

## RETURN TO PLAY GUIDELINES UNDER NEW MEXICO SENATE BILL 38

1. Remove athlete immediately from activity when signs/symptoms of a concussion are present.
  - Coaches and Athletes must be educated in signs/ symptoms of a concussion.
2. Athletes must not return to full activity prior to a minimum of 240 hours (10 days).
3. Athletes must be released to participation by an appropriate medical professional before returning.
  - MD, DO, PA, CNP, PT, Licensed Psychologist, Licensed Athletic Trainer (as per Senate Bill 38)
4. School districts are required to develop head injury protocols (guidelines).
5. Coaches must follow school district's head injury protocol when allowing athletes to return to play.
6. Coaches must continue to monitor for signs/symptoms once athletes return to activity.
7. School districts are required to inform parents/ athletes of the potential risks of head injuries in sports.

