

Summary of
NMAA Sports Medicine Advisory Committee Meeting
November 16, 2019
9:00 a.m.
Santa Ana Star Center, Rio Rancho, NM

A regular meeting of the NMAA Sports Medicine Advisory Committee was held on Saturday, November 16, 2019 at the Santa Ana Star Center in Rio Rancho, NM.

The following were in attendance:

Tim “Doc” Acklin, ATC, Independent (via conference call)
Allan Rickman, MD, Champion Orthopaedics (via conference call)
Rod Williams, HC, Cibola High School (via conference call)
Scott Owen, NMAA, SMAC Chair

Welcome and Introductions

NMAA Updates – Report provided by Scott Owen

- ***Consent to Treat Statement*** – Reviewed the recently approved Consent to Treat statement which provides parental consent for qualified medical professionals (QMP) to provide treatment in absence of a parent or legal guardian. The form has been well received by schools and the committee will continue to evaluate the form as it continues to be used.
- ***Mandated Physical Form*** – Reviewed the recently approved mandated physical form which will be in effect April 1, 2020. Discussed some of the anticipated complications of the new mandate and reviewed the validity period of the physical.
- ***NFHS Wrestling Concussion Rule*** – Reviewed the new NFHS Wrestling Concussion rule which provides additional injury time for suspected head or neck injuries when a QMP is present. The committee felt strongly that a QMP who is school contracted and on duty during competition has the authority to make medical decisions on behalf of an athlete who may not have medical representation present.

Discussion Items

- ***Concussion Reporting*** – Discussed a potential concussion reporting mechanism which would require athletic trainers to document suspected concussions. This mechanism would be employed to provide supporting documentation any time a concussion is challenged by another school or in a court of law. The committee did see value in such a policy but maintained that keeping lines of communication open between schools is the most practical way to address these kinds of issues. The committee did recommend creating an NMAA policy which would provide medical authority to school contracted QMPs when an opposing school does not have medical representation.
- ***Medical Guidelines for State Events*** – Reviewed the medical guidelines for state events.
- ***Wrestling Weight Management Program*** – Committee reviewed the updated policy which allows school contracted QMPs to conduct wrestling weight assessments on their own athletes without oversight of another school. Committee was in favor of this policy change.

- ***Heat Index Policy*** – Discussed the current heat index policy. Committee recommended the policy be enforced any time there is a school athletic activity occurring (practice, games, etc.). Committee also recommended reinforcing that an ice tub be used anytime heat illness/stroke is suspected and that the student should not be transported to the hospital until the core temp has dropped.
- ***Medical Marijuana*** – Discussed the use of medical marijuana during athletic activity. The committee explained that if the individual has a medical marijuana card and has been prescribed marijuana for a medical condition, the use of medical marijuana would be treated the same as any other prescribed medication. The individual and school would want to take care that activity is limited if the medication in any way impairs the individual.

OTHER ITEMS

- ***Next Meeting***

March – State Basketball Championships, March 16, 2019

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