



# 2018-19 NFHS SOCCER RULES POWER POINT

National Federation of State  
High School Associations



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# SOCCER

National Federation of State  
High School Associations



Take Part. Get Set For Life.®

## National Federation of State High School Associations (NFHS)



# NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

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## VISION

The National Federation of State High School Associations (NFHS) is the national leader for education-based high school athletics and activities, which prepare tomorrow's leaders for the next level of life through innovative programs, healthy participation, achievement, and development of positive relationships.





# NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

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## MISSION

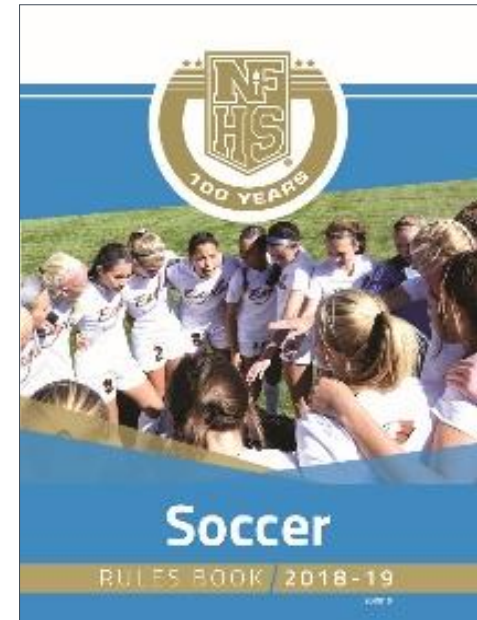
The National Federation of State High School Associations (NFHS) serves its members by providing leadership for the administration of education-based high school athletics and activities through the writing of playing rules that emphasize health and safety, educational programs that develop leaders, and administrative support to increase participation opportunities and promote sportsmanship.



# NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

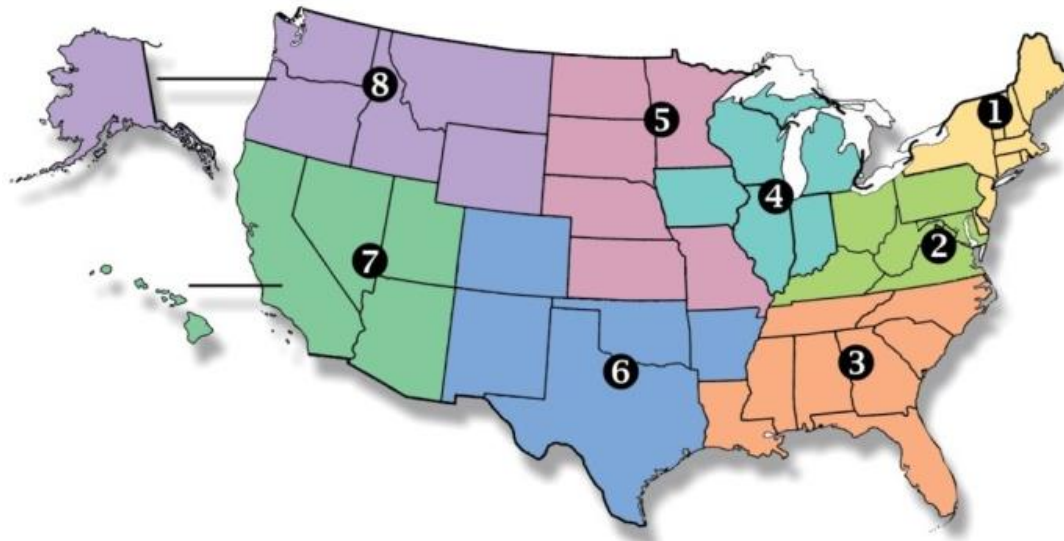
NFHS (located in Indianapolis, IN – Est. 1920):

- National leadership organization for high school sports and fine arts activities;
- National authority on interscholastic activity programs.
- Conducts national meetings;
- Sanctions interstate events;
- Produces national publication for high school administrators;
- National source for interscholastic coach training and national information center.



# NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- Membership = 50 member state associations and D.C.
- NFHS reaches more than 19,000 high schools and 12 million participants in high school activity programs, including more than 7.8 million in high school sports.





# NFHS RULES REVIEW COMMITTEE

The NFHS Rules Review Committee is chaired by the chief operating officer and composed of all rules editors. After each committee concludes its deliberations and has adopted its recommended changes for the subsequent year, such revisions will be evaluated by the Rules Review Committee.



Davis Whitfield  
Chief Operating  
Officer



Lindsey Atkinson  
Volleyball



Bob Colgate  
Football and Sports  
Medicine



Sandy Searcy  
Softball and  
Swimming & Diving



Elliot Hopkins  
Baseball and  
Wrestling



Julie Cochran  
Cross Country,  
Gymnastics, Field  
Hockey and  
Track & Field



James Weaver  
Boys and Girls  
Lacrosse and Spirit



Theresa Wynns  
Basketball and  
Soccer



Dan Schuster  
Ice Hockey





# NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

The NFHS writes playing rules for 17 sports for boys and girls at the high school level.

- Publishes 4 million pieces of materials annually.



# NFHS RULES BOOK AS E-BOOKS

National Federation of State High School Associations



## GET NFHS RULES ON YOUR MOBILE DEVICE

Have you been without your printed rules book and needed to find an obscure rule quickly, make a note or highlight a rule?

### E-books Features:

- Searchable
- Highlight Areas of Interest
- Make Notes
- Easy Navigation
- Adjustable Viewing Size
- Immediate Availability



[www.nfhs.org/ebooks](http://www.nfhs.org/ebooks)

NFHS Rules and Case e-books for \$6.99 each

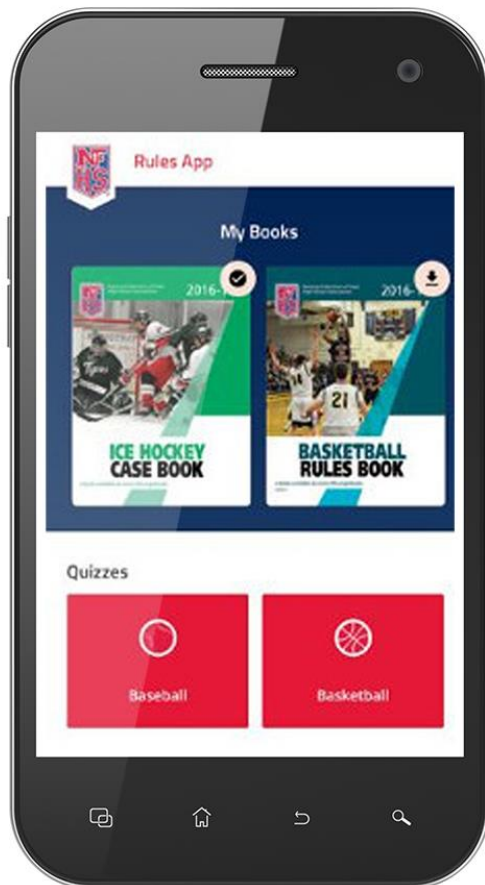
Download from iTunes or Amazon

## E-books features:

- Searchable
- Highlight areas of interest
- Make notes
- Easy navigation
- Adjustable viewing size
- Immediate availability



