

New Mexico Activities Association



NMAA State Championship Event Contract and Guidelines for Athletic Trainers

New Mexico Activities Association

Table of Contents

1. Contract to work NMAA State Championship Events	2
2. Standing Orders.....	3
3. Athletic Trainer Event Expectations	4
4. Return-to-Play Guidelines.....	5
5. Treatment Log	6
6. Evaluation Form.....	7
7. Emergency Action Plans.....	8-36
8. Weather Policies.....	37-38
9. DragonFly Set-Up.....	39
10. Athletic Trainer Contact Form	40



New Mexico Activities Association

Athletic Trainer State Event Contract Agreement

I, _____, have agreed to provide medical care coverage, as outlined in the standing orders prescribed to me by a licensed physician and pursuant to the regulations provided by the New Mexico Athletic Trainers Practice Board, for state championship athletic events as hosted by the New Mexico Activities Association (NMAA).

I understand that I will be paid the rate of \$30.00 per hour as agreed upon by the New Mexico Activities Association and will be assigned work events as needed.

I have received, read and/or completed the following documents prior to the start of the events I have been assigned to work. (Initial the following)

- _____ 1. NMAA Contract Agreement
- _____ 2. Standing Orders
- _____ 3. Athletic Trainer Expectations
- _____ 4. Return-to-Play Guidelines
- _____ 5. Emergency Action Plans for Selected Sites
- _____ 6. Weather Policies
- _____ 7. Create DragonFly Account
- _____ 8. DragonFly Identification Number _____
- _____ 9. Athletic Trainer Contact information

As a Certified Athletic Trainer, New Mexico License number _____, I agree to be an independent contractor for the New Mexico Activities Association.

By signing and initialing this form, I agree to follow the procedures as set forth by the NMAA and perform my duties in accordance with the New Mexico Athletic Trainers Practice Board. By signing, I also agree that I have had a federal background check in accordance with New Mexico Public Education Department licensure.

Signature: _____

Date: _____

Printed Name: _____



New Mexico Activities Association (NMAA) – Athletic Trainer Standing Orders

Supervising Physicians: Dr. Roberto Carreon, Dr. Joel Sievers
NMAA Sports Medicine Advisory Committee (SMAC)

Covered Persons: Certified Athletic Trainers contracted by the NMAA for Sanctioned State Events

Scope: Athletes involved in NMAA Sanctioned State Events

Standing Orders:

1. The Athletic Trainer(s) shall be licensed by the state of New Mexico, as set forth in state law.
2. In cases deemed medical emergencies or severe injuries, the Athletic Trainer will initiate emergency care in accordance with accepted first aid and BLS procedures. The Athletic Trainer will initiate referral to a physician or the emergency room as appropriate.
3. The Athletic Trainer may initiate treatment for injuries evaluated as being mild to moderate or chronic inflammatory processes of musculoskeletal origin, as soon as he/she considers such action appropriate. If there is a question as to the nature or severity of any injury, the athletic trainer will refer the athlete to the physician, or an appropriate medical practitioner for evaluation.
4. The Athletic Trainer may use heat, cold, water, compression, electrical stimulation, therapeutic ultrasound, manual therapy techniques, and therapeutic exercise programs, when signs and symptoms indicate their usage is indicated, as described above in #3.
5. The Athletic trainer may use bandaging, wrapping, taping, padding, orthotics, and splinting procedures for the prevention and management of injuries when signs and symptoms indicate that their use is appropriate.
6. Prior to return-to-participation, athletes must meet all return to play criteria including completion of sport appropriate functional testing administered by the Athletic Trainer. In the absence of direct orders from the supervising physician, the Athletic Trainer may use his/her discretion when returning athletes to practice and competition. The athlete's status shall be documented.
7. The Athletic Trainer will maintain documentation of individual evaluations and treatments, which will be provided to the Sports Medicine Advisory Committee (SMAC) physicians at the conclusion of each event to monitor injury evaluation and treatment techniques.
8. The Athletic Trainer will obtain written or direct verbal orders from a supervising NMAA SMAC physician, or the athlete's attending physician, in all cases not described in these orders, prior to initiating non-emergent treatment or therapeutic procedure.
9. Specific orders issued by a licensed physician shall supersede these standing orders, in the treatment of that physician's patient, for specifically diagnosed conditions. Medical and osteopathic physicians maintain the authority to allow an individual's return to participation except in situations where state law prohibits the athlete from participating, i.e. SB 38.

New Mexico Activities Association

Athletic Trainer Expectations

Listed below are the expectations for Athletic Trainers working New Mexico Activities Association state events. If you choose to work, you will be expected to do the following:

1. Please show up 5-10 minutes prior to your listed start time. For most events, the first Athletic Trainer on site will have a report time that is one hour prior to the first game or match. During this 5-10 minute period, the athletic trainers should get to their assigned area and begin familiarizing themselves with the event site. If your report time is the middle of the event, this time is for you to also get the lay of the land and check in with the current Athletic Trainer and to get updates on the current situation.
2. Find the NMAA site representative, introduce yourself and gather information on any specific coverage needs for that particular site. Please set up in a central and stationary location so you can be readily accessible by NMAA staff and school representatives.
3. Prior to each game, introduce yourself to the coaching staff and medical staff, if present, from each of the respective teams. Also, find out if they have any athletes with specific needs or prior injuries.
4. If your event site is also medically covered by EMS, you also need to make contact with them. For UNM sites, Med Bow will be your contact. At Rio Rancho Events Center (RREC), the Rio Rancho Fire Department will be your contact.
5. If you are currently employed by a high school that has a team at the site you are working, you need to remember that you are now a neutral party and need to act accordingly. It is also suggested that you do not wear your school colors or clothes that display your school's logo.
6. Treatment logs and evaluation forms are provided. Treatments should be logged using the student's school ID if possible. More severe injuries should also be documented on the evaluation form. These forms should be submitted to the NMAA site director at the conclusion of your shift.
7. Based on your evaluation, if an athlete's injury prevents them from returning to play, you need to inform the coaching staff, the athlete's parents and the NMAA site director.
8. If the teams you are covering have a Certified Athletic Trainer present, be prepared to support them.
9. If an official removes an athlete due to a suspected blow to the head, the athlete needs to be evaluated by you prior to returning to play.
10. In the event that an athlete sustains a concussion, it will need to be documented, parents contacted and coaches informed. You also need to inform the NMAA site administrator.

