

Summary of
Sports Medicine Advisory Committee Meeting

Saturday, March 15, 2008

A regular meeting of the Sports Medicine Advisory Committee was held on March 15, 2008, 9:00 a.m., at the Tow Diem facility, located at the south end of the University of New Mexico Football Stadium, Albuquerque, New Mexico.

The meeting was called to order by Gary Tripp, NMAA Executive Director along with Dr. Robert Carreon, Committee Chair. The following members of the committee were present for the purpose of conducting the business of the Sports Medicine Advisory Committee: Tim Acklin, David Gallegos, Mike McMillian, Aaron Stem, Thomas Mabrey, Mike St. John, Jose Barron, Dr. Alan Rickman, Adam Halpern, John Pier and Dr. Janice Moranz and Mindy Ioane, NMAA Administrative Assistant in attendance for the purpose of taking notes of the meeting. Also attending as a presenter at the meeting was Robert Zayas, Assistant Director and Director of Website Development.

Welcome and Introductions

NMAA Web Site

The first item of business to come before the meeting was an overview of the NMAA web site, presented by Mr. Zayas. He demonstrated to the committee how to get to the Sports Medicine link, NFHS link and NCAA link. He also showed the committee how to have access to the Monday Morning News by setting up an email account. Ms. Ioane will send the committee instructions on how to do this. Mr. Zayas explained the process needed to give him the information that the committee would like to have available on the website.

Suggestions for links and articles to be made available on the website include: Rules and regulations from the NFHS, link to the Athletic Trainer's website, Top 10 best websites for sports personnel, Top 10 topics. After discussion, the committee decided most important would be a link to the NFHS website, NCAA sports medicine site, and the NMATA site. All articles and video will be sent first to the committee to review and meet approval before posting on the site. A meeting will be set up with Mr. Bill Cleland to address firewalls that prevent access to site from most schools.

Licensure of Athletic Trainers as Secondary Educators

Mr. Gallegos gave an update to the committee regarding alternative licensing for athletic trainers. Currently public schools are finding it difficult to recruit licensed athletic trainers who also hold a teaching license. In the past, athletic training curriculum education programs incorporated the requirements for a teaching license. Since 1990, athletic training has been recognized as an allied health care profession and has thus had to change educational requirements to match. In doing so, the education component was removed. As a result the majority of recent graduates do not hold a teaching credential, but school districts still find it the best way to justify and compensate the needed position. As a result, NMSU is in the process of creating a Master's program that would incorporate the class work to allow graduates to apply for alternative teaching licensure. That program is a few years out. The second facet of the efforts have aimed at adding Athletic Trainers to the list of recognized professions able to teach under the old vocational programs license (now termed Career and Technical Workforce Education Bureau). This would allow athletic trainers to teach athletic training courses utilizing their athletic training license only. This effort has been accepted initially by the state department of education and will be addressed this

summer. Ms. Bernadette Bach, Director of Professional Licensure will be retiring this summer. It is requested that all members send letters of support to Ms. Mary Rose CdeBaca at MaryRose.CdeBaca@state.nm.us to ensure that this program continues to move forward. She has been contacted and is in the process of filling the vacancy. The new appointee should be the new lead contact, but our positive pressures will help ensure the ball does not drop.

Physicals

Mr. Acklin went over the changes made to the physical form. The committee approved the changes and recommended that this form be used. There was a discussion about chiropractors being allowed to conduct physicals. The committee would like to see this changed. It was agreed by all to review the physical form yearly for any changes that might be needed.

Professional Development

Mr. Halpern spoke briefly about out of date warm-ups being performed athletic events and the need for education and training. The committee discussed having clinics to help schools, especially those without athletic trainers. Mr. Mabrey would like to know what topics would be most beneficial to present on during the 2008-2009 Coaches Clinic in addition to the topic of concussions. Ms. Ioane will send an email out to all members with this question.

Sports Related Medical Issues

Data Collection: Mr. Tripp recommended that a data collection system is needed to track sports related injuries. It was suggested to ask NFHS to help us develop this program. Another suggestion was to see if the University of Interscholastic League or insurance companies could contribute information to this system. Mr. Tripp, Mr. Gallegos, and Mr. Acklin will set up a teleconference with Bob Colgate with NFHS, on the procedures to obtain a grant for this program.

Football: Mr. Acklin inquired about proper helmet refurbishing standards, with the question of what the national safety standard for high school is. This important topic will be on next meeting's agenda.

Soccer: ACL injuries continue to be a problem in this sport. Next meeting Mr. St. John will provide names and phone numbers of contacts to call for more information on this topic.

Wrestling: Weight management continues to be a problem. A suggestion of mat-side weigh-in highly suggested.

Basketball: An athletic trainer is needed to be a representative for this sport. Please send in any recommendations to Mr. Tripp.

National Issues

Heat exhaustion is an issue. The committee would like to see a heat index measure to be put in place that tells how much time someone can practice during the months that heat is an issue. This will be discussed at the next meeting along with rest and nutrition.

Next meeting is scheduled for **June 7, 2008**, 2:00 pm at the New Mexico Activities Association, located at 6600 Palomas Ave. NE.