

*Summary of*  
**Sports Medicine Advisory Committee Meeting**  
Saturday, June 23, 2007

The Sports Medicine Advisory Committee meeting was held on Saturday, June 23<sup>rd</sup> at 9:00 am with Gary Tripp, Executive Director of the NMAA, presiding. In attendance were Dr. Robert Carreon, Mr. Michael McMillan, Mr. Robert Evers, and Mr. David Gallegos.

### **Physicals**

First on the agenda was a discussion regarding physicals. The Sports Medicine Advisory Committee Board asked that the NMAA Board of Directors clarify wording in the NMAA Handbook (Section 6.12) regarding how long a physical is valid. The recommended wording is, "The physical is considered valid from April 1<sup>st</sup> through week six of the following school year (approximately 60 weeks)". The Sports Medicine Advisory Board also asked that it be stated in the NMAA handbook that a urinalysis is not a required to be part of a physical.

### **Professional Development**

The Sports Medicine Advisory Committee Board will be presenting two classes at the Coaches Clinic on July 31, 2007.

- Common Sports Injuries presented by Mr. Evers
- Concussions presented by Dr. Carreon.

Nine professional articles will be submitted and posted on the NMAA website. These articles will be located under a new Sports Medicine link and will be written as follows:

- Three will be written by volunteers of the Athletic Trainer Association.
- Three will be written by volunteers of the Medical Profession.
- Three will be written by volunteers from Sports Psychologists.

*Please contact Dr. Carreon at the email below if you are interested in writing an article.*  
[rcarreon@signalpeak.net](mailto:rcarreon@signalpeak.net)

### **Sports Related Medical Issues**

An Athletic Trainer will be placed on each of the following Sports Specific Committees: Football, Soccer, Basketball and Wrestling.

### **Resource Brochure**

Questions were brought up regarding whether the contact information of Coalition members should be published and distributed as a resource to the schools.

- How much involvement would the Coalition like to have?
  - As an advisory resource (example: write articles, do a workshop in your specialty once a year, etc)?
  - As a contact listed to provide assistance in your area of specialty?

Thank you to those board members who were able to attend this meeting! We had a very successful meeting with great input from all. If you have any questions, please feel free to contact Gary or myself using the information provided below:

505-923-3110

Gary [gtripp@nmact.org](mailto:gtripp@nmact.org)

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Thank you.