

*Summary of*  
**NMAA Sports Medicine Advisory Committee Meeting**  
**March 11, 2023**  
**10:00 a.m.**  
**Zoom Meeting**

A regular meeting of the NMAA Sports Medicine Advisory Committee was held Saturday, March 11, 2023.

The following committee members were in attendance:

Monique Garcia, MD, Presbyterian Medical Group  
Chad Jones, AT, Albuquerque High School  
David Maldonado, AT, Alamogordo High School  
Michael McMillan, AT, SW Bone & Joint Institute  
Scott Owen, Director of Sports Medicine, NMAA  
Aaron Stem, AT, Piedra Vista High School  
Jessica Stem, AT, Piedra Vista High School

### **Welcome and Introductions**

### **Updates and Discussion**

- **NM Legislation** – Discussed two proposed bills in the house and senate, SB450 concerning CPR/AED training for coaches and HB272 concerning the ability of chiropractors to assess and care for traumatic brain injuries.
- **Wet Bulb Globe Temperature & Heat Illness Policy** – The NFHS Foundation has provided the NMAA with additional WBGT thermometers for dissemination to member schools. The NMAA will evaluate schools in need, paying close attention to those schools in the hottest regions of the state. The committee also recommended reevaluating the NMAA heat illness protocol to include stricter guidance.
- **Emergency Action Plans** – Committee recommended the creation of an EAP template for schools to complete and upload via the annual NMAA Health and Safety Self-Audit for each of their athletic facilities/venues.
- **Pre-Participation Exam Form** – Reviewed and discussed the updated physical exam form. Schools are urged to implement parent consent protocols if they desire to collect patient-protected information for their records.
- **Mental Health Resources** – Committee recommended the inclusion of a Mental Health and Wellness tab on the sports medicine page to provide resources for member schools and students.
- **Committee Scope** – Committee recommended including a representative from the Department of Health to serve on the NMAA SMAC.

### **Next Meeting**

- **TBD** – Fall of 2023

**ADJOURN**