Note: State law, SB137/SB38, states that athletes who exhibit signs, symptoms or behaviors consistent with a brain injury be removed from competition immediately. SB137/SB38 also states that such athletes be allowed to return to play no sooner than 240 hours after the incident and only after the athlete no longer exhibits signs or symptoms of a brain injury and receives a medical release from a licensed and approved healthcare professional (MD, DO, PA, CNP, PT, Licensed Psychologist, Licensed Athletic Trainer). Athletes experiencing concussion-like symptoms should be removed from competition immediately and not be allowed to return to play until a minimum of 240 hours has passed.



New Mexico Activities Association

Return-to-Play Guidelines

- A. Medical staff will be provided for all New Mexico Activities Association state championship sporting events. Medical care will be provided by Certified Athletic Trainers, certified by the Board of Certification and/or licensed by the state of New Mexico.
- B. Prior to the event, the on-site Athletic Trainer will introduce themselves to NMAA site administration and, when possible, officials and head coaches, to inform each of their presence and to review any necessary information. The on-site Athletic Trainer will be responsible for reviewing the site-specific emergency action plan as well as determining the location(s) of the automated external defibrillator(s) (AED). NMAA site administration will be in direct communication with the on-site Athletic Trainer throughout the event.
- C. An athlete who arrives at the event with a pre-existing injury, or an athlete who is injured at the competition, will be evaluated by the on-site Athletic Trainer. The athlete's ability to play or return to play will be determined by the on-site athletic trainer through a thorough medical evaluation and functional testing.
- D. If the on-site Athletic Trainer has deemed an athlete unable to compete or return to play due to injury, the athlete's ability to play must be approved and verified in writing by a physician (MD/DO). If a physician has cleared the athlete to play, the written waiver must be presented to the NMAA site director prior to the athlete returning to play.
- E. If a team is traveling with a qualified medical provider (QMP), who is employed or otherwise designated by the respective school/district and present during the contest, an athlete's ability to compete or return to play will be determined by the school's designated QMP. It is understood that a QMP may be an athletic trainer, medical/osteopathic physician, physician assistant or nurse practitioner. As a matter of courtesy and professionalism, both the on-site Athletic Trainer and school-designated QMP should communicate to ensure decisions are made in the best interest of the athlete's health and safety. If a school's designated QMP is not present during the contest, the on-site Athletic Trainer shall determine the athlete's ability to compete or return to play.
- F. An athlete experiencing concussion like symptoms will follow state law and its associated return-to-play guidelines. A QMP's release alone cannot supersede legislative requirements.



New Mexico Activities Association

Gender	Student ID#	School	Body Part	Pre-Existing (Y/N)	Injury Eval (Y/N)	Tape	Cold Pack/Ice: 97010	Hot Pack: 97010	Therapeutic Exercise: 97110	Therapeutic Activity: 97530	Manual Therapy: 97140	Massage: 97124	Wound Care: 97139	AT Evaluation: 97005	AT Reevaluation: 97005	AT Reevaluation: 97006	Concussion Evaluation	AT Initial	
																		Event Name:	
																		Location:	
																		Date:	

New Mexico Activities Association Injury Evaluation

School: _____ Student ID#: _____

Location: _____

Sport: _____ Injury Date/Time: _____

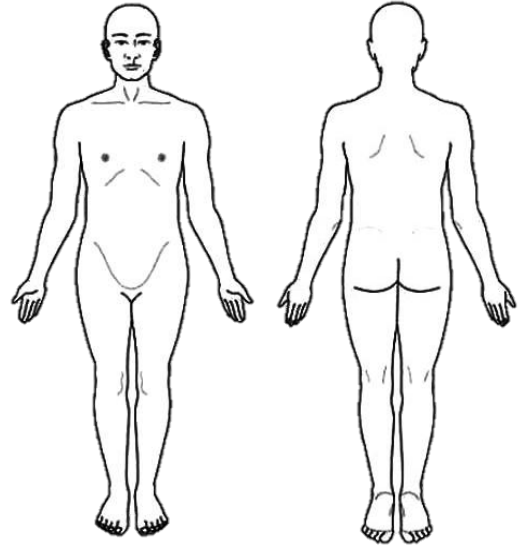
Injury: _____

MOI: _____

_____ Side: _____

Allergies/Medication: _____

Gender: Male/Female



Location of Injury

Subjective:

Objective:

Assessment:

Plan/Treatment:

Contact Name: _____ Title: _____ Date/Time: _____

Signature: _____ Date: _____

New Mexico Activities Association

Emergency Action Plans

Introduction:

Emergency situations may arise at any time during athletic events. Expedient action must be taken in order to provide the most optimal healthcare to the student athletes of emergency and/or life threatening conditions. The development and implementation of an emergency plan will help ensure that the best care will be provided for these student athletes.

As emergencies may occur anytime and during any activity, the Athletic Trainers and NMAA on-site staff must be prepared. The Athletic Trainers will utilize these Emergency Action Plans to provide appropriate standards of emergency care to all sports participants. As athletic injuries may occur any time, the sports medicine team must be prepared. This preparation involves formulation of an emergency plan, proper coverage of events, proper medical equipment and supplies to be provided and utilization of appropriate emergency medical personnel. It will be our understanding that all athletes competing in state athletic events have pre-participation physical screenings on file with their school and that any specific medical need they may have will be on file with the coach they are traveling. We as a Sports Medicine staff will do our best to prevent injuries from occurring, however, accidents and injuries are inherent with sports participation, and proper preparation on the part of the sports medicine team should enable each emergency situation to be managed appropriately.

The event venues that are listed in these emergency action plans are for sites that are utilized by the NMAA. When New Mexico high schools are being used as state competition venues, the onsite emergency action plan will be used. The Athletic Trainers at these sites typically will be in charge of their site and will utilize the plans set in place.

