr>
<tr>
<td>11:35 a.m.</td>
<td>3A Boys</td>
</tr>
<tr>
<td>12:05 p.m.</td>
<td>4A Boys</td>
</tr>
<tr>
<td>12:35 p.m.</td>
<td>5A Boys</td>
</tr>
<tr>
<td>1:05 p.m.</td>
<td>A-2A Boys</td>
</tr>
</tbody>
</table>

**NEW:** Award Presentations will take place immediately after each race.

**Packet Pick Up.** Packet pick up will take place on Friday, November 8, 2019 and on Saturday, November 9, 2019. On Friday, November 8, 2019 packet pick up will be from 2:00 PM to 4:30 PM in the Rio Rancho Track and Field offices. On Saturday, November 9, 2019 packets must be picked up at least two hours prior to your teams first race. Packets will be available for pick up in the Track and Field offices, located below the soccer field. This will allow you to make any last minute adjustments and inventory all needed materials.

**Financial Terms**

**2019 Laguna Burger State Cross Country Championships**

(1) **Admission.** $10.00 for adults and $5.00 for students/seniors/military. Children under 5 years of age will not be required to pay admission.

**Meet Regulations**

(1) **Teams.** A team shall be composed of five (5) to seven (7) runners. Schools that enter fewer than five runners, and schools who have fewer than five runners finish the race, shall not be eligible for team honors. Individual contestants from such schools, however, may earn individual awards.

(2) **Starting Positions.** The starting position for each team at the 2019 Laguna Burger State Cross Country Championships shall be determined by the team’s finish at their district meet. Individuals will be placed with other individual qualifiers.
(3) **Meet Management Software.** Champion Chip of the Rockies will time the NMAA State Cross Country Championships. There will be other systems in place for back up purposes. We will have results posted online following each race.

**State Championships Policies**

**(1) Administration and Management.** All State Championships shall be conducted in accordance with the policies established by the NMAA Board of Directors and shall be under the control, direction and supervision of the NMAA Office.

**(2) Enforcement of Rules & Policies.** Participating schools shall adhere to all regulations and policies governing the NMAA State Cross Country Championships.

**(3) Passes/Complementary List.** 2019 Laguna Burger State Cross Country Championships Passes, NMAA VIP Passes, and NMAA State Championships Media Passes ONLY, will be honored at state championship events. Individuals who are on the complementary list will also be admitted with a photo ID.

**(4) Signs and/or Banners.** The display of signs, banners, placards or similar items at the state championships is permitted, provided:
- They are in good taste and reflect good sportsmanship in their message and use.
- They reflect identification and encouragement to participants and their school, and make no reference to the oppositions school, individuals or community.
- They are not displayed on the course, or in a manner which interferes with the runners.
- They do not obstruct the view of participants or spectators.
- They are not safety hazards.
  - They do not represent a conflict of interest with any NMAA sponsor.