

7.24.1 General Rules/Policies

- A. Classes** – There are two (2) classes for boys: A/4A, 5A and one (1) class for girls: A/5A
- B. Dates** – Practice may begin on Monday of Week #19.
- C. NMAA Rules Clinic** – The head coach from each declared wrestling school must attend the October rules clinic or complete the alternate online clinic at www.nmact.org between November 1st and November 15th. Failure to comply shall result in a \$100 fine to the school which will be assessed on December 1st.
- D. Match/Meet Limitation** – Each varsity team/individual is limited to thirty-two (32) competition points prior to the regional tournament. Each sub-varsity team/individual is limited to 28 competition points prior to the regional tournament. Competition points are as follows:

- Dual Meet – 1 point
- Double Dual/Triangular – 2 points
- Quad/One Day Tournament – 3 points
- Two Day Tournament with Single or Double Elimination – 4 points
- Two Day Multi-School Event with No/Limited Elimination – 6 points

- District Duals (6 or fewer schools) – 3 points
- District Duals (7-8 schools) – 4 points
- District Duals (9+ schools) – 5 points

(See bylaw 9.8.12.B for middle school/junior high competition limits)

NOTE #1: Individuals must participate in a minimum of 25% of the team’s regular season scheduled events to be eligible for post-season participation (regional/state tournament). See 7.6.5.

NOTE #2: For Individuals’ limits, all events, sub – varsity (including MS/JH) and varsity count towards an individual’s event limits. When the total number of competition points at all levels reaches 28, the individual is no longer eligible for sub-varsity competition. When the total number of competition points reaches 32, the individual is no longer eligible for further regular season varsity competition.

- E. Individual Wrestler Representation Limited to One Team** – A wrestler cannot represent his/her school on both the junior varsity and varsity level teams during the same event/match.
- F. Weighing in and Weight Management Program**
 - 1. Weigh-in** – Unless otherwise noted as a part of the NMAA Weight Management Program, the National Federation Wrestling Rulebook is followed for dual meet and tournament weigh-ins.
 - 2. Weight Management Program** – The NMAA Weight Management Program shall consist of a biometrically determined lowest allowable weight class, a maximum weight loss per week, and a certified minimum weight procedure. The objectives of the policy are to: a) ensure the health and safety of each participant b) encourage participation, and c) maintain a level competitive environment. The program policies and procedures shall be established annually through the joint efforts of the NMAA staff, the NMAA Wrestling Sport Specific Committee, and the New Mexico Athletic Trainers Association.

3. **Post-Season Eligibility** – Per the Weight Management Program, each wrestler shall be required to have at least one-half (50%) of weigh-ins during the season at, or below, the weight class the wrestler will compete in at the regional tournament.

4. **Girls' Weight Classes**

a. There will be twelve (12) weight classes utilized for girls' wrestling:

| | | | | | |
|-----|-----|-----|-----|-----|-----|
| 100 | 107 | 114 | 120 | 126 | 132 |
| 138 | 145 | 152 | 165 | 185 | 235 |

5. **Boys' Weight Classes**

a. There will be thirteen (13) weight classes utilized for boys' wrestling:

| | | | | | | |
|-----|-----|-----|-----|-----|-----|-----|
| 107 | 114 | 121 | 127 | 133 | 139 | 145 |
| 152 | 160 | 172 | 189 | 215 | 285 | |

G. **Individual Tournament Software** – Schools shall be required to utilize Trackwrestling Software for any varsity tournament that uses individual brackets (www.trackwrestling.com).

H. **Co-Ed Participation** – Co-ed participation is not permitted at the high school level.

7.24.2 **Officials**

- A. Officials working any NMAA sanctioned event must register through the Association. Schools are required to use a registered NMAA/NMOA official for regular season sanctioned events.
- B. The use of a non-registered official for matches subjects the violating school to a fine. Fines/fees are determined by the Board annually.
- C. The NMAA has adopted NFHS Wrestling Rule 3.2, which provides for the use of an assistant referee during competition. (When one is available – not required.)