Components of Emergency Action Plan:

These are the basic components of this plan:

1. Emergency personnel
2. Emergency communication
3. Notification procedures
4. Emergency equipment
5. Roles of first responder
6. Storm safety location (where applicable)

EMERGENCY PLAN PERSONNEL

For all New Mexico Activity Association (NMAA) sanctioned events, the first responder to an emergency situation is typically a certified Athletic Trainer. These individuals are a contract worker for the NMAA. A physician may not always be present at every organized competition. The type and degree of sports medicine coverage for an athletic event may vary widely, based on such factors as the sport or activity, the setting, and the type of training or competition. Certification in cardiopulmonary resuscitation (CPR), first aid, prevention of disease transmission, and emergency plan review is recommended for all athletics personnel associated with these competitions.



EMERGENCY COMMUNICATION

Communication is the key to quick emergency response. Athletic trainers and emergency medical personnel must work together to provide the best emergency response capability and should have contact information as a part of pre-planning for emergencies.

At sites with EMS onsite, contact must be made prior to the start of the event. Communication prior to the event is a good way to establish boundaries and to build rapport between both groups of professionals. If emergency medical transportation is not available on site during a particular sporting event then direct communication with the emergency medical system at the time of injury or illness is necessary.

Personnel should have access to a working telephone or other telecommunication devices, whether landline or mobile, should be assured. The communications system should be checked prior to each practice or competition to ensure proper working order. A backup communication plan should be in effect, should there be failure of the primary communication system. The most common method of communication is a public telephone. However, a cellular phone is preferred if available. At any athletic venue, it is important to know the location of a workable telephone.

EMERGENCY EQUIPMENT

All necessary emergency equipment should be at the site and quickly accessible. Personnel should be familiar with the function and operation of each type of emergency equipment. Equipment should be in good operating condition, and personnel must be trained in advance to use it properly. Emergency equipment should be checked on a regular basis. The emergency equipment available should be appropriate for the level of training for the emergency medical providers.

MEDICAL EMERGENCY TRANSPORTATION

An ambulance is not typically on-site for NMAA sanctioned events. University of New Mexico basketball arena utilizes Medbow, which is an EMS system through UNM Hospital, and the Rio Rancho Events Center (RREC) provides EMS services through the Rio Rancho Fire Department (RRFD). EMS response time is additionally factored in when determining on-site ambulance coverage. The Athletic Trainers will advise participating athletes and coaches if an athlete is to be transported. Depending on the injury and insurance carried by the athlete, the best location for the athlete will be advised. When an emergency occurs at any site beside UNM Basketball arena or the SASC, the 911 system will be utilized for emergency transportation.

DUTIES AND RESPONSIBILITIES

Review and update of Emergency Action Plan (Annually) By Athletic Trainer Liaison from the NMATA and NMAA Staff
NMAA Athletic Trainer Contract Signed and Renew Yearly



NMAA EVENT SITES: (Other sites will be added as need be)

1. Academy Tennis Complex
2. Bernalillo High School Gymnasium
3. Bernalillo Soccer Complex
4. Canyon Club Golf Course
5. Cibola Little League Softball Complex
6. Cleveland High School Baseball/Softball Complex
7. Cleveland High School Gymnasium
8. Isotopes Baseball Stadium
9. Jennifer Riordan Spark Kindness Sports Complex
10. Jerry Cline Tennis Center
11. Pinon Hills Golf Course
12. Rio Rancho Events Center
13. Rio Rancho High School Football Stadium (Cross Country)
14. Rio Rancho High School Gymnasium
15. Rockwind Golf Course
16. Saint Pius X Baseball
17. Santa Ana Golf Club
18. Sierra Vista Tennis Complex
19. Twin Warriors Golf Club
20. University of New Mexico, Baseball Complex
21. University of New Mexico, Rudy Davalos, "The Pit"
22. University of New Mexico, Softball Complex
23. University of New Mexico, Track and Field Complex

CONCLUSION

The importance of being properly prepared when athletic emergencies arise cannot be stressed enough. An athlete's survival may hinge on how well trained and prepared athletic healthcare providers are. It is prudent to invest athletic department "ownership" in the emergency plan by involving the athletic administration and sport coaches as well as sports medicine personnel. The emergency plan should be reviewed at least once a year with all athletic personnel, along with CPR and first aid refresher training. Through development and implementation of the emergency plan, the athletic department helps ensure that the athlete will have the best care provided when an emergency does arise.



Academy Tennis Complex

VENUE LOCATION: Physical address is 6400 Wyoming Blvd. NE, Albuquerque, NM 87109.

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. An AED is located inside the main storage shed between fields. EMS personnel and ambulance should be called through the 911 emergency system and onsite crowd control will guide to field of incident.

STORM SAFETY LOCATION: In the event of lightning or severe weather, everyone will be removed from the facility into personal vehicles. They will be allowed to return upon the passing of the storm. (See NMAA Lightning Policy)

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate certified athletic trainer of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: University of New Mexico Hospital: 2211 Lomas St NE, Albuquerque, NM 87106-Decision based on injury and medical insurance.



Bernalillo High School Gymnasium

VENUE LOCATION: 148 Spartan Alley, Bernalillo, NM, 87004.

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication. There are landlines available in the athletic office.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. An AED is located inside the athletic training room on the wall. EMS personnel and ambulance should be called through the 911 emergency system and onsite crowd control will guide to field of incident.

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate certified athletic trainer of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: UNM Sandoval Regional Medical Center: 3001 Broadmoor Blvd. NE, Rio Rancho, NM 87144-Decision based on injury and medical insurance.



Bernalillo Soccer Complex

VENUE LOCATION: Physical address is 1001 Jemez Dam Rd. Bernalillo, NM 87004

EMERGENCY PERSONNEL: The cell phone number for the appropriate Certified Athletic Trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication. Landlines are available in office. Cell service is not always reliable.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. An AED is located inside the main storage shed between fields. EMS personnel and ambulance should be called through the 911 emergency system and onsite crowd control will guide to field of incident.

STORM SAFETY LOCATION: In the event of lightning or severe weather, everyone will be removed from the facility into personal vehicles. They will be allowed to return upon the passing of the storm. (See NMAA Lightning Policy)

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate certified athletic trainer of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PERFERRED MEDICAL CENTER: UNM Sandoval Regional Medical Center: 3001 Broadmoor Blvd. NE, Rio Rancho, NM 87144-Decision based on injury and medical insurance.