# NEW NFHS RULES APP



## Rules App features:

- Searchable
- Highlight notes
- Bookmarks
- Quizzes for all sports
- Easy navigation
- Immediate availability
- Free to paid members of the NFHS Coaches and Officials Associations
- [www.nfhs.org/erules](http://www.nfhs.org/erules) for more information







2018-19 NFHS

**SOCCKER  
RULES CHANGES**

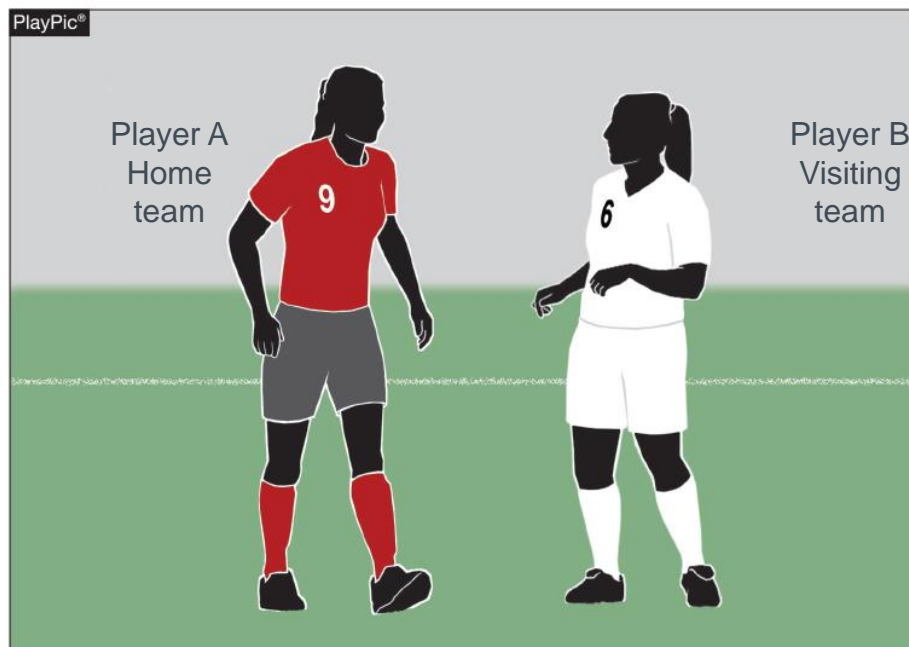


## **RULE 4-1-1A, B**

Alters the jersey colors required for teams such that the home team wears dark jerseys and socks and the visiting team wears all-white jerseys and socks.



# RULE 4-1-1A, B REQUIRED EQUIPMENT (UNIFORM)



Player A is on the Home team and is required to wear the dark colored jersey (clear contrast to white) and dark socks; Player B is a part of the visiting team and is required to wear an all-white jersey and all-white socks.



NFHS PARTNER



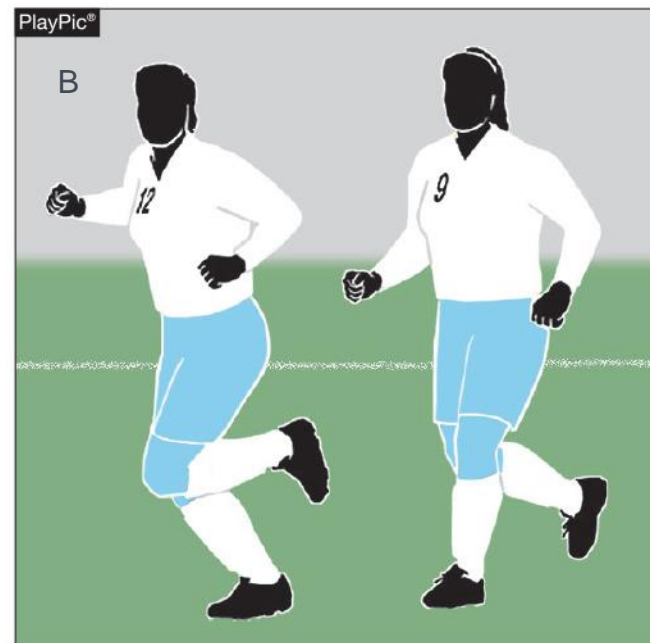
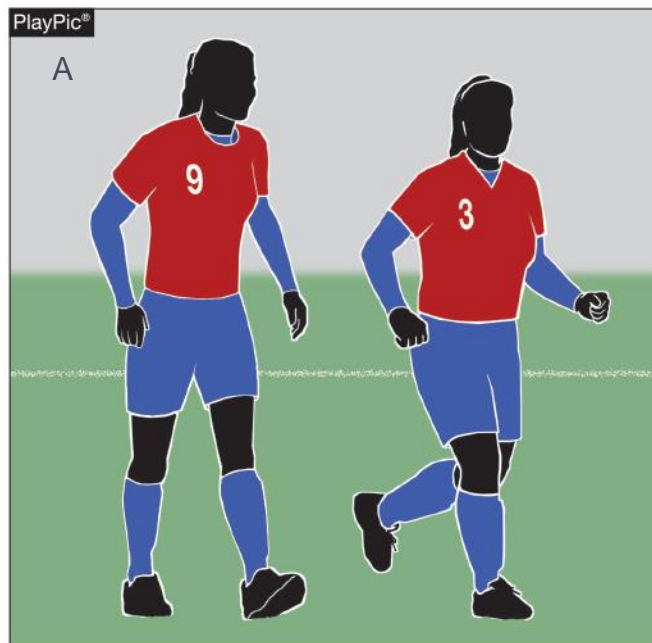


## **RULE 4-1-1D**

Allows for visible undergarments to be worn if they are of similar length and of a solid color.

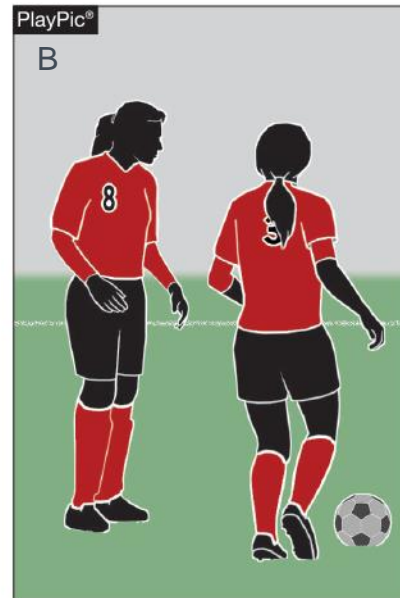


# RULE 4-1-1D: REQUIRED EQUIPMENT (UNDERGARMENT)



Any undergarment worn by players must be of a solid like-color for the team members and a similar length for individuals. PlayPic A shows the home team members wearing like-color undergarment. PlayPic B shows the visiting team wearing the all-white jersey and socks with blue shorts and tights.

# RULE 4-1-1D: REQUIRED EQUIPMENT (EQUIPMENT)



A: Illegal, undergarments, if worn, must be of a solid like-color.

B: Legal, if a player wears sleeves on both arms, they must be of similar lengths on each arm (but, they may be of different length than a teammates' sleeves).

