



High School age only.

Separate divisions for NMAA sanctioned schools and All-Star Gyms/Studios!

(Elementary/mid-school competition is offered on February 24, 2018. Email for more information.

**spxshowcase@spxabq.org**)

Saturday, March 3, 2018 at

St. Pius X High School

5301 St. Joseph Drive NW

Albuquerque, NM 87120

Contact: Gina Rightley 505-220-1184, Marlene Barela 505-307-1969, or **spxshowcase@spxabq.org**

Competition will begin in the morning at 8:00 am

No cost to compete! **NMAA Sanctioned Competition!** We look forward to seeing you and your team!

There is no registration fee for teams. Dance solo fee is \$25 per solo.

**Divisions** (SPX reserves the right to delete, combine, or divide categories and divisions as deemed necessary depending on participating teams). Check team's division.

- ☐ High School Varsity Cheer (small – less than 20)
- ☐ High School Varsity Cheer (large – 20 or more)
- ☐ High School Varsity Co-ed Cheer
- ☐ High School JV Cheer (small – less than 20)
- ☐ High School JV Cheer (large – 20 or more)
- ☐ High School Freshman (C-Team) Cheer (small – less than 20)
- ☐ High School Freshman (C-Team) Cheer (large – 20 or more)
  
- ☐ All-Star Senior Cheer (small – less than 20; average age over 14)
- ☐ All-Star Senior Cheer (large – average age over 14)
- ☐ All-Star Junior Cheer (small – less than 20; average age 14 and younger)
- ☐ All-Star Junior Cheer (large – average age 14 and younger)
  
- ☐ High School Varsity Dance (small – less than 15)
- ☐ High School Varsity Dance (large – 15 or more)
- ☐ High School JV Dance (small – less than 15)
- ☐ High School JV Dance (large – 15 or more)
- ☐ High School Freshman (C-Team) Dance (small – less than 15)
- ☐ High School Freshman (C-Team) Dance (large – 15 or more)
  
- ☐ All-Star Senior Dance (small – less than 15; average age over 15)
- ☐ All-Star Senior Dance (large – 15 or more; average age over 15)
- ☐ All-Star Junior Dance (small – less than 15; average age 15 and younger)
- ☐ All-Star Junior Dance (large – 15 or more; average age 15 and younger)

Fill out both pages of registration form and email to **spxshowcase@spxabq.org**

**Cheer categories**

- Game Day Cheer
- Cheer with Music

number of participants:

number of participants:

**Dance categories**

- Military/Kick
- Pom
- Hip Hop
- Jazz
- Solo (names listed below)

number of participants:

number of participants:

number of participants:

number of participants:

number of solos:

School Name:

Coach's Name:

Coach's email:

Contact #:

Please list names for dance solos also indicating Division:

<b><i>Names</i></b>	<b><i>Division by age (Junior or Senior)</i></b>

## **St. Pius X Cheer and Dance Showcase** **NMAA Sanctioned High School Competition**

**Competition Date & Location:** Saturday, March 3, 2018 at St Pius X High School Gym, 5301 St. Joseph's Drive NW, Albuquerque, NM 87120

**Who?:** Competition is for high school aged teams only. There will be separate categories for NMAA member teams and for other "all-star" type teams.

**Entrance:** On the south side of the gym, teams will enter through the left (west) set of doors, Spectators will enter through the right (east) set of door.

**Schedule:** TBD. We plan to open doors and begin registration at 7am, start competition at 8am. Cheer will be in the morning and dance in the afternoon. Our goal is to separate these with enough time to allow for easy parking and seating. We will send out a more specific and detailed schedule and order of performance in the week before the competition.

**Admission:** Adults (10+) \$10

Children (3-9) \$5

Children (2 & under) Free

\*\*\*\*\*CASH ONLY\*\*\*\*\*, no in & out privileges

Spectator seating is general admission.