Canyon Club Golf Course

VENUE LOCATION: Physical address is 911 Four Hills Road SE, Albuquerque, NM 87123

EMERGENCY PERSONNEL: The cell phone number for the appropriate Certified Athletic Trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication. Landlines are available in the Pro Shop. First contact EMS personnel and ambulance by calling 911. Then notify the Canyon Club Pro Shop at 505-926-1122 so that on-site staff can direct EMS to the location of the injured person on the golf course.

When contacting EMS, be prepared to provide the following information:

- a. Identify yourself and your role in the emergency
- b. Specify your location and telephone number
- c. Condition of victim(s)
- d. Care being provided
- e. Give specific directions to the scene of the emergency

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. An AED is located in the hallway near the popcorn machine just outside of the Pro Shop. There is also an emergency oxygen inhalator behind the front desk of the Pro Shop.

STORM SAFETY: During the tournament, there may be occasions when severe weather requires play to be suspended and participants moved to shelter points on the course. In case of lightning or other severe weather situations, complete evacuation of the course may be necessary. This plan provides for the shelter and evacuation of players, caddies, and officials.

Authority to initiate a course evacuation rests with the appropriate Tournament/Rules Officials. This plan will be distributed to players, coaches, and Rules Officials identifying accessible designated places on or near the golf course where they should proceed to seek shelter should the need arise.

Upon initiation of a suspension of play, players and coaches are to proceed promptly to the nearest shelter as advised on the reverse schedule. [Note: On-course officials and course staff will aid in transport to course shelters.] Players and coaches are to remain at these shelters until the Chief Rules Official (CRO) decides to either: (1) resume play, or (2) evacuate everyone to the clubhouse. If evacuation to the clubhouse is directed, officials and course staff will provide transport from the on-course shelters back to the clubhouse.

Instructions regarding resumption of play will come from appropriate Rules Officials. Players will be returned to the course, as near as practicable to their position at the time play was suspended, by officials and course staff.

There are four (4) shelter points on or near The Canyon Club Golf Course:

- 1. The Canyon Club Clubhouse.**
- 2. The Cart Barn located near the driving range and the #10 teeing ground.**
- 3. Restroom 13-16 located between #13 green and #16 teeing ground.**
- 4. Restroom 5 located at the north side of the tennis courts to the right of #5 fairway.**

PERFERRED MEDICAL CENTER: University of New Mexico Hospital: 2211 Lomas St NE, Albuquerque, NM 87106- Decision based on injury and medical insurance.

Note: For specific instructions based on your course location, see next page.



Canyon Club Evacuation Plan Specific Instructions

Location	Specifics	Action
Driving Range, Chipping Green	All	Clubhouse/Cartbarn
Putting Green by Clubhouse	All	Clubhouse
Hole #1	Tee, Fairway, Green	Clubhouse
Hole #2	Tee, Fairway, Green	Clubhouse
Hole #3	Tee, Fairway, Green	Clubhouse
Hole #4	Tee, Fairway, Green	Clubhouse
Hole #5	Tee, Fairway, Green	Restroom 5
Hole #6	Tee, Fairway, Green	Restroom 5
Hole #7	Tee, Fairway, Green	Clubhouse/Cartbarn
Hole #8	Tee, Fairway, Green	Clubhouse
Hole #9	Tee, Fairway, Green	Clubhouse
Hole #10	Tee, Fairway, Green	Clubhouse/Cartbarn
Hole #11	Tee, Fairway, Green	Clubhouse/Cartbarn
Hole #12	Tee, Fairway, Green	Clubhouse/Cartbarn
Hole #13	Tee, Fairway, Green	Restroom 13-16
Hole #14	Tee, Fairway, Green	Restroom 13-16
Hole #15	Tee, Fairway, Green	Restroom 13-16
Hole #16	Tee, Fairway, Green	Restroom 13-16
Hole #17	Tee, Fairway, Green	Clubhouse/Cartbarn
Hole #18	Tee, Fairway, Green	Clubhouse/Cartbarn

Cibola Little League Softball Complex

VENUE LOCATION: 3620 Chayote Rd NE, Rio Rancho, NM 87144. Corner of Lincoln Avenue and Chayote Rd NE.

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. The NMAA site director will have an AED on site. EMS personnel and ambulance should be called through the 911 emergency system and onsite crowd control will guide to field of incident.

STORM SAFETY LOCATION: In the event of lightning or severe weather, everyone will be removed from the facility into personal vehicles. They will be allowed to return upon the passing of the storm. (See NMAA Lightning Policy)

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate certified athletic trainer of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: UNM Sandoval Regional Medical Center: 3001 Broadmoor Blvd. NE, Rio Rancho, NM 87144-Decision based on injury and medical insurance.



Cleveland High School Baseball/Softball Complex

VENUE LOCATION: 4800 Laban Road, Rio Rancho, NM 87144.

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication. There are landlines available in the baseball/softball field house.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. An AED is located inside the athletic training room. EMS personnel and ambulance should be called through the 911 emergency system and onsite crowd control will guide to field of incident.

STORM SAFETY LOCATION: In the event of lightning or severe weather, everyone will be removed from the facility into personal vehicles. They will be allowed to return upon the passing of the storm. (See NMAA Lightning Policy)

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate certified athletic trainer of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: UNM Sandoval Regional Medical Center: 3001 Broadmoor Blvd. NE, Rio Rancho, NM 87144-Decision based on injury and medical insurance.



Cleveland High School Gymnasium

VENUE LOCATION: 4800 Laban Road, Rio Rancho, NM 87144

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication. There are landlines available in the athletic office.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. An AED is located inside the athletic training room/athletic office. EMS personnel and ambulance should be called through the 911 emergency system and onsite crowd control will guide to field of incident.

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate certified athletic trainer of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: UNM Sandoval Regional Medical Center: 3001 Broadmoor Blvd. NE, Rio Rancho, NM 87144-Decision based on injury and medical insurance.



Isotopes Baseball Stadium

VENUE LOCATION: Physical address is 1601 Avenida Cesar Chavez SE, Albuquerque, NM 87106. Access is through northeast corner of left field as specified by the grounds crew.

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events.

STORM SAFETY LOCATION: In the event of lightning or severe weather, everyone will be removed from the facility into buses or personal vehicles. The players can also utilize the ramp to the locker room. They will be allowed to return upon the passing of the storm. (See NMAA Lightning Policy)

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate NMAA official of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: University of New Mexico Hospital: 2211 Lomas St NE, Albuquerque, NM 87106-Decision based on injury and medical insurance.