C: Illegal, arm sleeves must be of a similar length.

D: Legal, one compression sleeve may be worn.



## **RULE 4-2-10 (NEW)**

Allows for state associations (or delegate) to permit the wearing of head coverings or wraps if criteria is met for medical/cosmetic and/or religious reasons.



## 4-2-10: OTHER EQUIPMENT



In PlayPic A and B, both items would be legal. In both A and B, wearing a head covering will require appropriate documentation showing state association approval to be allowed.

## **RULE 8-1-2**

Allows the kicker, on a kickoff, to be in the opposing team's half of the field to make the kick.





# 8-1-2: KICKOFF



The player taking the kickoff may be on the opposing team's side of the field to start the kickoff. All other players must be on the designated side of the field for their team.



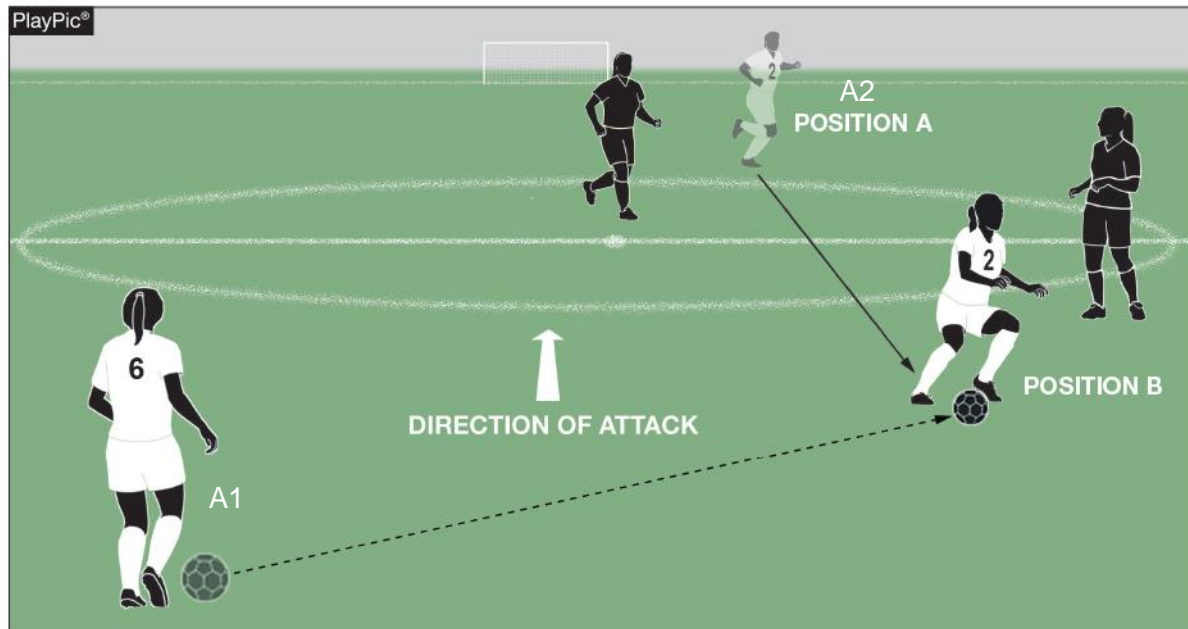


## **RULE 11-1-4**


Clarifies that a player in an offside position who becomes involved in active play must be penalized.



## 11-1-4: OFFSIDE



A2 is in an offside position when A1 plays the ball. A2 runs from the offside position into her own half of the field and plays the ball. A2 is offside as she was in an offside position when the ball was played. The restart for offside is an indirect free kick taken at the spot where A2 touched the ball.

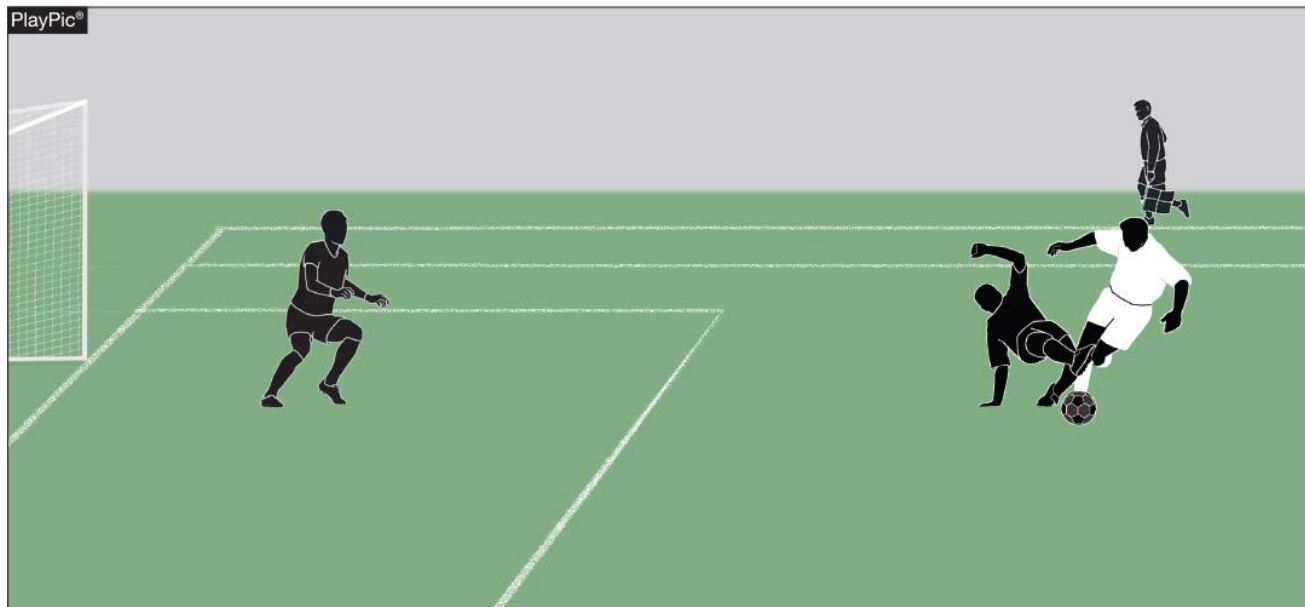


**RULE 12-8-1F, 12-8-15 (NEW),  
12-8-2D(3), 12-8-2D(4)(NEW)**

Clarifies the penalty for a player who denies an obvious goal-scoring opportunity.



