Memorandum

To: Head Wrestling Coaches
From: Scott Owen, Wrestling Director
RE: DISTRICT DUAL MEET CLARIFICATIONS

Coaches, to help clarify the district dual meet requirement, I’ve provided a few bullet points.

1. Schools must compete in a dual meet against each school in their district to be eligible for post-season participation (boys only).

2. The district dual meet requirement counts against competition limits.

3. District duals may be completed using any of the standard competition formats and their correlating competition points in accordance with the bylaws.

4. District dual meets must be scheduled in advance and designated on your schedule as a district dual. Happening to run into a district opponent during a dual meet invite would not count toward the requirement.

5. You can run a dual meet round robin event (tri, quad, etc.) with a combination of district and non-district teams and count the district dual meets wrestled toward the dual meet requirement as long as those duals are scheduled in advance and designated on your schedule as a district dual meet.

6. A one-day round robin event with four or more schools is worth three (3) points (limit of five matches per day in accordance with NFHS rules).

7. One-day events that take place during the school week may not begin until 3:00pm.

8. No competitions may take place the week of the district individual tournament. You may not run the district duals and district individual tournament the same week.

The purpose of the duals is to create a meaningful team component in your district with the district title on the line and to create an opportunity for more home events to showcase your student-athletes. I encourage standalone duals any time possible but realize those will not be a practical fit for every district. If you have any other questions, please contact me. You may also find more information on the duals in our bylaws, section 7.24.3.

Sincerely,

Scott Owen
NMAA Wrestling Director
505-923-3273
s.owen@nmact.org