



Coaches Education for Professional Development

These online courses have been developed by the National Federation of State High School Associations, are recommended by the NMAA/.NMADA and can be accessed at www.nfhslearn.com. The courses are presented in a media rich format and include additional resources (e.g. videos and documents) that can be viewed, downloaded, printed, etc.

General – All Sports

- “NFHS Fundamentals of Coaching”*
 - Education-based interscholastic sports perspective
 - \$45.00, approximately 4-6 hours online
- “First Aid for Coaches”**
 - Prevention and Treatment of sports related injuries
 - \$55.00, approximately 2-3 hours online
- “Teaching Sport Skills”
 - Organization and instruction of sports skills
 - \$50.00, approximately 2-3 hours online
- “Teaching and Modeling Behavior”
 - Sportsmanship
 - \$20.00, approximately 1-2 hours online
- “Engaging Effectively with Parents”
 - Communication and interaction with parents/guardians
 - \$20.00, approximately 1-2 hours online
- “Concussion in Sports – What you Need to Know”
 - Free, approximately 20-30 minutes online
- “NCAA Eligibility Course”
 - \$20.00, approximately 1 hour online

*Note – this is the course required for NMPED Coaching Licensure – Level 1

**Note – co-sponsored by ARC of Indianapolis, includes a text

Sport Specific

- “Fundamentals of Coaching Football”*
- “Fundamentals of Coaching Softball”*
- “Fundamentals of Coaching Soccer”*
- “Fundamentals of Coaching Volleyball”*
- “Fundamentals of Coaching Wrestling”*
- “Fundamentals of Coaching Cheer and Dance”*
- “AACCA Safety Course for Cheer and Dance”**

*Note – these courses are \$50.00, approximately 2-3 hours online

**Note – this course is \$75.00, approximately 2-3 hours online

Coming Soon

- “Fundamentals of Coaching Basketball”
- “Fundamentals of Coaching Baseball”
- “Fundamentals of Coaching Track and Field”