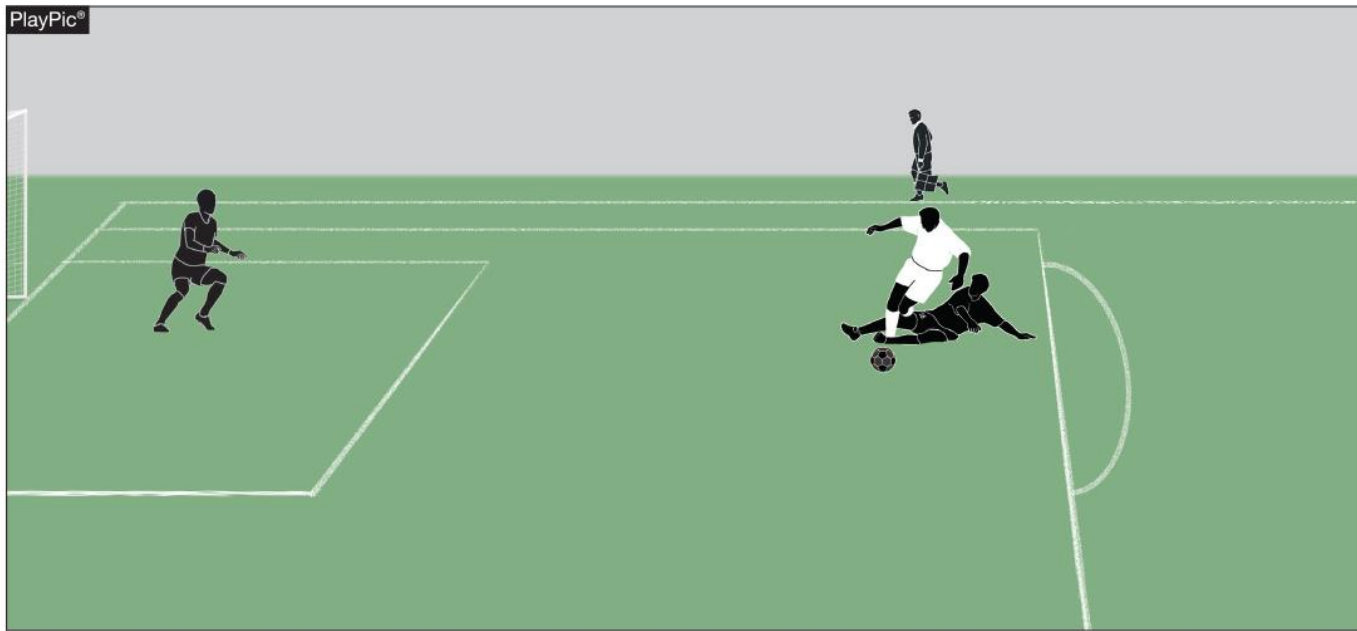
## 12-8-1F, 15: MISCONDUCT



Player B1, while attempting to play the ball, trips the attacking player A1 in the penalty box denying an obvious goal-scoring opportunity. The referee awards the opponents a penalty kick and issues a caution to B1.

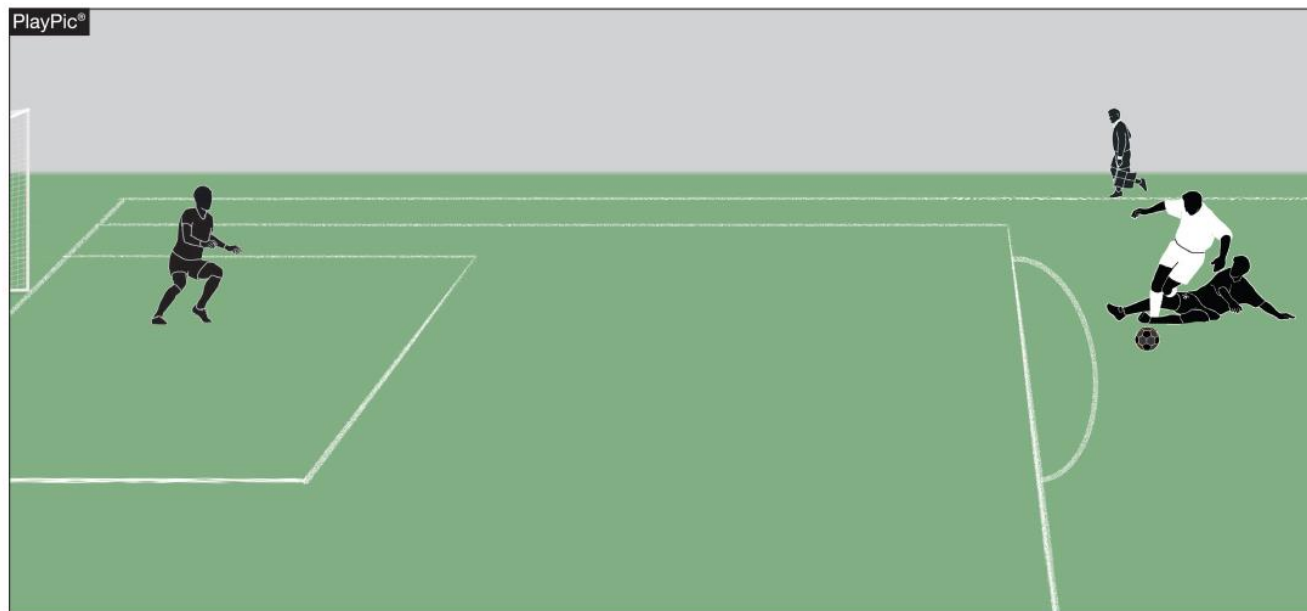


## 12-8-2D3, 4: MISCONDUCT



Player B1, with no attempt to play the ball, trips the attacking player A1 inside the penalty box denying an obvious goal-scoring opportunity. The referee awards the opponents a penalty kick and issues a red card to B1.

## 12-8-2D3, 4: MISCONDUCT



Player B1, with no attempt to play the ball, trips the attacking player A1 outside the penalty box denying an obvious goal-scoring opportunity. The referee awards the opponents a direct free kick and issues a red card to B1.

## **RULE 13-2-1J (NEW)**

Provides for a penalty for a player(s), coach or bench personnel who enters or leaves the field without permission from an official and interferes with play or an official.



# 13-2-1J: FREE KICK: WHEN AWARDED



A player, coach or bench personnel enters or leaves the playing field without permission from the official and interferes with play or an official shall be penalized with a direct free kick from the point of the infraction.



## **RULE 13-2-3**

Provides for a penalty for a player(s), coach or bench personnel who enters or leaves the field without permission from the official and does not interfere with play or the official.



