

Summary of
NMAA Sports Medicine Advisory Committee Meeting
April 11, 2020
9:00 a.m.
Zoom Web Conference

A regular meeting of the NMAA Sports Medicine Advisory Committee was held on Saturday, April 11, 2020 via Zoom web conference.

The following were in attendance:

Tim “Doc” Acklin, ATC, Independent
Allan Rickman, MD, Champion Orthopaedics
David Gallegos, ATC, FYZICAL Therapy and Balance Centers
Scott Owen, NMAA, SMAC Chair

Welcome and Introductions

Discussion Items

- ***COVID-19*** – Discussed the impact of COVID-19 on current NMAA health and safety policies. Discussed the potential for decreased access to health care providers and its potential impact on pre-participation evaluations for students. Committee agreed that extending the validity of a current sports physical to 18-24 months, while not ideal, would be acceptable should issues occur. The committee did recommend however; that any students with underlying conditions or recent injuries should still be seen for a formal evaluation prior to participation.
- ***Heat Index Policy*** – Reviewed the recently amended Heat Index Policy. Committee didn’t recommend further changes at this time but did recommend looking into Wet Bulb Globe Temperature as another means of establishing a heat policy. Committee also discussed a more clearly defined chain of command for game suspension due to severe weather during contests.
- ***Online Student Record Platforms*** – Discussed both the Rank One and Dragon Fly online student record platforms.
- ***School-Designated QMP Authority/Responsibility*** – Discussed the authority/responsibility of a school-designated QMP (Qualified Medical Provider) when they are the sole individual present for a contest. While the committee agrees, individuals in this circumstance should be the final authority for any health/safety related issues concerning either team, they have concerns with implementing a policy that would infringe on the standing orders of an ATC when they are the sole school-designated QMP present. In lieu of a written policy at this time, the committee recommended creating an advisory for schools which recommends adhering to any health/safety recommendations made by school-designated QMPs during competition.

NMAA Updates/Review

- ***NM DOH QPR Training*** – Reviewed the NMAA’s partnership with the Department of Health in helping prevent adolescent suicide through QPR (Question, Persuade, Refer) suicide prevention training. In collaboration with the DOH, the NMAA will begin sharing information and

resources with member schools beginning with the 2020-2021 school year on QPR and ways each school can assist with adolescent suicide prevention using the QPR model.

- ***Medical Guidelines for State Events*** – Reviewed the medical guidelines for state events. No changes recommended at this time.
- ***Mandated Physical Form with Consent to Treat Statement*** – Reviewed the recently approved mandated physical form which went into effect April 1, 2020. Committee maintained that the new physical is appropriate in length and scope. Committee did recommend reiterating to schools that the form may be amended to suit the school's needs but no information currently included on the form may be excluded.

ADJOURN