

Summary of
NMAA Sports Medicine Advisory Committee Meeting
March 10, 2018
9:00 a.m.
NMAA Offices, Albuquerque, NM

A regular meeting of the NMAA Sports Medicine Advisory Committee was held on Saturday, March 10, 2018 at the NMAA Offices in Albuquerque, NM.

The following were in attendance:

Tim Acklin, AT, Retired
Missy Archibeck, AT, Eldorado High School
Roberto Carreon, MD, SW Bone and Joint Institute
Reagan Dunnahoo, PA, Ben Archer Health Center
Mike McMillan, AT, SW Bone and Joint Institute (via conference call)
Allan Rickman, MD, Champion Orthopaedics (via conference call)
Rod Williams, HC, Cibola High School
Scott Owen, NMAA

Welcome and Introductions

NMAA Updates – Report provided by Scott Owen

- ***Student Concussion Training/Senate Bill 38*** – Senate Bill 38 was passed during the spring of 2017. The bill amended the current concussion law to require annual student-athlete brain injury training for all NMAA member schools. The language in the bill says the training must occur at the beginning of the school year or prior to the first participation however; the NMAA did receive approval from the bill's sponsor to allow the training to take place annually any time after April 1 to be considered current throughout the following school year. This will alleviate the burden on schools tracking the concussion training and aligns it with the sports physical date. The NFHS is also working to create a Spanish version of the NFHS Concussion for Students course to assist with Spanish-speaking households.
- ***AED/EAP Requirement for State Event Hosts*** – During the February NMAA Board of Directors meeting, the Board approved the requirement of both an accessible AED and facility-specific emergency action plan in order to host state championship events. This requirement will go into effect beginning with the 2018-2019 school year. Schools will be required to verify on the annual NMAA Health and Safety Audit that they meet the requirement. If schools do not meet the requirement, they will be unable to host state championship events. The NFHS Foundation has also provided each state association with an AED for any school in their state that does not currently have one. The NMAA will be sending 48 AEDs out to schools this spring.

- ***Proper Student Aide Practices*** – Discussed an NATA document outlining recommended procedures for schools that utilize student aides, formerly known as student athletic trainers. There are concerns that schools are allowing non-licensed students to practice athletic training and this could subject the school and district to potential liability. The document that was discussed was sent to all athletic directors statewide reminding them that student aides are not licensed to practice athletic training and must only operate under the guidance of a certified and licensed athletic trainer. The Committee also recommended trying to send the document to all NMAA member school principals so they too are aware.
- ***Wrestling Weight Management Program*** – At the November SMAC meeting, the committee approved the use of the Tanita TBF-300WA and the Tanita TBF-300WA Plus for wrestling weight assessments. The InBody 120 was discussed at the November meeting as a possible alternative but its price point was nearly a thousand dollars more than the new Tanita. InBody has since informed the NMAA that they would lower their price point to be more competitive with the other approved devices. In the Cal-State Fullerton study, the InBody 120 actually performed higher than all other BIA devices studied. The recommendation from the NMAA was to include the InBody 120 as an approved device pending receipt of a demo version for testing. The SMAC agreed. At this time, the committee was not in favor of expanding the scope of assessment devices beyond the three currently approved BIA methods. There are still concerns from coaches and assessors with approving skinfolds due to the higher rate of variance between assessors. The three devices currently approved require minimal training, are easy to use and have been validated by research as statistically in excellent agreement with hydrostatic weighing and air displacement plethysmography. The NMAA will await receipt of the InBody 120 demo device and will share its feedback with the assessors and coaches before formally amending the current wrestling weight management program and providing instruction to NMAA wrestling schools.
- ***Consent to Treat*** – Discussed a recommended policy from the NMATA that would require all students participating in athletics to sign a consent to treat form stating they would consent to treatment from any school/district contracted QMP (qualified medical professional). The concern from the NMATA is that there is potential liability in treating minors where there is no consent to treat on file. The committee discussed whether the Good Samaritan Law would apply and whether or not there was federal legislation that would protect a QMP treating a minor without written consent. The NMAA also queried the NFHS for their feedback and it will be a discussion item at the next NFHS SMAC meeting. In the meantime, the NMAA will await feedback from the NFHS.

OTHER ITEMS

- ***Next Meeting***

TBD – After school has concluded if necessary.

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