## 13-2-3: FREE KICK: WHEN AWARDED



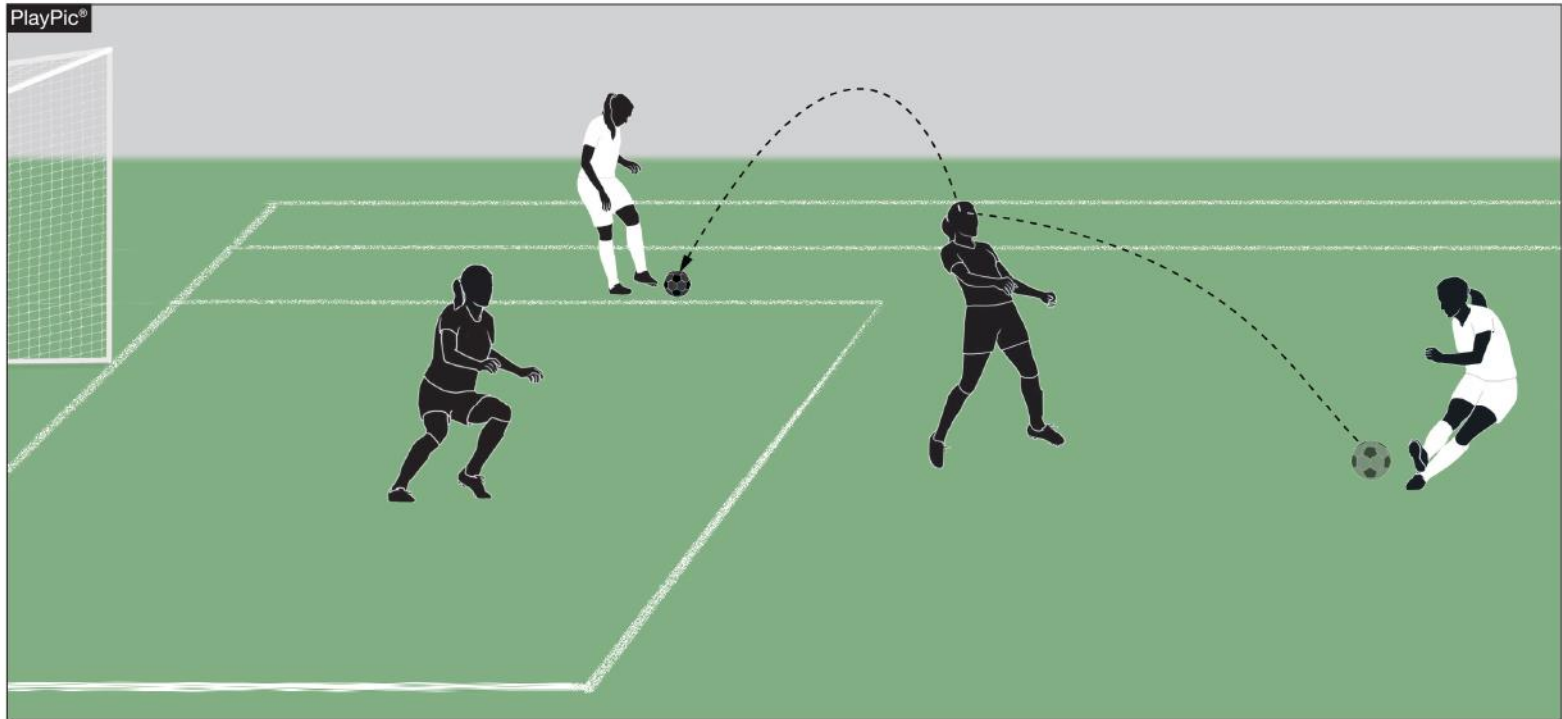
The Referee should blow the play dead at the appropriate time and award a an indirect free kick to the opposing team at the Point of the infraction.

## **RULE 18-1G**

Defines a deliberate act which provides guidance for interpretation of rules that contain the word deliberate or the phrase deliberate act.



# 18-1-1G: DEFINITIONS: DELIBERATE ACT



A deliberate Act is one in which a player chooses to act, regardless of the outcome of that action.



**2018-19 NFHS  
SOCCER MAJOR  
EDITORIAL CHANGE**





## **RULE 4-2-4**

Clarifies that a religious medal or other religious items must be taped to the body.



## 4-2-4: OTHER EQUIPMENT



Players are allowed to tape to their bodies, under the jersey, religious symbols.



2018-19 NFHS

# SOCCKER POINTS OF EMPHASIS



## DENYING AN OBVIOUS GOAL-SCORING OPPORTUNITY

The penalty associated with a player who denies an obvious goal-scoring opportunity has been amended. In an effort to make the penalty better fit the infraction, now when a player commits an offense against an opponent within his/her own penalty area which denies an obvious goal-scoring opportunity and the referee awards a penalty kick, the offender is cautioned if the offense was an attempt to play the ball.





## **DENYING AN OBVIOUS GOAL-SCORING OPPORTUNITY, CONT.**

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Formerly, this player was disqualified and penalty kick was awarded. In circumstances where there was no attempt to play the ball, the player is still disqualified.





## **DENYING AN OBVIOUS GOAL-SCORING OPPORTUNITY, CONT.**

In evaluating whether there has been an obvious goal-scoring opportunity, officials are encouraged to consider the following:

- Distance between the offense and the goal (the offense must be near the goal).
- General direction of play (the attacking players are generally headed toward the goal).
- Likelihood of keeping or gaining control of the ball (the player must have or be able to get control of the ball in order to score).

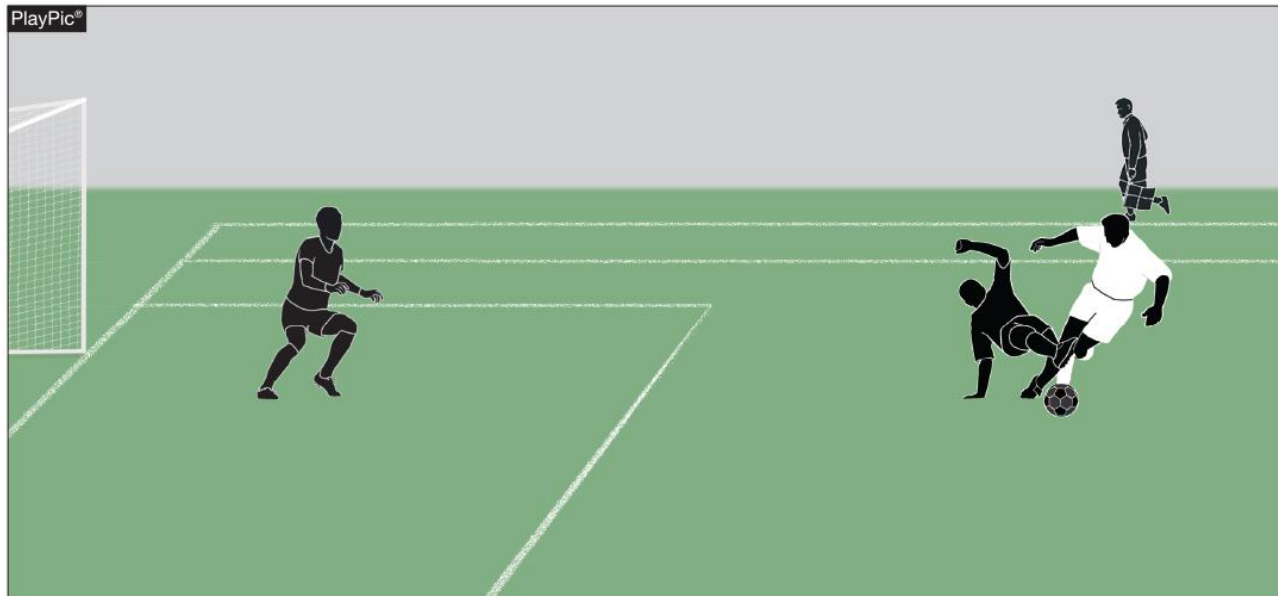


## DENYING AN OBVIOUS GOAL-SCORING OPPORTUNITY, CONT.

- Location and number of defenders (not more than one defender between the attacking player and the goal, not counting the player who committed the foul and the defenders must be able to challenge the attacking player).
- If any of the above considerations are missing, it is not an obvious goal-scoring opportunity.



