NMAA Athletic Program Requirements Senate Bill 38; Concussion Law Grades 6 - 12

Athletic Directors must make sure the following requirements are met annually:

1. Coach Requirements

- NFHS Learn Concussion in Sports: https://nfhslearn.com/courses/concussion-in-sports-2
 - Current Certificate of Course completion on file for each coach
- NMAA Fact Sheet for Coaches:

https://www.nmact.org/file/Facts_4_Coaches.pdf

Signed form on file for each coach

2. Student Athlete and Parent Requirements

- NFHS Learn Concussion for Students: <u>https://nfhslearn.com/courses/61059/concussion-for-students</u>
 - Current Certificate of Course completion on file for each athlete
- NMAA Fact Sheet for Athletes/Parents: <u>https://www.nmact.org/file/Facts_4_Families.pdf</u>
 - $_{\circ}$ $\,$ Signed form on file for each Athlete and Parent

3. Return-to-Play Guidelines

 Each school is required to follow their District's Return-to-Play Guidelines (See return-to-play minimum requirements below)

<u>Click here for additional</u> <u>information and resources for parents, athletes and coaches</u>



RETURN TO PLAY GUIDELINES UNDER NEW MEXICO SENATE BILL 38

- 1. Remove athlete immediately from activity when signs/symptoms of a concussion are present.
 - Coaches and Athletes must be educated in signs/ symptoms of a concussion.
- 2. Athletes must not return to full activity prior to a minimum of 240 hours (10 days).
- 3. Athletes must be released to participation by an appropriate medical professional before returning.
 - MD, DO, PA, CNP, PT, Licensed Psychologist, Licensed Athletic Trainer (as per Senate Bill 38)
- 4. School districts are required to develop head injury protocols (guidelines).
- 5. Coaches must follow school district's head injury protocol when allowing athletes to return to play.
- 6. Coaches must continue to monitor for signs/symptoms once athletes return to activity.
- 7. School districts are required to inform parents/ athletes of the potential risks of head injuries in sports.