Jennifer Riordan Spark Kindness Sports Complex

VENUE LOCATION: Physical address is 1801 Arroyo Vista Blvd. N.W., Albuquerque, NM 87120 just west of Nusenda Community Stadium. Access is the north gate next to the parking lot.

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. AED is in the central multi-purpose building. NMAA staff will also bring a portable AED for immediate access.

STORM SAFETY LOCATION: In the event of lightning or severe weather, everyone will be removed from the facility into personal vehicles or buses. They will be allowed to return upon the passing of the storm. (See NMAA Lightning Policy)

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate NMAA official of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: University of New Mexico Hospital: 2211 Lomas St NE, Albuquerque, NM 87106-Decision based on injury and medical insurance.



Jerry Cline Tennis Complex

VENUE LOCATION: Physical address is 7205 Constitution Ave NE, Albuquerque, NM 87110.

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. An AED is located inside the main storage shed between fields. EMS personnel and ambulance should be called through the 911 emergency system and onsite crowd control will guide to field of incident.

STORM SAFETY LOCATION: In the event of lightning or severe weather, everyone will be removed from the facility into personal vehicles or seek shelter in the tennis complex building. They will be allowed to return upon the passing of the storm. (See NMAA Lightning Policy)

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate certified athletic trainer of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: University of New Mexico Hospital: 2211 Lomas St NE, Albuquerque, NM 87106-Decision based on injury and medical insurance.



Pinon Hills Golf Course

VENUE LOCATION: Physical address 2101 Sunrise Parkway, Farmington, NM, 87401.

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication. A landline is located in the pro shop.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. An AED is located inside the pro shop. EMS personnel and ambulance should be called through the 911 emergency system and onsite crowd control will guide to location of incident.

STORM SAFETY LOCATION: In the event of lightning or severe weather, everyone will be removed from the facility into personal vehicles or seek shelter on holes 2, 6, and 16 or in the pro shop building. They will be allowed to return upon the passing of the storm. (See NMAA Lightning Policy)

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate certified athletic trainer of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: San Juan Regional Medical Center: 801 W Maple St, Farmington, NM 87401 – Decision based on injury and medical insurance.



Rio Rancho Events Center

VENUE LOCATION: Physical address is 3001 Civic Center Circle NE, Rio Rancho, NM 87144
The access to the main floor is the west end of arena.

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer. Rio Rancho Fire Department (RRFD) staging area is in the SE corner of the arena. Contact with EMS staff will be made prior to the event by the athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. EMS personnel-RRFD should be contacted through the radio system and onsite crowd control will guide them to the scene of incident.

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate NMAA official of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: UNM Sandoval Regional Medical Center: 3001 Broadmoor Blvd. NE, Rio Rancho, NM 87144-Decision based on injury and medical insurance.



Rio Rancho High School Football Stadium (Cross Country)

VENUE LOCATION: 301 Loma Colorado Blvd. Major cross streets: Broadmoor and Loma Colorado.

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication. There is a landline in the athletic training room office.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. An AED is located in the athletic training room. NMAA staff will also have an additional AED available. EMS personnel and ambulance should be called through the 911 emergency system and onsite crowd control will guide to field of incident.

STORM SAFETY LOCATION: In the event of lightning or severe weather, everyone will be removed from the facility into personal vehicles. They will be allowed to return upon the passing of the storm. (See NMAA Lightning Policy)

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate certified athletic trainer of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: UNM Sandoval Regional Medical Center: 3001 Broadmoor Blvd. NE, Rio Rancho, NM 87144-Decision based on injury and medical insurance.



Rio Rancho High School Gymnasium

VENUE LOCATION: 301 Loma Colorado Blvd. Major cross streets: Broadmoor and Loma Colorado.

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication. There is a landline in the athletic training room office.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. An AED is located in the athletic training room office. EMS personnel and ambulance should be called through the 911 emergency system and onsite crowd control will guide to field of incident.

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate certified athletic trainer of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: UNM Sandoval Regional Medical Center: 3001 Broadmoor Blvd. NE, Rio Rancho, NM 87144-Decision based on injury and medical insurance.



Rockwind Community Links

VENUE LOCATION: 5001 Jack Gomez Blvd., Hobbs, NM, 88240

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication. Landlines are available in the pro shop, offices and restaurant. Cell service is reliable.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. An AED is located in the hallway to the bathrooms inside the clubhouse at Rockwind Community Links. EMS personnel and ambulance should be called through the 911 emergency system and onsite personnel will guide to the athlete. All City of Hobbs staff receive annual training on first aid, blood-borne pathogens, CPR, and the use of an AED.

STORM SAFETY LOCATION: In the event of lightning or severe weather, everyone will be removed from the golf course and into Rockwind Community Links Clubhouse. They will be allowed to return upon the passing of the storm. (See NMAA Lightning Policy)

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate certified athletic trainer of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: Lea Regional Medical Center 5419 N Lovington Hwy, Hobbs, NM 88240
(575) 492-5000



Saint Pius X Baseball

VENUE LOCATION: 5301 St Josephs Dr NW, Albuquerque, NM 87120. Corner of Coors and St. Joseph Dr. NW

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include: athlete's name, type of injury, medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. An AED is located in St. Sebastian Gym. EMS personnel and ambulance should be called through the 911 emergency system and onsite crowd control will guide to field of incident.

STORM SAFETY LOCATION: In the event of lightning or severe weather, everyone will be removed from the facility into personal vehicles. They will be allowed to return upon the passing of the storm. (See NMAA Lightning Policy)

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate certified athletic trainer of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: University of New Mexico Hospital: 2211 Lomas St NE, Albuquerque, NM 87106-Decision based on injury and medical insurance.



Santa Ana Golf Club

VENUE LOCATION: 288 Prairie Star Road, Santa Ana Pueblo, NM 87004

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: First contact EMS personnel and ambulance by calling 911. Then notify the pro shop at 505-867-9464. This allows on-site staff to direct EMS to the location of the injured person on the golf course.

When contacting EMS, be prepared to provide the following information:

- a. Identify yourself and your role in the emergency
- b. Specify your location and telephone number
- c. Condition of victim(s)
- d. Care being provided
- e. Give specific directions to the scene of the emergency

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. An AED is in the administration hallway located directly off the pro shop.