# DENYING AN OBVIOUS GOAL-SCORING OPPORTUNITY



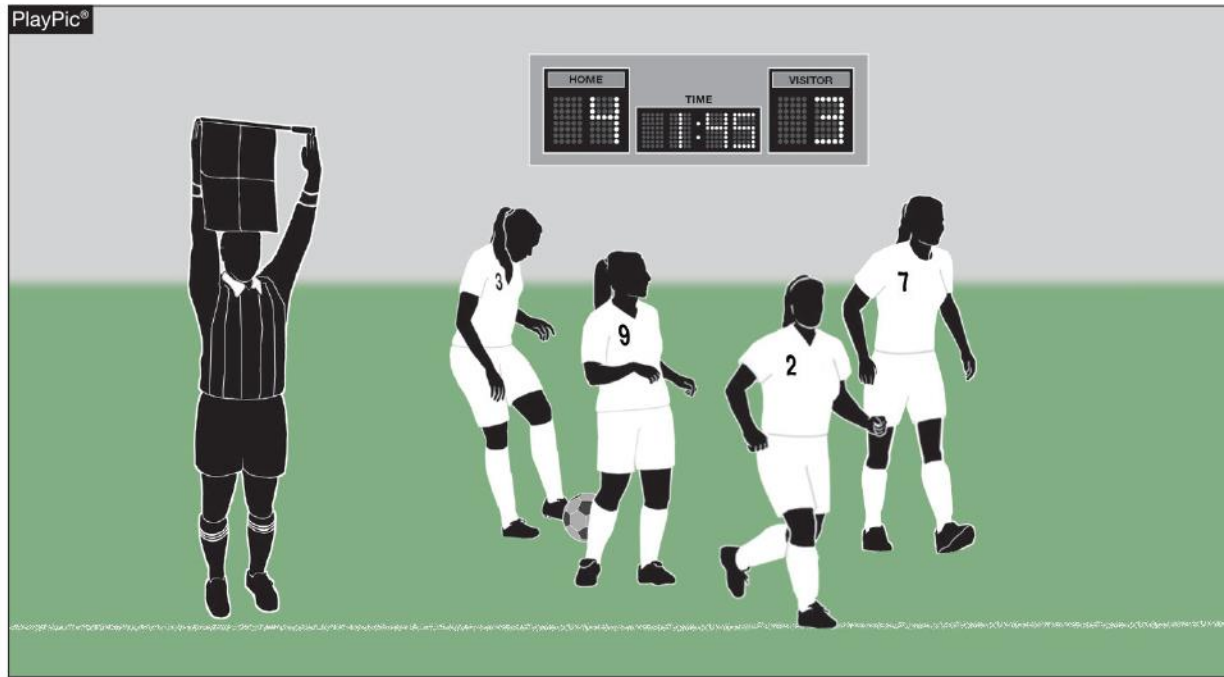
The penalty associated with a player who denies an obvious goal scoring opportunity has been amended. In an effort to make the penalty better fit the infraction, now when a player commits an offense against an opponent within their own penalty area which denies an obvious goal scoring opportunity and the referee awards a penalty kick, the offender is cautioned if the offense was an attempt to play the ball.

## EXCESSIVE PLAYER SUBSTITUTIONS

- Concern has been expressed in situations where teams make excessive substitutions toward the end of a game in an effort to waste time.
- According to Rule 3-6, a referee has the discretion to stop the clock during the substitution so that this time is not lost. Further, the referee may consider this unsporting conduct and a caution may be issued to the coach of the offending team.



# EXCESSIVE PLAYER SUBSTITUTIONS



When there are excessive substitutes near the end of the game in an effort to waste time, the official has the option of stopping the clock to avoid the loss of time. This situation also be considered unsporting conduct and a caution issued.

## REFEREE MECHANICS FOR INDIRECT FREE KICKS

- When a team is awarded a free kick, it is important that the referee correctly utilize the NFHS Official Soccer Signals and properly signal so the teams know whether the kick is direct or indirect.
- This is especially important if the free kick is near the opponent's goal. For an indirect free kick, the referee must raise one arm vertically and maintain that position until the ball is touched by a second player.





## REFEREE MECHANICS FOR INDIRECT FREE KICKS, CONT.

- It is critical players know what type of free kick is occurring so the team taking the kick can properly execute the kick and the team defending know whether a goal may be scored directly from the kick.
- For indirect free kicks, if the ball enters the goal directly from the kick, the restart is a goal kick.



# REFEREE MECHANICS FOR INDIRECT FREE KICKS



The Referee must correctly display the signal to indicate a direct or indirect free kick is being given. All players need to be aware to be ready to play, especially if the free kick is near the opponent's goal.



# NFHS OFFICIALS EDUCATION



# SPORTS-SPECIFIC OFFICIATING COURSES

## WWW.NFHSLEARN.COM

The screenshot shows the NFHS Learn for Officials website. At the top, there is a navigation bar with the NFHS Learning Center logo and menu items: DASHBOARD, COURSES, NFHS LEARN FOR YOU (highlighted), USER LOOKUP, and HELP. Below the navigation bar is a dark header with the text "NFHS Learn for Officials". The main content area features a "Resources" section with four icons: Video Library (with a "New" badge), High School Today, Articles, and NFHS Rules Books. Below this is a "Recommended Courses" section with six course cards, each with a thumbnail image, title, and completion/cost information:

- Interscholastic Officiating**: 3,008 Completions | \$20
- Heat Illness Prevention**: 3,008 Completions | Free
- Concussion In Sports**: 3,008 Completions | Free
- Sportmanship**: 3,008 Completions | Free
- Sports Nutrition**: 3,008 Completions | Free
- Sudden Cardiac Arrest**: 3,008 Completions | Free

At the bottom, there is a footer with a grid of links:

- Home**
- Courses**: Core Courses, State Components, Sport-Specific Courses, Elective Courses
- Resources**: Coaching Requirements, User Lookup, College Credit / CEUs
- Our Organization**: NFHS.org, About NFHS, Partners, Privacy Policy, Help Desk, Advertisements

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- Introduction to mechanics and techniques used in each sport
- Ideal for new officials or those in first few years of officiating
- 30-45 minutes to complete
- Topics vary based on the needs of the officials in the sport
- NFHS Officials Association members cost is \$10
- Non-members - course is \$20
- API available to state associations to collect results





# NFHS OFFICIALS EDUCATION SPORT-SPECIFIC COURSES

## ▪ Courses Available

- **Officiating Football**
- **Soccer – Fouls and Misconduct**
- **Swimming and Diving**
- **Officiating Wrestling**
- **Officiating Basketball**
- **Umpiring Softball**
- **Officiating Volleyball – Ball Handling**

## ▪ Future Courses

- **Officiating Baseball**
- **Basketball – Three-Person Mechanics**
- **Field Hockey**
- **Track and Field**
- **Volleyball – Overlapping**
- **Softball – Mechanics**
- **Communication Among Officials and Coaches**
- **Soccer - Offside**



# INTERSCHOLASTIC OFFICIATING

## WWW.NFHSLEARN.COM

Interscholastic Officiating

1 2 3 4 5 6 7 8 9 10

PREVIOUS NEXT PAUSE

Introduction

Unit 1: Basics

**Unit 2: Science**

Objectives

Rules Knowledge

Mechanics

Fitness and Conditioning

Key Points

Checkpoint

Unit 3: Art

Unit 4: Balance

Course Close

### Mechanics: Nuances

Every sport offers specific nuances to the game and every game has a flow. As you gain experience, hopefully you will tune into this and help the game unfold naturally.

