

**2021 NMAA STATE TRACK & FIELD CHAMPIONSHIPS  
PROVISIONAL QUALIFYING STANDARDS**

<b>GIRLS</b>					
<b>EVENT</b>	<b>A</b>	<b>2A</b>	<b>3A</b>	<b>4A</b>	<b>5A</b>
100 M	15.14	14.14	14.04	13.84	12.93
200 M	30.42	30.00	29.94	28.09	27.39
400 M	1:14.64	1:14.24	1:07.92	1:06.74	1:03.36
800 M	3:08.00	2:55.00	2:52.00	2:38.00	2:35.00
1600 M	7:50.00	7:23.00	7:00.00	6:12.00	5:46.00
3200 M	17:15.00	16:53.00	15:21.00	14:22.00	12:24.00
100 Hurdles	22.34	21.04	20.34	18.75	17.69
300 Hurdles	1:04.24	56.32	55.94	54.56	48.85
400 Relay	1:01.04	1:00.44	58.00	53.24	50.89
800 Relay	2:20.14	2:18.44	2:05.39	1:54.76	1:47.32
Medley	6:21.58	5:18.00	5:14.95	4:46.18	4:38.82
1600 Relay	5:19.54	5:15.94	5:10.00	4:38.28	4:15.54
4X800 Relay	Top 16	Top 16	Top 16	Top 16	Top 16
Shot Put	24' 07"	25'	26' 3"	27' 1"	30' 10"
Discus	65' 9"	68' 9"	83' 2"	84' 10"	96' 9"
Long Jump	12' 4"	13' 0"	13' 9"	14' 4"	16' 2"
High Jump	4' 2"	4' 2"	4' 4"	4' 4"	4' 6"
Triple Jump	25' 6"	26' 10"	27' 11"	31' 8"	34' 5"
Pole Vault	6'	6' 6"	6' 6"	7'	7'
Javelin	60' 6"	66' 6"	72'	76'	90' 9"

<b>BOYS</b>					
<b>EVENT</b>	<b>A</b>	<b>2A</b>	<b>3A</b>	<b>4A</b>	<b>5A</b>
100 M	12.94	12.84	12.44	11.72	11.45
200 M	25.74	25.74	24.74	23.50	23.28
400 M	1:02.24	59.84	57.24	53.97	52.00
800 M	2:30.00	2:21.00	2:16.00	2:11.00	2:05.00
1600 M	5:57.00	5:38.00	5:25.00	4:58.00	4:44.00
3200 M	12:59.00	12:30.00	11:51.00	11:10.00	10:26.00
110 Hurdles	20.84	20.24	18.24	17.67	16.77
300 Hurdles	58.84	56.44	49.84	44.77	43.62
400 Relay	54.14	53.44	48.64	46.07	45.20
800 Relay	1:50.34	1:49.24	1:42.94	1:37.18	1:34.64
Medley	4:49.54	4:38.34	4:06.14	3:55.86	3:44.97
1600 Relay	4:43.28	4:22.54	3:56.14	3:43.30	3:41.21
4X800 Relay	Top 16	Top 16	Top 16	Top 16	Top 16
Shot Put	34' 6"	35' 1"	36' 9"	40' 9"	44' 11"
Discus	88' 11"	98' 2"	109'	116' 3"	120' 8"
Long Jump	17' 4"	17' 6"	18' 3"	19' 5"	19' 7"
High Jump	5'	5' 4"	5' 4"	5' 4"	5' 6"
Triple Jump	30' 1"	32' 8"	35' 4"	36' 0"	36' 4"
Pole Vault	8'	8'	8' 6"	9' 0"	10' 0"
Javelin	119' 6"	120' 6"	124' 5"	130' 11"	137' 9"