### **General Information:**

- Concessions will be available. \*\*\*No Outside Food Or Drink Allowed\*\*\*
- Flowers and "shout outs" will be available for purchase. \*\*\*\*\*CASH ONLY\*\*\*\*\*
- We may have other vendor items available.
- Registration & Payment Deadline is: Wednesday, February 21, 2018.
- Complete & return the enclosed Registration Form to: [spxshowcase@spxabq.org](mailto:spxshowcase@spxabq.org)
  - Entry fee for team competition is free.
  - Entry fee for solo competition is \$25.
  - Make checks payable to: SPX
- Please bring a completed, signed release form for each participant to registration.
- Each team will be responsible for furnishing an individual to start the music.
- All teams are required to follow the National Federation and AACCA Safety Guidelines.
- Participants will not be allowed to bring in any outside food or drink.
- Spectators, friends and family will not be allowed in the participant area/warm-up area for their safety.

- There is no smoking, no outside food or drink, no balloons, no air horns, and no re-entry.
- Payment for solos is due the day of the competition.

**Music:** Music must be on iPod/iPad/iPhone or other device. We will not have the ability to play CDs or flash drives. Please provide a designated music person for your performance. That person will be responsible for playing your music.

**Warm-up:**

Cheer specific: each team will have 5 minutes to stretch, 5 minutes on tumbling mat, and 5 minutes on full mat/floor. It will be at the coach's discretion how to use the mats during warm up times.

Dance specific: Each team will have 5 minutes to stretch, 5 minutes to warm up jumps, leaps, etc., and 5 minutes to warm-up full routine. The warm-up area will not have floor markings.

**Cheer and Dance Rules/Guidelines:**

We will be following all rules and guidelines as defined by NMAA at <https://www.nmact.org/sports/spirit/>

At the above website, you can also view the scoresheets we will be using. Please pay special attention to the time limits as discussed in the below linked guidelines.

[http://www.nmact.org/file/Cheer\\_Guidelines.pdf](http://www.nmact.org/file/Cheer_Guidelines.pdf)

[http://www.nmact.org/file/Dance\\_Guidelines.pdf](http://www.nmact.org/file/Dance_Guidelines.pdf)

Cheer time limit is 2:30 (two minutes and thirty seconds) for cheer with music and 1:00 (one minute) for each section of game day totaling 3:00 (three minutes) for game day.

For dance, the time limit for team routines is 2:30 (two minutes and thirty seconds), however for solos the time limit is 1:30 (one minute and thirty seconds).

**Questions? Please email [spxshowcase@spxabq.org](mailto:spxshowcase@spxabq.org)**

**SPX Cheer and Dance Showcase**  
**Participant Release and Waiver Form**

Name of Participant \_\_\_\_\_  
School/Team Name \_\_\_\_\_

**Liability Release:**

I \_\_\_\_\_, as parent or legal guardian of \_\_\_\_\_, a minor (participant), hereby grant the permission necessary to allow participation in the SPX Cheer and Dance Showcase Competition. I, on my own behalf and on behalf of the participant, further agree to release and to hold harmless St. Pius X High School (SPX), SPX Athletic Administration, SPX Spirit Program and SPX Spirit Program Staff from any and all liability arising out of or connected with the SPX Cheer and Dance Showcase. This includes any claim arising out of or connected with any illness or injury (minimal, serious, catastrophic and /or death) that participant may incur or sustain during the competition or any activity associated with the event. The terms hereof shall serve as a release and assumption of all risk for my heirs, estate executor administrator, assignees and for all members of my family.

**Assuming Risk:**

I, in my own behalf and on behalf of participant, acknowledge and agree that such participation subjects the participant to the possibility of physical illness or injury (minimal, serious, catastrophic, and/or death) and that I acknowledge that the participant is assuming the risk of such illness or injury by participation in the SPX Cheer and Dance Showcase. Because of the dangers of participation in the SPX Cheer and Dance Showcase, I recognize the importance of following the instructions regarding practicing and performing based on the AACCA and USASF rules/guidelines set forth.

I, on my own behalf and on behalf of participant, hereby warrant that I have read this Participant Release and Waiver Form in its entirety and fully understand its contents. I am aware that this form releases St. Pius X High School (SPX), SPX Athletic Administration, SPX Spirit Program and SPX Spirit Program Staff from liability and contains an acknowledgement of my voluntary and knowing assumption of the risk of injury or illness.

I, on my own behalf and on behalf of participant, have signed this document voluntarily and of my own free will.

\_\_\_\_\_  
Signature of Parent of Legal Guardian Date  
Relationship to Minor: \_\_\_\_\_

\_\_\_\_\_  
Signature of Participant Date

Every participant must have an original, completed and signed release form to turn in at registration at the door in order to participate.