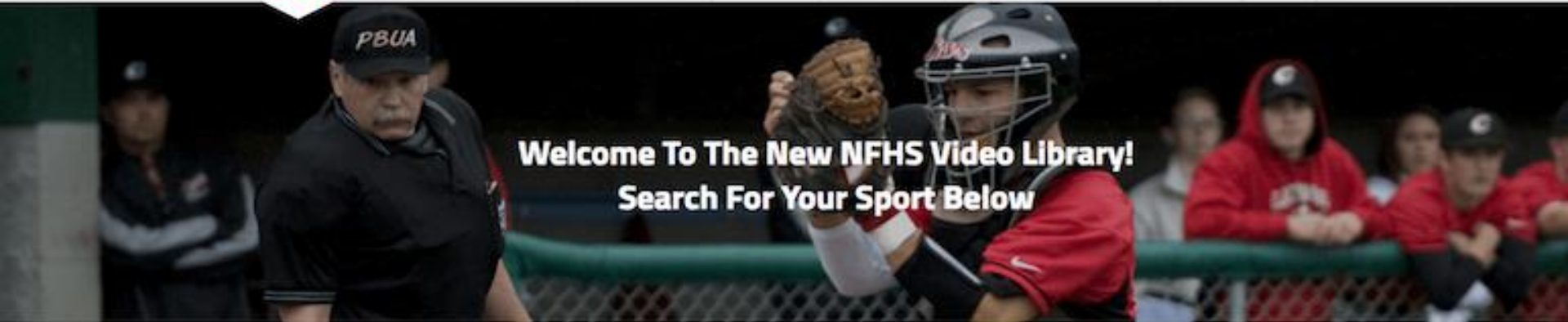
Continue >

TRANSCRIPT RESOURCES

- Introduction to skills and concepts used as an official
- Ideal for new officials or those in first few years of officiating
- 30-45 minutes to complete
- Topics include: basics of becoming and staying an official, science of officiating, art of officiating, how to combine these skills for successful officiating
- Course is **FREE** to any **NFHS Officials Association** member
- Non-members course is \$20
- API available to state associations to collect results







# Welcome To The New NFHS Video Library! Search For Your Sport Below

### Video Filters

Sort By  Select Categories  Select Sports  Search our videos...

Total videos: 373



3-Man Mechanics - Runners At ...

Baseball



UIL Court Coverage - Trail Of...

Basketball



THE FOLLOWING PRESENTATION WAS SHOT AND PRODUCED BY THE NFHS IN COOPERATION WITH BEN DAVIS HIGH SCHOOL (IND.) AND BEEBLUF JESUIT PREPARATORY SCHOOL (IND.) IN 2014. WE THANK THEM FOR THEIR PARTICIPATION AND SUPPORT.

Final Run Out Before Start

Cross Country



Football Mechanics: Coin Toss...

Football



Ice Hockey Rules Concepts - B...

Ice Hockey



NFHS Soccer Rules: Referee Me...

Soccer

# NFHS OFFICIALS ASSOCIATION CENTRAL HUB

<https://nfhs-soccer.arbitersports.com/front/105413/Site>

- Contains:
  - Sport information
  - Rules information
  - Rules library
  - Searchable rules book
  - Video content on officiating sport, competition situations and interpretations

The screenshot shows the website's header with navigation links: NFHS HOME, SOCCER, VIDEO, PUBLICATIONS, GROUP INFO, FORUM, CONTACT. A search bar is located on the right. The main content area features a 'Welcome' message from Theresa Wynns, Director of Sports and Officials, and a 'Sport Specific Information' sidebar with buttons for Baseball, Basketball, Cross Country, Field Hockey, Football, Gymnastics, Ice Hockey, Lacrosse, Soccer, Softball, Swimming & Diving, and Track & Field. The 'Soccer Rules Information' section lists recent updates and resources.





# NFHS LEARNING CENTER





# NFHS LEARNING CENTER WWW.NFHSLEARN.COM

## Professional Development For ALL

- Coaches
- Officials
- Administrators
- Parents
- Students
- Performing Arts



# NFHS LEARNING CENTER WWW.NFHSLEARN.COM

- Over 1.3 Million courses delivered in 2017
- Over 6.7 Million courses since 2007 launch
- Over 55 courses available
- Over 25 at No Cost!



# WWW.NFHSLEARN.COM

FREE courses include:

- Bullying, Hazing and Inappropriate Behaviors
- Understanding Copyright and Compliance
- Hazing Prevention for Students
- Concussion in Sports
- Concussion for Students
- Heat Illness Prevention
- Sudden Cardiac Arrest
- Sportsmanship
- Coaching Unified Sports
- Positive Sport Parenting
- NCAA Eligibility







# NFHS NETWORK



# NFHS NETWORK

- By 2020, every high school sporting event in America will be streamed live.
- The NFHS Network will be THE DESTINATION for fans to view these broadcasts.



[www.NFHSnetwork.com](http://www.NFHSnetwork.com)