7.24.3 **District Duals (Boys Only)**

- A. A school must compete in a dual meet competition against each member of the district to be eligible for the Championship. All district dual meets must be completed before the week of the regional tournament.
- B. District placement is determined by district dual meet record.
- C. In the case of a two-way tie, the team that defeated the other in regular district competition will be the champion; the loser will be the runner-up.
- D. In the event that more than two teams tie, the champion and/or runner-up is determined by a point spread system during the season as follows:
 - 1. Compare the results of head-to-head competition: If one team has defeated the other two, that team is declared the champion or runner-up, as applicable.
 - 2. If the tied teams have the same head-to-head record, the champion and runner-up shall be determined by the point spread of dual meets wrestled between the tied teams. Each team

involved uses either a plus or minus spread; if a team wins by 10, they are credited (+10); the other team has a deficit (-10) in the calculation.

3. If two teams tie on the point spread of the tied teams, the team, which defeated the other team in regular district competition, shall be the champion or runner-up, as applicable.
4. If all teams tie in the point spread of the tied teams, the number of matches won (including forfeits) among the tied teams shall be used.
5. If two teams tie in the number of matches won, the team which defeated the other team in regular district competition, shall be the champion or runner-up, as applicable.
6. If all teams are tied on the number of matches won, the point spread of all district duals shall be used.
7. If two teams tie on the point spread of all district duals, the team which defeated the other, shall be the champion or runner-up, as applicable.
8. If all teams are still tied, a coin toss determines placement.

7.24.4 Regional Tournament

- A. **Date** – The regional tournament shall be held during week #32 for girls and week #33 for boys.
- B. **Bracket Software** – Trackwrestling is the approved computer system used for all regional tournaments.
- C. **Individual Varsity Records** – Coaches are required to maintain accurate and complete individual records for their varsity athletes via Trackwrestling. Regional tournament rosters with all varsity win/loss records must be entered into the Trackwrestling system by Tuesday the week of the regional tournament. Failure to submit complete and correct regional tournament rosters with complete and accurate individual records by the deadline will result in a \$250 fine to the school.
- D. **State Qualification** – State qualifying will be based on either automatic qualifying via individual placement at the regional tournament or via the wild card procedure.

NOTE: To be eligible for a regional tournament seed or a state tournament wild card, a wrestler must have at least one quarter (25%) of his/her regular season varsity matches at the weight class entered in the regional tournament.

- E. **Team Scores** – Boys' scores may be calculated unofficially at the discretion of the region. Girls' scores are official and determine district/regional placement.

7.24.5 State Tournament

- A. **Date** – The State Tournament is held during week #34.
- B. **State Tournament Qualifying** – Qualifying shall be determined by placement in the regional tournament OR by the wild card procedure.

- 1. Automatic Qualifying** – The number of automatic qualifiers in each region and classification are as follows:

Class 5A (27 Schools) 1-5A (7), 2-5A (7)
Class A/4A (42 Schools) 1-A/4A (7), 2-A/4A (7)
Girls A/5A (69 Schools) 1-A/5A (7), 2-A/5A (7)

- 2. Wild Card Procedure** – Regional tournament participants not receiving an automatic qualification will be eligible for a wild card berth (*see also 7.24.4.D Note*). The number of wild card selections in each class are as follows:

Girls – (2), Class A/4A – (2), Class 5A – (2)

- Wild cards in each weight class shall be determined by Trackwrestling software.

NOTE: If a region does not use all their allowable automatic qualifiers, that qualifying spot will be added to the wild card pool.

C. Brackets (Weight Classes)

- Seeding/drawing will take place Monday the week of the state tournament.
- Entries are considered verified at the conclusion of each classification's seeding meeting (see 7.24.5.D for exceptions).
- Seeds in each weight class shall be determined by Trackwrestling software.
- Modified double elimination format.
- Bracket placement, byes, drawing as per NFHS rulebook.

D. Withdrawal Deadline

- Deadline for wrestlers to withdraw is 11:59pm Wednesday the week of the state tournament.
- If a seeded wrestler withdraws after the verification of entries, the following rules will be applied:
 - All seeded wrestlers below the withdrawing wrestler will shift up one seed.
 - The first unseeded wrestler in the Trackwrestling seed matrix will assume the final seed.
 - The first alternate is added to the field and the bracket is redrawn.
- If a non-seeded wrestler withdraws after the verification of entries, the following rules will be applied:
 - The first alternate will assume the position in the bracket previously occupied by the withdrawing wrestler.
- Alternates will be selected based on the wild card order created by Trackwrestling.

E. Scoring and Awards

1. Scoring as per the NFHS rulebook.
2. The number of places to be scored and awarded medals in each classification shall be determined by the Board of Directors with input from the Wrestling Sport Specific Committee.
3. Trophies to the top three (3) teams.