



NMAA WRESTLING WEIGH-IN FORM



SCHOOL _____ EVENT _____ DATE _____

WT. CLASS	NAME	GRADE	ACTUAL WEIGHT
103			
112			
119			
125			
130			
135			
140			
145			
152			
160			
171			
189			
215			
285			

NOTES:

1. All weigh-ins must be conducted in accordance with NFHS Wrestling Rule 4.5.
2. Opposing coaches or tournament directors must check weigh-in and NWCA minimum weight class information for event eligibility. (Either NWCA OPC weigh-in form or this form plus alpha master highlighted)
3. Each wrestler is required to have at least one-half of weigh-ins during the season at the minimum weight class (or below) the wrestler will compete in at the state tournament.

ACTUAL WEIGHTS MUST BE RECORDED AND VERIFIED BY THE HOST COACH/TOURNAMENT DIRECTOR AND THE VISITING COACH. EACH SCHOOL MUST MAINTAIN A COMPLETE FILE OF ALL WEIGH-IN FORMS AND BE PREPARED TO SUBMIT COPIES TO THE NMAA UPON REQUEST.

Host Verification _____
(Coach/Tournament Director)

Visitor Verification _____
(Coach)