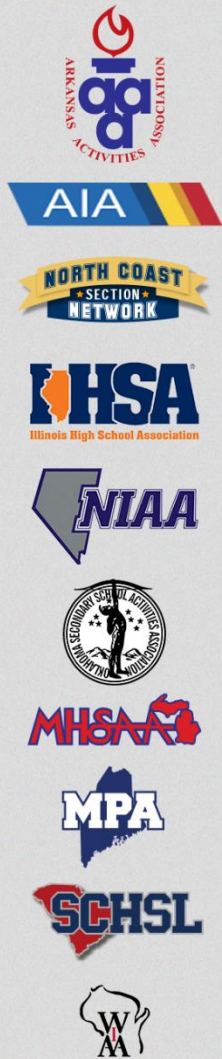


# 27 DIFFERENT SPORTS AND ACTIVITIES



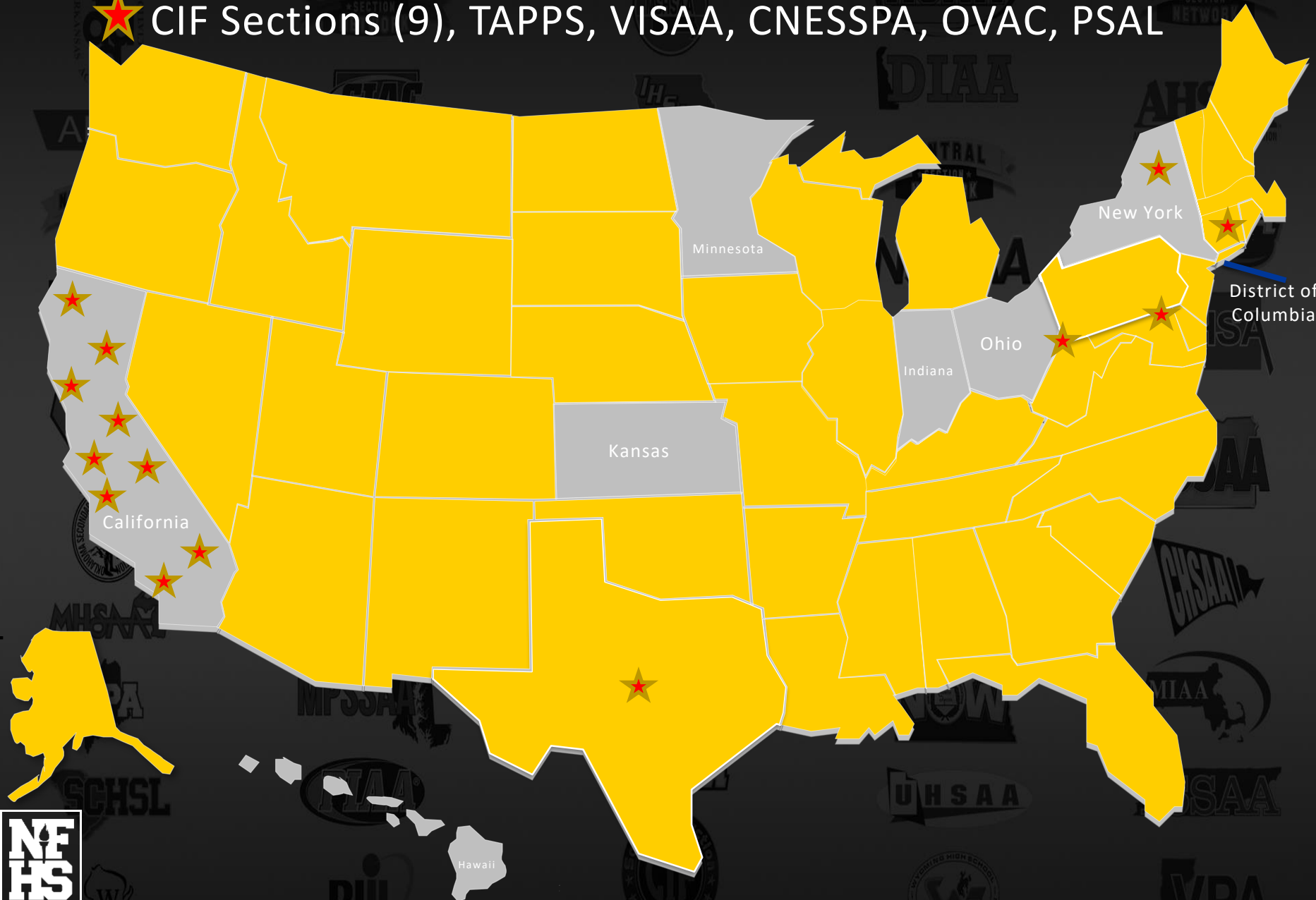
# 3 MILLION UNIQUE VIEWERS





# NFHS Network Media Rights States (43)

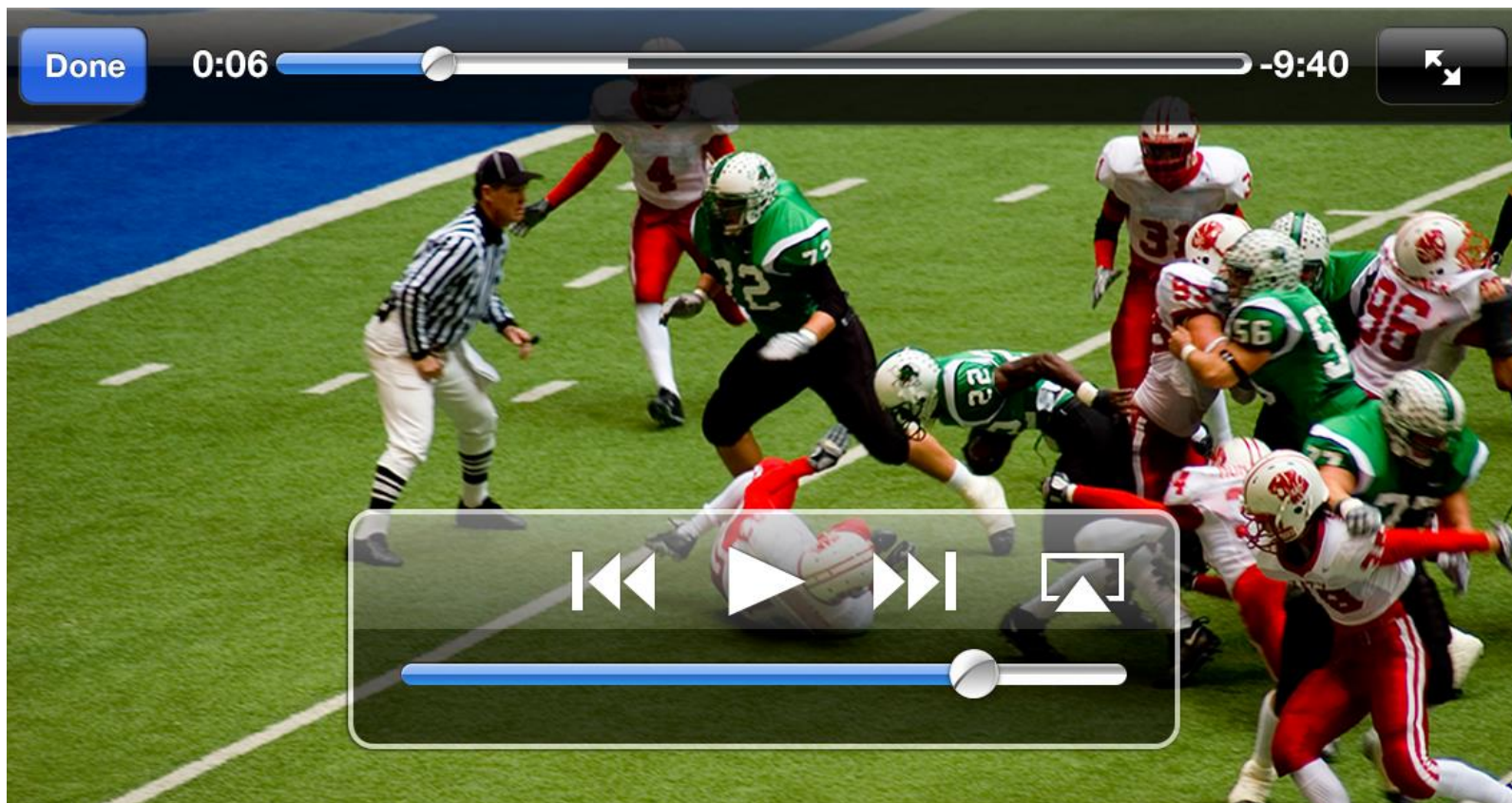
★ CIF Sections (9), TAPPS, VISAA, CNESSPA, OVAC, PSAL





# NFHS NETWORK

- View from mobile...





# THANK YOU

## National Federation of State High School Associations

Theresa Wynns, Director of Sports and Officials

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[www.nfhs.org](http://www.nfhs.org) | [www.nfhslearn.com](http://www.nfhslearn.com)

