

NMAA Sports Medicine Advisory Committee Meeting

October 29, 2009

Webinar

The NMAA Sports Medicine Advisory Committee (SMAC) meeting was held on Thursday, October 29, 2009, at 12:00 p.m. via the NMAA Conference room webinar.

The link to view the meeting is as follows:

<http://talkingcommunities.com/wm/archives/rsdd1fb59eeebf/Smac/>

Call Meeting to Order and Welcome

Gary Tripp, NMAA Executive Director called the meeting to order at 12:00 p.m. The following members of the committee were present: Tim Acklin, Mike McMillan, Aaron Stem, Jose Barron, Thomas Mabrey, Allan Rickman, Adam Halpern, and guests David Hadfield, Rhino Med; and Rebecca Dominquez.

Approval of Minutes

A motion was made to approve the minutes from the meeting of June 5, 2009. The motion was made by Mr. McMillan, seconded by Mr. Rickman. Motion was approved unanimously.

Life of an Athlete Update

Mr. Tripp gave an overview of the Life of an Athlete program with emphasis that John Underwood, with American Athletic Institute has helped the NMAA develop a curriculum based on 20 years of research and the curriculum used in the state of New York. Robert Zayas, NMAA Assistant Director held a student seminar with 18 athletes from throughout the state of New Mexico in attendance along with John Underwood in October. These students learned about the program and discussed their opinions on how to get student athletes to interact and learn with the online system. The seminar was very successful with positive feedback from the students. Mr. Zayas has conducted several additional seminars throughout the state with tremendous turn out of both athletes and their parents.

Concussions

Mr. Tripp asked the committee to discuss their thoughts on a requirement that all head coaches take a mandatory workshop or seminar conducted by the NMAA Sports Medicine Committee to educate them on the seriousness of concussions and on suggested protocols for concussions. It was suggested that the SMAC webinar on concussions could be used for this requirement, with the Athletic Director verifying that their head coaches have viewed it. It was also suggested that the same webinar also be used as one of the seven required courses for officials. Mr. Tripp agreed to take the request to the Board of Directors meeting on behalf of the SMAC, on December 3, 2009.

Future Webinars

Mr. Trip asked the board for ideas for upcoming webinars and reviewed prior webinars. The topic suggested was Wrestling Weight Loss/Weight Management covering ringworm, mat

cleanliness, and other issues pertaining to wrestling for December's webinar. Other suggestions for upcoming webinars were, Swine Flu for January, and Steroids for February. MRSA, staph infections, for a future webinar was suggested. Jeff Archuleta and Mike Reilly will be asked to remake the webinar on Eating Disorders because of technical problems.

Athletic Trainers in Schools

Mr. Tripp suggested that he and Mr. Acklin write a letter to the NMAA Board of Directors stating the importance of having athletic trainers in all NMAA member schools. The letter would place an emphasis on creating a legislative initiative or a superintendent's initiative to achieve this goal. Mr. Tripp would like to see the doctors involved with sports medicine to watch the SMAC webinars, in order to see the effort the committee has put forth to prevent injuries in athletes, to encourage superintendents of the importance of athletic trainers in all schools.

Rhino Med

Dave Hatfield of Rhino Med gave a presentation on his product, describing it as a medical training room on wheels. This cart will launch within the next year. The cart has wheels and a padded top that trainers can use to have a sturdy surface where they can treat their athletes, with supplies stored in the cabinet below with 2 shelves and a space for ice. Carts can be placed in each school by having area doctors, and local supporters the ability to advertise on this cart, which is placed on the 50 yard line making it a great advertising medium for supporters. The cart can be viewed at www.RhinoMed.com. Mr. Tripp encouraged the SMAC to promote this item to their community in efforts to find advertisers so that every school can have one of these essential carts.

Promoting SMAC

Mr. Tripp asked the committee for feedback on ways to promote the committee and the positive resources that the SMAC provides. He suggested the possibility of rewriting the mission statement and finding ways to help the SMAC grow at a faster rate. Mr. Tripp would like the SMAC to present a speech on the resources of the SMAC during the NM Athletic Trainers Conference, and has agreed to be present. He will have an NMAA weekly show covering the SMAC as well. Mr. Halpern suggested having the local sports media promote as well as the local sports station, 101.5 FM, The Sports Animal, and Mr. Tripp will personally request the assistance NM Sports Authority.

Adjournment

Next meeting will be held during the State Wrestling Championships on February 20, 2010 at the Santa Ana Star Center, as a tentative date. Meeting adjourned at approximately 12:56 p.m.