

Summary of
Sports Medicine Advisory Committee
September 20, 2008 10:00 a.m.

A regular meeting of the Sports Medicine Committee was held on September 20, 2008 at the NMAA offices in conference room A. The meeting was called to order by Mr. Rudy Aragon, NMAA Assistant Director for Mr. Gary Tripp who was unable to attend due to a conflict in his schedule. The following members of the committee were present for the purpose of conducting the business of the Sports Medicine Advisory Committee: Jessica Stem, Aaron Stem, Adam Halpern, Mike McMillan, David Gallegos, Dr. Janice Moranz and Dr. Jim Martinez. Those present via conference phone were, Greg McManus, Dr. Pino, and Tim Acklin. Mindy Ioane, NMAA Administrative Assistant, was present for the purpose of taking notes of the meeting. Mr. Scott Evans and Ms. Kristin Derr, both NMAA Assistant Directors presided as guest speakers.

Welcome and Introductions

Athletic Trainers Teaching Licensure

The first item of business to come before the meeting was an update on the Certification of Athletic Trainers by Scott Evans, NMAA Assistant Director. Mr. Evans spoke about a meeting he had on July 22, 2008 with Phil Baca. He explained that the problem associated with the licensure was the change in directors, with Ms. Bernadette Bach retiring and the replacement with Mr. Phil Baca. Mr. Baca did mention the importance of the licensure and a meeting was set for Mr. Tripp and Mr. Evans to meet formally on August 22, 2008. During this meeting Mr. Baca, Mr. Blair, and Mr. Jim Ball acknowledged that there are three areas of licensure for athletic trainers to be able to teach sports medicine. First is regular or traditional licensure, second is alternative, that includes course work and supervised teaching, and third, which is the development issue, is the idea of vocational workforce alternative. In the meeting it was determined that all three are applicable. There doesn't need to be any new licensure, but the real issue is to develop something that describes these alternatives and share this information with superintendents and athletic trainers, so that everyone is of the same understanding. The PED plans to draft a letter that will outline the requirements of the licensure. The delay in drafting up the letter is the question about where sports medicine fits in the accountability data system and endorsements. The Public Education Department is being especially careful when developing this opportunity that they are not closing the doors on anyone that is currently teaching courses. There was a bit of concern in making sure that it was researched enough. Another concern is that the vocational license was originally aimed more towards the trades industry. PED wants to ensure the wording is precise and that it does not allow someone who is unqualified to teach this in a school. Research will include who is offering the courses as well as requirements for the three other areas of licensure. The commitment was made to try to get the letter to the NMAA by October 1, 2008.

Discussion - A question was asked as to what would be stated in the letter. Mr. Evans answered that it would contain the different avenues available and will describe to a school district how they could employ and make it a full time job that includes teaching.

Webinars

Mr. Aragon requested that each sport be represented by an athletic trainer in order to obtain data on injuries specific to that sport. He also said that bowling, rodeo and cheer need to be included. He began a discussion on what would be the best quality way to obtain data on sports injuries in each sport. Mr. Gallegos responded by suggesting that the committee use data that is already available on the web on injuries throughout the nation. This idea would be based on a national level and provided by the Athletic Trainers Association. Another suggestion was to have athletic directors and trainers in charge of this. There was a concern that if Athletic Directors were in charge of this, it might not be accurate because of time restraints. True data would be hard to collect by athletic trainers because there are many schools without trainers. The suggestion was made to post a questionnaire on the NMAA website to collect the data by the trainers. Mr. McMillan suggests that he could possibly obtain a questionnaire from the state of Texas to use as a format for football. Mr. Aklin will provide a database of all athletic trainers within the state and forward it to Ms. Ioane for the purpose of sending a questionnaire on injuries in soccer, football and volleyball. The idea is to post the results online that would not only help trainers answer questions, but will also help parents that are looking for this information. Mr. Aragon would like to be able to determine what injuries are the most common, and to help determine why these injuries are occurring. That information could be passed on to the National Federation to see what can be done about it. Aaron and Jessica Stem will create the questionnaire for football and a suggestion was made to ask Mike St. John to create a questionnaire for soccer. The sport of volleyball is in need of a volunteer.

Next, Mr. Aragon spoke to the committee about the desire to begin hosting webinars on various subjects to benefit Athletic Directors, Athletic Trainers along with any member schools that are interested in the various topics. Ms. Kristin Derr explained the new system the NMAA now has called Talking Communities. This system enables the NMAA to host meetings over the internet with capabilities similar to online chatting. Ms. Derr will email the information to those interested in hosting topics. She will need the information to be sent to her at least two days prior to the webinar which would be in the format of PowerPoint. Ms. Derr would be the moderator. Two weeks before the scheduled webinar, Ms. Derr will do training over the internet which will take about 15 minutes. A microphone is needed, especially for those presenting. The upcoming webinar will be sent out via Monday Morning News. Ideas for webinars are as follows: Concussions, Weight Management, Nutrition, Physical Forms, Energy Drinks and Pre Game Meal Plans.

Schedule:

Concussions – To be announced
Nutrition – Adam Halpern, SWSI

Energy Drinks – Dr. Janice Moranz
Physical Form – David Gallegos, SW Sport and Spine

Physical Form

The committee decided that instead of review the physical form yearly, it would be best to review the form as a webinar in hopes to answer any questions that doctors throughout the state might have about the form.

New Items

Basic protocol procedures for head injuries, fractures and dislocations needed in order to take care of an athlete properly. Mr. Acklin would like all athletic trainers to send their protocols to him. He will put the information together and present the information at the next sports medicine meeting.

Other Items

Bilingual issues – make sure that Athletic Trainers are aware that ESL/Bilingual service is available within the schools to assist with translation of the physical forms. Mr. Acklin requested that the law (wording) be sent to him, and he will forward to the Athletic Trainers Association.

Native Americans are having difficulty being treated outside their area for injuries. Dr. Martinez said that the local hospital should have a listing of providers within the state. The problem may be just that the parents do not understand that their child will/can be treated in outside areas.

Members of the committee would like to have a discussion at the next meeting on how to get wording revised on the physical form that would not allow chiropractors to perform physicals. The new wording must include nurse practitioners and physician's assistants to be allowed to perform physicals. One request was to contact the Medical Society for suggestions on a solution for this problem.

Next Meeting Date

Saturday, February 21, 2009, 9:00 a.m. at the State Wrestling Championship located at the Santa Ana Star Center.