

NMAA POWERLIFTING
2023 Qualification Criteria

QUALIFYING FOR STATE COMPETITION:

Each team can qualify a maximum of 12 lifters with no more than 2 lifters per weight class for the State Competition.

- **Final Varsity Roster** (*Max of 12 lifters per team with no more than 2 Per Weight Class*)
- **Weight Class Declarations** (*if the lifter has qualified in multiple weight classes*)
 - A weight class must be declared for State Competition. The lifter will not be considered for qualification in the undeclared weight class.
 - *The lifter MUST have a varsity result in the desired weight class to be considered.*
- **Tie Breaker:** If two lifters have the same qualifying total the lighter lifter ranks above the heavier lifter (relative strength).
 - *Relative Strength Tie Breaker = Total Weight/Bodyweight from the qualifying result.*
 - *In the case of a tie in total weight and both competitors weigh the same, the result will be considered a tie.*

Boys: Top 6 Lifters per weight class in each classification (A-3A, 4A, 5A) will qualify for the State Meet.

Girls: Top 12 Lifters per weight class in A-5A will qualify for the State Meet.