WRESTLING RULES UNIT I

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Welcome to the 2016-17 New Mexico Activities Association high school wrestling season. Please note the following important points of emphasis for the 2016-17 season: *see Unit IV for details*

- Trackwrestling Requirements/points of emphasis
- Dates and Deadlines for your planner (suggest download/print)
- State Qualifier/Tournament Information
- District Dual Meet Requirements
- Tournament Hosts/Officials/points of emphasis
- Officials Recruitment, Registered Officials, State Selection, Video Submission
- Verification of Entries
- Forfeits and State Seeding Criteria
- Proper Uniform for Female Participants
- Securing Shoe Laces
- Legal Hair Coverings
- NMAA Event Limits for Wrestling
- Max Preps Requirements
- Control of Communicable Skin Conditions
- NFHS Skin Condition Form
- Wrestling Weight Management Program (suggest a 3 ring binder for info/data)
- "Compete with Class" Sportsmanship Initiative
- Ejection Policies

The points of emphasis for 2016-17 represent current issues that challenge participation in the sport of wrestling and the effectiveness of an education-based athletic experience. Please focus your efforts in these areas and help us <u>collectively</u> make the sport of high school wrestling in New Mexico something we can all be proud of. Though we are competitors, the nature of the sport demands that each of us maintain certain standards to insure the health of ALL the participants, the integrity of ALL competitions, and the quality of the learning experience for ALL.

Sincerely,

Scott Owen

Director of Wrestling

NMAA