

Summary of
NMAA Sports Medicine Advisory Committee Meeting
Friday, June 5, 2009

The Sports Medicine Advisory Committee meeting was held on Friday, June 5, 2009 at Southwest Bone and Joint Institute in Silver City, NM.

Call Meeting to Order and Welcome

Gary Tripp, NMAA Executive Director, called the meeting to order at 12:10 p.m. The following members were present: Dr. Robert Carreon, Michael McMillan, Tim Acklin, Rob Evers, Jose Barron, Andy Krentz, Jessica Stem, Aaron Stem, David Gallegos, Adam Halpern, Mindy Ioane, and Danny Udero with the Silver City Sun Newspaper.

Approval of Minutes

A motion was made to approve the minutes from the meeting of February 21, 2009 by Mr. Gallegos. With a noted correction of removal of Dr. before Jose Barron's name, the motion was seconded by Mr. Halpern. The motion was approved unanimously.

Summer Coaches Clinic

Mr. Halpern lead the discussion in efforts to determine hot topics in the sports medicine world that would be beneficial to the coaches of New Mexico. The annual meeting will be held July 27 – 31st. The committee agreed that Concussions would be the most beneficial. Ms. Ioane will meet with Mr. Mabrey in the following week to secure a times and topics for the event.

A booth/table will be secured at the conference in conjunction with the NMATA in order promote the SMAC and the resources available to coaches. Mr. Gallegos volunteered to head coordination of the booth and the volunteers.

Structure of SMAC

In efforts to ensure statewide representation on the committee and to promote the resources available, the group reviewed the structure proposal and responsibilities presented. The Sports Medicine Advisory Committee (Core Group) in addition to the current committee members will ideally consist of a Doctor, Athletic Director or Trainer and a coach from the following regions: NE, NW, SE, SW, and Central. At least one member of each region is required to attend the SMAC meetings. Mr. Acklin and Mr. Barron have agreed to make contact with individuals in the regions that need representation. An additional committee, the Sports Medicine Professional Advisory Committee (Resource Group) will consist of the existing database of Doctors, Athletic Trainers, Coaches, the Medical Field, and Athletic Directors. Ms. Ioane will draft an informational letter to send to the current resource database. The letter will contain accomplishments and professional development opportunities.

Mr. Gallegos made the motion was made to approve the structure of the committee as presented. Mr. Acklin seconded. Motion was approved unanimously.

Meeting Dates 2009 – 2010

October 14, 2009 Las Cruces Public Schools (Board Room)
505 South Main, Suite 249
Loretto Towne Centre
4:00 – 6:00 p.m.

Topics: NFHS Calendar, National Issues & Physical Forms

February 20, 2010 Santa Ana Star Center (State Wrestling Championships)
10:00 – 12:00 a.m.

Topics: Professional Development for 2010 – 2011

June 4, 2010 NMATA Conference Site
Las Cruces
12:00 – 2:00 p.m.

Topics: Webinars and Articles for 2010 – 2011

Life of an Athlete

Mr. Tripp explained the Life of an Athlete Program that will be implemented this fall, funding provided by the New Mexico Department of Safety and Transportation Division. The SMAC was invited to attend the upcoming statewide presentations and asked to help promote. The program announcement was well received by members of the committee and would like to know if it can be presented at the upcoming Coaches Conference in July.

Protocols for Head Injuries

Mr. Acklin led discussion on the various protocols available to athletic trainers and the need to determine which protocol would be best for the student athletes of New Mexico. Mr. Acklin has agreed to format a procedure card that could be carried with the trainer, and submit it to SMAC for approval. This card will be used as a recommendation only. The committee also discussed systems including the Zyric system and a new computerized system that can assess athletes as a freshman, as a baseline in the event of a head injury. To implement this program it would cost approximately \$3000 for every 100 athletes. The points of emphasis of discussion were: It is every person's responsibility (integrity) to ensure the safety of the athlete. 2nd and 3rd opinions are always a good idea. The longest amount of time off is always best.

Injury Reporting

The purpose of injury reporting is to compile a database of injuries for the SMAC to review and analyze. To take any concerns that needs to be addressed to the Board of Directors and/or the NFHS. A sample survey was discussed. Ms. Stem agreed to revise the survey for the committee.

Webinar Fall Dates

Webinar Dates: August 25, 2009
September 22, 2009
October 20, 2009
November 17, 2009

All webinars will begin at 9:00 a.m. Topics will be determined at a later date.

Adjournment

Mr. Acklin made the motion to adjourn at 2:28 p.m. Mr. Barron seconded. Motion was approved unanimously.