STORM SAFETY: During the tournament, there may be occasions when severe weather requires play to be suspended and participants moved to shelter points on the course. In case of lightning or other severe weather situations, complete evacuation of the course may be necessary. This plan provides for the shelter and evacuation of players, caddies, and officials.

Authority to initiate a course evacuation rests with the appropriate Tournament/Rules Officials. This plan will be distributed to players, coaches, and Rules Officials identifying accessible designated places on or near the golf course where they should proceed to seek shelter should the need arise.

Upon initiation of a suspension of play, players and coaches are to proceed promptly to the nearest shelter as advised on the reverse schedule. [Note: On-course officials and course staff will aid in transport to course shelters.] Players and coaches are to remain at these shelters until the Chief Rules Official (CRO) decides to either: (1) resume play, or (2) evacuate everyone to the clubhouse. If evacuation to the clubhouse is directed, officials and course staff will provide transport from the on-course shelters back to the clubhouse.

Instructions regarding resumption of play will come from appropriate Rules Officials. Players will be returned to the course, as near as practicable to their position at the time play was suspended, by officials and course staff.

There are four (4) shelter points on or near Santa Ana Golf Club:

- 1. The Santa Ana Golf Club clubhouse.**
- 2. The Cart Barn located near the driving range and clubhouse.**
- 3. Restroom on Tamaya at the intersection of #2 green, #3 teeing ground, #7 green, and #8 teeing ground.**
- 4. Restroom on Cheena at the intersection of #3 green, #4 teeing ground, #7 fairway.**

PERFERRED MEDICAL CENTER: UNM Sandoval Regional Medical Center: 3001 Broadmoor Blvd NE, Rio Rancho, NM 87144-Decision based on injury and medical insurance.

Note: For specific instructions based on your course location, see next page.



Evacuation Plan Santa Ana Golf Club

Location	Specifics	Action
Driving Range, Chipping Green, Putting Green	All	Clubhouse or Cart Barn
Tamaya Hole #1	Tee, Fairway, Green	Cart Barn
Tamaya Hole #2	Tee, Fairway, Green	Tamaya Restroom
Tamaya Hole #3	Tee, Fairway, Green	Tamaya Restroom
Tamaya Hole #4	Tee, Fairway	Tamaya Restroom
Tamaya Hole #4	Green	Cheena Restroom
Tamaya Hole #5	Tee	Cheena Restroom
Tamaya Hole #5	Fairway	Tamaya or Cheena Restroom
Tamaya Hole #5	Green	Tamaya Restroom
Tamaya Hole #6	Tee, Fairway, Green	Tamaya Restroom
Tamaya Hole #7	Tee, Fairway, Green	Tamaya Restroom
Tamaya Hole #8	Tee, Fairway, Green	Tamaya Restroom
Tamaya Hole #9	Tee, Fairway, Green	Cart Barn
Cheena #1	Tee, Fairway, Green	Clubhouse or Cart Barn
Cheena #2	Tee, Fairway, Green	Cheena Restroom
Cheena #3	Tee, Fairway, Green	Cheena Restroom
Cheena #4	Tee, Fairway, Green	Cheena Restroom
Cheena #5	Tee, Fairway, Green	Clubhouse
Cheena #6	Tee	Clubhouse
Cheena #6	Fairway, Green	Cheena Restroom
Cheena #7	Tee, Fairway, Green	Cheena Restroom
Cheena #8	Tee, Fairway, Green	Cheena Restroom
Cheena #9	Tee, Fairway, Green	Clubhouse

Sierra Vista Tennis Complex

VENUE LOCATION: Physical address is 5001 Montano Rd. NW, Albuquerque, NM 87120

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. An AED is located inside the main storage shed between fields. EMS personnel and ambulance should be called through the 911 emergency system and onsite crowd control will guide to field of incident.

STORM SAFETY LOCATION: In the event of lightning or severe weather, everyone will be removed from the facility into personal vehicles. They will be allowed to return upon the passing of the storm. (See NMAA Lightning Policy)

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate certified athletic trainer of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: University of New Mexico Hospital: 2211 Lomas St NE, Albuquerque, NM 87106-Decision based on injury and medical insurance.



Twin Warriors Golf Club

VENUE LOCATION: 1301 Tuyuna Trail, Santa Ana Pueblo, NM 87004

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: First contact EMS personnel and ambulance by calling 911. Then notify the pro shop at 505-771-6155. This allows on-site staff to direct EMS to the location of the injured person on the golf course.

When contacting EMS, be prepared to provide the following information:

- a. Identify yourself and your role in the emergency
- b. Specify your location and telephone number
- c. Condition of victim(s)
- d. Care being provided
- e. Give specific directions to the scene of the emergency

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. An AED is in the Merchandise Room located directly off the pro shop.

STORM SAFETY: During the tournament, there may be occasions when severe weather requires play to be suspended and participants moved to shelter points on the course. In case of lightning or other severe weather situations, complete evacuation of the course may be necessary. This plan provides for the shelter and evacuation of players, caddies, and officials.

Authority to initiate a course evacuation rests with the appropriate Tournament/Rules Officials. This plan will be distributed to players, coaches, and Rules Officials identifying accessible designated places on or near the golf course where they should proceed to seek shelter should the need arise.

Upon initiation of a suspension of play, players and coaches are to proceed promptly to the nearest shelter as advised on the reverse schedule. [Note: On-course officials and course staff will aid in transport to course shelters.] Players and coaches are to remain at these shelters until the Chief Rules Official (CRO) decides to either: (1) resume play, or (2) evacuate everyone to the clubhouse. If evacuation to the clubhouse is directed, officials and course staff will provide transport from the on-course shelters back to the clubhouse.

Instructions regarding resumption of play will come from appropriate Rules Officials. Players will be returned to the course, as near as practicable to their position at the time play was suspended, by officials and course staff.

There are three (4) shelter points on or near Twin Warriors Golf Club.

- 1. The Twin Warriors Golf Club clubhouse.**
- 2. The Cart Barn located near the clubhouse.**
- 3. Restroom #5 located at #5 green.**
- 4. Restroom #14 located at the #14 teeing ground.**

PERFERRED MEDICAL CENTER: UNM Sandoval Regional Medical Center: 3001 Broadmoor Blvd NE, Rio Rancho, NM 87144-Decision based on injury and medical insurance.

