

# NMAA WRESTLING COMPETITION POINTS & DISTRICT DUAL MEETS

[https://www.nmact.org/file/wrestling\\_bylaws.pdf](https://www.nmact.org/file/wrestling_bylaws.pdf)

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## COMPETITION POINTS

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1. Each varsity team/individual is limited to 32 competition points prior to the regional tournament. Each sub-varsity team/individual is limited to 28 competition points prior to the regional tournament.
2. Competition points for events are listed under bylaw 7.24.1.D of the NMAA Wrestling Bylaws.
  - a. Non-District Events
    1. Single Dual – 1 point
    2. Two Duals (Triangular/Double Dual) – 2 points
    3. One-Day Event (3-6 Duals or Individual Tournament) – 3 points
    4. Two-Day Tournament with single or double elimination – 4 points
    5. Two-Day Tournament with no/limited elimination – 6 points
  - b. District Duals
    1. District Duals (6 or fewer schools) – 3 points
    2. District Duals (7-8 schools) – 4 points
    3. District Duals (9+ schools) – 5 points

***Q1: If my school attends a two-day event that includes a combination of dual meets and individual competition, how many points am I assessed?***

***A1: Because there is limited elimination in this competition format, schools are assessed 6 points.***

***Q2: If I attend a two-day tournament (dual or individual) that is not double elimination, how many points is my school assessed?***

***A2: Because there is limited elimination in this competition format, schools are assessed 6 points.***

3. Each middle school/junior high team/individual is limited to eight (8) meets.
4. For individual limits, all events – non-NMAA, sub-varsity, including MS/JH, and varsity) – count towards an individual’s event limits. When the total number of competition points at all levels reaches 28, the individual is no longer eligible for sub-varsity competition. When the total number of competition points reaches 32, the individual is no longer eligible for further regular season varsity competition.

***Q3: Do non-scholastic events count against individual competition limits during the defined NMAA wrestling season?***

***A3: Yes. Once the official high school season begins, all meets, scholastic and non-scholastic, count toward the overall competition limit.***

5. 8<sup>th</sup> grade students that opt to participate at the high school level, shall be assessed the high school equivalent for each meet wrestled at the middle school/junior high level.

***Q4: An 8<sup>th</sup> grade wrestler competed in six (6) NMAA middle school events before being moved up to the high school level. He competed in three (3) single dual meets, two (2) one-day individual tournaments and (1) dual meet quad. What are the equivalent high school points he has used?***

***A4: 12 points. Three (3) single duals (1+1+1) = 3 points. Two (2) one-day tournaments = (3+3) 6 points. One (1) dual meet quad = 3 points.***

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#### **DISTRICT DUAL MEETS (BOYS ONLY)**

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1. Schools shall compete in a dual meet against each school in their district to be eligible for post-season participation.
2. Varsity teams shall be assessed a flat point value which correlates to the number of schools in the district (see 7.24.1.D). Schools shall subtract these points from the 32-point varsity limit and the remaining points shall be used to complete the rest of the varsity regular season schedule.

***Q5: There are 8 schools in my district. How many points am I charged for wrestling each team in my district in a dual meet and how many points do I have remaining to complete my schedule.***

***A5: Your school is charged 4 points for your district duals, and you have 28 points remaining to complete the rest of your schedule.***

3. Districts/schools have the option to schedule their district dual meets using any of the standard formats available and will only be assessed the flat point value.

***Q6: There are 6 schools in my district. If I wrestle each district opponent on individual dates, how many points is my team assessed?***

***A6: Your school is assessed 3 points. Schools are assessed points for district duals based only on the number of schools in the district.***

***Q7: There are 8 schools in my district. I would like to wrestle 5 schools on one date and wrestle the other two schools on individual dates. How many points is my team assessed?***

***A7: Your school is assessed 4 points. Schools are assessed points for district duals based only on the number of schools in the district.***

4. Individuals shall be assessed points only for those district duals wrestled, not to exceed the flat point value.

***Q8: There are 6 schools in my district. My 139-pound wrestler only wrestled in two (2) district dual meets. How many competition points is he assessed?***

***A8: While the team is charged 3 points, the individual is only assessed points for those matches wrestled. Since he only wrestled in two district dual meets, he is only assessed 2 points.***

**Q9:** *There are 9 schools in my district. My 172-pound wrestler wrestled in 7 district dual meets. How many competition points is he assessed?*

**A9:** *Both the team and the individual are charged 5 points. An individual cannot be charged more than the flat point team value.*

**Q10:** *There are 6 schools in my district. My school wrestled two schools on Date #1 and three schools on Date #2. My 189-pounder missed Date #1 but wrestled all three schools on Date #2. How many competition points is he assessed?*

**A10:** *Both the team and the individual are charged 3 points. Even though the individual missed two duals on Date #1, he is assessed points individually for the 3 matches he wrestled on Date #2.*

5. District dual meets shall be scheduled in advance and designated as a district dual meet.

**Q11:** *If I happen to run into a district opponent during a dual meet tournament, can I count that dual meet toward the district dual meet requirement.*

**A11:** *No. District dual meets must be scheduled in advance and designated on your schedule.*

6. Schools that opt to add non-district teams to a district dual event, will be charged points separately for each non-district team wrestled.

**Q12:** *I plan to wrestle a quad which includes 2 district schools and 1 non-district school. How many points for non-district competition is my school assessed for this date?*

**A12:** *1 point.*

**Q13:** *Our district has 4 schools. We would like to wrestle all district duals on one date and include two non-district schools as well to create a 6-team round robin event. How many points is my school assessed for this date?*

**A13:** *5 points. 3 points for completing the district dual requirement and 2 points for each non-district school wrestled that date.*

7. Schools that opt to wrestle a district team during a dual meet tournament, will still be charged the full point value for that event.

**Q14:** *My district has 8 schools. During a two-day dual meet event with no elimination, my school is scheduled to wrestle 8 dual matches. I plan to wrestle two district schools during the event and want to count those matches toward the district dual meet requirement. How many points for non-district competition is my school assessed for this event?*

**A14:** *Your school is assessed the full value for the event – 6 points.*

8. One-day events that take place during the school week may not begin until 3:00pm.
9. No competitions may take place the week of the regional tournament, including any district dual meets.

10. Girls and sub-varsity boys' teams that opt to wrestle district duals, shall be assessed points only for those duals wrestled, not to exceed the flat point value.

***Q15: I have 6 schools in my district but only opt to wrestle 2 district duals with my girls' team. How many points is my team assessed for those matches?***

***A15: Your school is assessed 2 points, one for each dual wrestled.***

***Q16: I have 8 schools in my district but only opt to wrestle 5 district duals with my JV boys' team. How many points is my team assessed for this event?***

***A16: Your school is assessed 4 points, because that is the maximum value for district duals in a district with 7-8 schools.***