

NMAA
Athletic Program Requirements
Senate Bill 38;
Concussion Law
Grades 6 - 12

Athletic Directors must make sure the following requirements are met annually:

1. Coach Requirements

- **NFHS Learn Concussion in Sports:** <http://nfhslearn.com/courses/61037>
 - Current Certificate of Course completion on file for each coach
- **NMAA Fact Sheet for Coaches:**
http://www.nmact.org/file/Facts_4_Coaches.pdf
 - Signed form on file for each coach

2. Student Athlete and Parent Requirements

- **NFHS Learn Concussion for Students:**
<https://nfhslearn.com/courses/61059/concussion-for-students>
 - Current Certificate of Course completion on file for each athlete
- **NMAA Fact Sheet for Athletes/Parents:**
http://www.nmact.org/file/Facts_4_Families.pdf
 - Signed form on file for each Athlete and Parent

3. Return-to-Play Guidelines

- ***Each school is required to follow their District's Return-to-Play Guidelines***
(See return-to-play minimum requirements below)

[Click here for additional information and resources for parents, athletes and coaches](#)

RETURN TO PLAY GUIDELINES UNDER NEW MEXICO SENATE BILL 38

1. Remove athlete immediately from activity when signs/symptoms of a concussion are present.
 - Coaches and Athletes must be educated in signs/ symptoms of a concussion.
2. Athletes must not return to full activity prior to a minimum of 240 hours (10 days).
3. Athletes must be released to participation by an appropriate medical professional before returning.
 - MD, DO, PA, CNP, PT, Licensed Psychologist, Licensed Athletic Trainer (as per Senate Bill 38)
4. School districts are required to develop head injury protocols (guidelines).
5. Coaches must follow school district's head injury protocol when allowing athletes to return to play.
6. Coaches must continue to monitor for signs/symptoms once athletes return to activity.
7. School districts are required to inform parents/ athletes of the potential risks of head injuries in sports.