Note: For specific instructions based on your course location, see next page.



**Evacuation Plan
Twin Warriors Golf Club**

Location	Specifics	Action
Twin Warriors Hole #1	Tee, Fairway, Green	Clubhouse or Cart Barn
Twin Warriors Hole #2	Tee, Fairway, Green	Clubhouse or Cart Barn
Twin Warriors Hole #3	Tee, Fairway, Green	Clubhouse or Cart Barn
Twin Warriors Hole #4	Tee, Fairway, Green	#5 Restroom
Twin Warriors Hole #5	Tee, Fairway, Green	#5 Restroom
Twin Warriors Hole #6	Tee, Fairway, Green	#5 Restroom
Twin Warriors Hole #7	Tee, Fairway, Green	#5 Restroom
Twin Warriors Hole #8	Tee, Fairway, Green	Clubhouse or Cart Barn
Twin Warriors Hole #9	Tee, Fairway, Green	Clubhouse or Cart Barn
Twin Warriors Hole #10	Tee, Fairway, Green	Clubhouse or Cart Barn
Twin Warriors Hole #11	Tee, Fairway, Green	Clubhouse or Cart Barn
Twin Warriors Hole #12	Tee, Fairway, Green	#14 Restroom
Twin Warriors Hole #13	Tee, Fairway, Green	#14 Restroom
Twin Warriors Hole #14	Tee, Fairway, Green	#14 Restroom
Twin Warriors Hole #15	Tee, Fairway, Green	#14 Restroom
Twin Warriors Hole #16	Tee, Fairway, Green	#14 Restroom
Twin Warriors Hole #17	Tee, Fairway, Green	Clubhouse or Cart Barn
Twin Warriors Hole #18	Tee, Fairway, Green	Clubhouse or Cart Barn

University of New Mexico, Baseball Complex

VENUE LOCATION: Physical address is 1313 University Blvd SE, Albuquerque, NM 87106 South of Pit and directly south of Rudy Davalos center. Access is through south side of Baseball Field in dirt parking lot off University Blvd. Enter through door on east side of cages.

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events.

STORM SAFETY LOCATION: In the event of lightning or severe weather, everyone will be removed from the facility into buses or personal vehicles. They will be allowed to return upon the passing of the storm. (See NMAA Lightning Policy)

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate NMAA official of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: University of New Mexico Hospital: 2211 Lomas St NE, Albuquerque, NM 87106-Decision based on injury and medical insurance.



University of New Mexico, Rudy Davalos, “The Pit”

VENUE LOCATION: Physical address is 1111 University Blvd SE, Albuquerque, NM 87106

The Pit court access is via the ramp on the southeast corner of the arena.

Rudy Davalos Court access is via the double doors at the southeast corner of the gym.

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer. Medbow is to be contacted prior to the start of event by athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. EMS personnel-University of New Mexico- Medbow should be contacted through the radio system and onsite crowd control will guide to scene of incident.

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate NMAA official of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: University of New Mexico Hospital: 2211 Lomas St NE, Albuquerque, NM 87106-Decision based on injury and medical insurance.



University of New Mexico, Softball Complex

VENUE LOCATION: The physical address is 1313A University Blvd SE, Albuquerque, NM 87106. One may access the field via the gravel parking lot just south of the Pit on University Blvd; the field is directly west of the lobo baseball field.

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events. EMS personnel-University of New Mexico

STORM SAFETY LOCATION: In the event of lightning or severe weather, everyone will be removed from the facility into personal vehicles or buses. They will be allowed to return upon the passing of the storm. (See NMAA Lightning Policy)

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate NMAA official of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: University of New Mexico Hospital: 2211 Lomas St NE, Albuquerque, NM 87106-Decision based on injury and medical insurance.



University of New Mexico, Track and Field Complex

VENUE LOCATION: Physical address is 1414 University Blvd Southeast, Albuquerque, NM 87106. The Outdoor Track and Field Stadiums access is the north gate located east of the track offices.

EMERGENCY PERSONNEL: The cell phone number for the appropriate certified athletic trainer.

EMERGENCY COMMUNICATION: Cellular phone is the primary means of communication.

NOTIFICATION PROCEDURE: Contact should be made by the on-site certified athletic trainer. An initial report should include athlete's name, type of injury, and medical facility for care. The on-site Athletic Trainer will inform the coaches on the level of injury and if they athlete will be able to return to play or actions that need to occur (i.e. Transport to ER or treatment options). The on-site athletic trainer will update the on-site NMAA Administrator on the condition of the athlete when information is available.

EMERGENCY EQUIPMENT: The certified athletic trainer will bring his/her medical bag for all events.

STORM SAFETY LOCATION: In the event of lightning or severe weather, everyone will be removed from the facility into personal vehicles or buses. They will be allowed to return upon the passing of the storm. (See NMAA Lightning Policy)

ROLE OF EMERGENCY RESPONDER(S):

1. Immediate care of the injured/ill athlete; maintain airway, control bleeding, treat for shock
2. Retrieve emergency equipment
3. Activate emergency medical system (EMS) by calling 911. Provide the following information:
 - a. Identify yourself and your role in the emergency
 - b. Specify your location and telephone number
 - c. Condition of victim(s)
 - d. Care being provided
 - e. Give specific directions to the scene of the emergency
4. Assist EMS to the scene
 - a. Designate individual to help ensure EMS arrives to the appropriate location
 - b. Open appropriate gates and doors
 - c. Scene control: keep non-emergency medical team members away from the scene
5. Notify appropriate NMAA official of injury or illness
 - a. The designated certified athletic trainer will notify NMAA site administrator if an athlete is transported to the emergency room
 - b. Contact parent/guardian of incident and documentation of the injury.

PREFERRED MEDICAL CENTER: University of New Mexico Hospital: 2211 Lomas St NE, Albuquerque, NM 87106-Decision based on injury and medical insurance.



NMAA LIGHTNING/THREATENING WEATHER POLICY AND GUIDELINES

LIGHTNING AWARENESS

Lightning is one of the most consistent causes of weather-related death or injury in the United States averaging 100 lightning deaths and 1000 injuries annually. Nearly all lightning-related injuries occur between the months of May and September and nearly four fifths occur between 10:00AM and 7:00PM, which coincides with the hours of most athletic events. Generally speaking, it is felt that any time a cloud-to-ground strike of lightning can be seen, or thunder heard, risk is already present. It is time to seek shelter.

