



## 2025 International Brotherhood of Electrical Workers and National Electrical Contractors Association State Powerlifting Championships

**Girls – Friday, April 4<sup>th</sup>**  
**Boys – Saturday, April 5<sup>th</sup>**

### Schedule of Events

Wednesday, Mar. 26 <sup>th</sup>	3:00pm	NMAA Website	State Qualifiers Posted
Monday, Mar. 31 <sup>st</sup>	4:00pm	Video Conference	Coaches Pre-State Meeting
Monday, Mar. 31 <sup>st</sup>	5:00pm	Video Conference	Judges Pre-State Meeting
Monday, Mar. 31 <sup>st</sup>	6:00pm	Video Conference	Worker Pre-State Meeting
Friday, Apr. 4 <sup>th</sup>	7:30am	Rio Rancho Events Center	Team/Athlete Entry
Friday, Apr. 4 <sup>th</sup>	7:30am	Rio Rancho Events Center	Weigh-ins Begin
Friday, Apr. 4 <sup>th</sup>	9:00am	Rio Rancho Events Center	Weigh-ins Conclude
Friday, Apr. 4 <sup>th</sup>	9:00am	Rio Rancho Events Center	Doors Open
Friday, Apr. 4 <sup>th</sup>	10:00am	Rio Rancho Events Center	<b>Bars Loaded</b>
			Squat (10:00-12:30)
			Break (12:30-1:00)
			Bench (1-3:30)
			Deadlift (3:30-6:00)
			Team Awards (6:00-6:30)
Saturday, Apr. 5 <sup>th</sup>	7:30am	Rio Rancho Events Center	Team/Athlete Entry
Saturday, Apr. 5 <sup>th</sup>	7:30am	Rio Rancho Events Center	Weigh-ins Begin
Saturday, Apr. 5 <sup>th</sup>	9:00am	Rio Rancho Events Center	Weigh-ins Conclude
Saturday, Apr. 5 <sup>th</sup>	9:00am	Rio Rancho Events Center	Doors Open
Saturday, Apr. 5 <sup>th</sup>	10:00am	Rio Rancho Events Center	<b>Bars Loaded</b>
			Squat (10:00-12:30)
			Break (12:30-1:00)
			Bench (1-3:30)
			Deadlift (3:30-6:00)
			Team Awards (6:00-6:30)

\*Note – all times in (brackets) are tentative

\*Note – individual awards will be awarded immediately at the conclusion of the weight class