AUTHORITY TO SUSPEND PLAY

Bylaw 7.10.1

Once the contest begins the assigned contest officials are responsible for making decisions to suspend or interrupt a contest due to unsafe weather conditions. While the final burden lies with contest officials, it is highly recommended that host site administration and contest officials work together when making any determinations to suspend play and use any and all available information in doing so. On-site medical professionals/athletic trainers should also be consulted and included in the decision-making process. When in doubt, err on the side of safety.

**Note: NMAA representatives directing NMAA State Championship events will have final authority on making decisions to postpone or suspend contests due to unsafe weather conditions.*

CRITERIA FOR SUSPENDING PLAY

Bylaws 7.9.6 and 7.10.6

If the local management does not have commercial weather warning equipment or an efficient method of making an accurate, timely decision on location, listening for thunder and using the "flash-to-bang" count is the best way to mitigate the danger. As lightning approaches, the time in seconds from seeing the stroke to hearing the thunder decreases. For each 5-second count, the lightning is 1 mile away. At a count of 15 seconds (3 miles) there is imminent danger. When thunder is heard within 50 seconds of a visible lightning strike (10 miles), or a cloud-to-ground bolt is seen, the thunderstorm is close enough to strike your location with lightning. Take shelter immediately.

RETURNING TO PLAY

Bylaws 7.9.6 and 7.10.6

Once play has been suspended, wait at least 30 minutes after the last thunder is heard or flash of lightning is witnessed prior to resuming play. Any subsequent thunder or lightning after the beginning of the 30 minute count, the clock should be reset and another 30 minute count should begin.

ADVANCE PLANNING AND MONITORING

Local managers should have a documented plan in place as well as designated people who are responsible for monitoring the weather and relaying information to contest officials. During the contest local managers should be aware of any potential thunderstorms that may form during competition. Monitoring the weather with electronic lightning detection systems (weather apps - i.e. Weather Bug's Spark function) is recommended.

**Note: It is essential that local managers, competing schools and contest officials establish dialogue in advance of contests or events to ensure that all involved understand what the plan will be for determining whether or when to suspend play.*

OTHER SAFETY GUIDELINES

- ✓ Seek appropriate shelter. The safest shelter is a fully enclosed, substantial building with plumbing, electricity and telephone. The next safest is a fully enclosed vehicle with a metal roof and the windows closed. If play is suspended the fields and stands should be cleared. Local managers should develop an evacuation plan, including identification of appropriate nearby safe areas.
- ✓ Avoid being the highest point in an open field, in contact with, or proximity to the highest point. Do not take shelter under or near trees, flagpoles or light poles.
- ✓ Assume the lightning safe position (crouched on the ground, weight on the balls of the feet, feet together, head lowered, and ears covered) for individuals who feel their hair stand on end, skin tingle, or hear crackling noises. Do not lie flat on the ground.
- ✓ Avoid using land-line telephones except in emergency situations. People have been struck by lightning when using a land-line telephone.
- ✓ People who have been struck by lightning to do not carry an electrical charge. Therefore, cardiopulmonary resuscitation (CPR) is safe for the responder. Activate local EMS and call 911. If possible, an injured person should be moved to a safer location before starting CPR. Lightning-strike victims who show signs of cardiac arrest or respiratory arrest need emergency help quickly. Prompt, aggressive CPR has been highly effective for the survival of victims of lightning strikes.



Heat Illness Prevention Protocol

NMAA Bylaw 7.6.21: The athletic trainer and the head coach of each sport and level are responsible for checking the heat index PRIOR TO the beginning of any athletic activity. The heat index for your current location and time can be calculated by entering your zip code into the National Weather Service Heat Index Calculator found on the Sports Medicine page of the NMAA website (www.nmact.org). You may also use the site to calculate for projected high temperatures. If the heat index is above 104, athletic activity must be postponed until later in the day provided the heat index falls to 104 or less. If the heat index is 100-104, consider modifying practices to remove protective equipment and to shorten practice duration. If the heat index is 95-99, use caution, but you may practice. If the heat index is under 95, the risk of heat illness is present, but the risk is greatly reduced. Water breaks should occur every 20-30 minutes during practice. Do not restrict the intake of fluids.

Immersion in cold water is the treatment of choice for management of acute heat exhaustion and heat stroke. Call EMS if you suspect heat illness.

To determine the Heat Index in your area, click on the National Weather Service link below. You can enter the Air Temperature and either the Dew Point or the Relative Humidity and then click the Calculate button. Or, even easier, in the upper left corner of the screen you can enter your Zip Code and then click Go. **Be sure that your computer is using an up-to-date browser.**

National Weather Service Heat Index Calculator:

<http://www.wpc.ncep.noaa.gov/html/heatindex.shtml>

The NFHS has a terrific FREE course called "[A Guide to Heat Acclimatization and Heat Illness Prevention](#)". The NMAA strongly encourages everyone to make use of this FREE resource.



Any event workers working NMAA State Championship Events will need to set up an account with DragonFly to receive payment.

Please follow these instructions:

1. Visit the following link and follow the instructions to sign up as “**Other School Role**”
 - a. https://www.nmact.org/file/DrangonFly_Game_Worker_Volunteer.pdf
 - b. Once your account is created, you will **not** have to repeat this process for future events.
2. Set up your payment preferences in the “My Money” tab within the DragonFly software. Follow the link below for detailed instructions on viewing payments, balance, and transferring funds to your bank account. [How do I view and transfer my money on the website](#)
3. Once the event has concluded and payroll processed (typically 1-2 business days after the event), log back into the DragonFly software to transfer the payment to your linked bank account.
 - a. See above instructions (#2) for instructions on how to transfer money to your bank account.
4. If you have questions setting up your DragonFly account or accessing your funds, please contact Shari Kessler-Schwaner at: shari@nmact.org or 505-923-3279.

New Mexico Activities Association

Athletic Trainer Contact form

Name: _____

Employer: _____

Certification #: _____

NM License #: _____

Address: _____

Email Address: _____

Cell Phone #: _____

Specific Events you are interested in covering:

