



2017-18 NFHS VOLLEYBALL RULES POWERPOINT

National Federation of State
High School Associations



Take Part. Get Set For Life.™

Rules Changes
Major Editorial Changes
Points of Emphasis



NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS (NFHS)





NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- VISION

- The National Federation of State High School Associations (NFHS) is the national leader for education-based high school athletics and activities, which prepare tomorrow's leaders for the next level of life through innovative programs, healthy participation, achievement, and development of positive relationships.





NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- MISSION

- The National Federation of State High School Associations (NFHS) serves its members by providing leadership for the administration of education-based high school athletics and activities through the writing of playing rules that emphasize health and safety, educational programs that develop leaders, and administrative support to increase participation opportunities and promote sportsmanship.



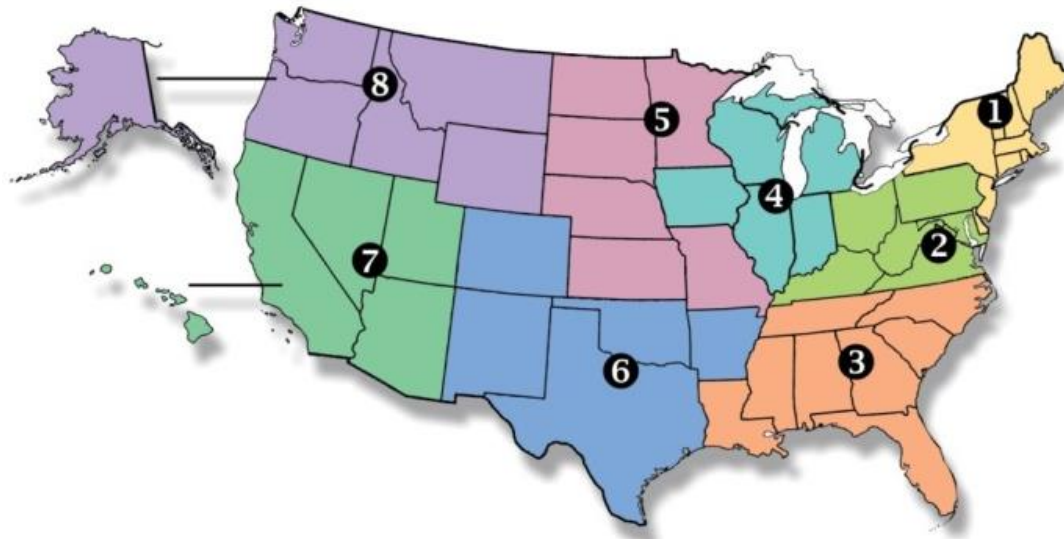
NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- NFHS (located in Indianapolis, IN – Est. 1920):
 - National leadership organization for high school sports and fine arts activities;
 - National authority on interscholastic activity programs.
 - Conducts national meetings;
 - Sanctions interstate events;
 - Produces national publication for high school administrators;
 - National source for interscholastic coach training and national information center.



NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- Membership = 50 member state associations and D.C.
- NFHS reaches more than 19,000 high schools and 12 million participants in high school activity programs, including more than 7.8 million in high school sports.



NFHS RULES REVIEW COMMITTEE

The NFHS Rules Review Committee is chaired by the chief operating officer and composed of all rules editors. After each committee concludes its deliberations and has adopted its recommended changes for the subsequent year, such revisions will be evaluated by the Rules Review Committee.



Davis Whitfield
Chief Operating
Officer



Bob Colgate
Football and Sports
Medicine



Sandy Searcy
Softball and
Swimming & Diving



Elliot Hopkins
Baseball and
Wrestling



Mark Koski
Field Hockey



Julie Cochran
Cross Country,
Gymnastics,
Volleyball and
Track & Field



James Weaver
Boys and Girls
Lacrosse and Spirit



Theresia Wynn
Basketball and
Soccer

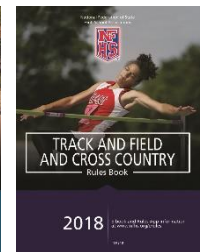
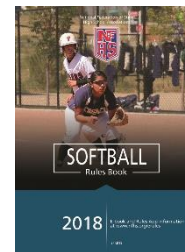
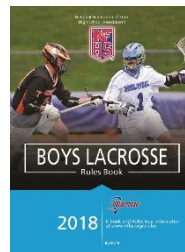
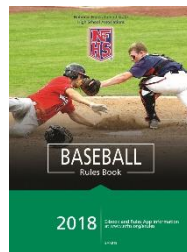
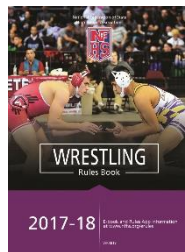
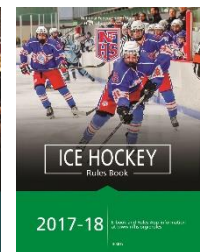
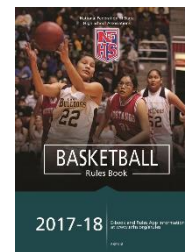
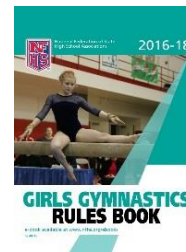
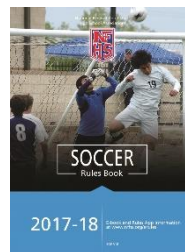
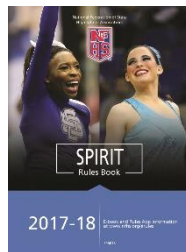
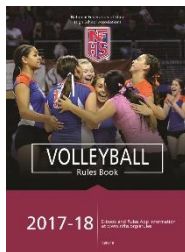


Dan Schuster
Ice Hockey



NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- The NFHS writes playing rules for 17 sports for boys and girls at the high school level.
 - Publishes 4 million pieces of materials annually.



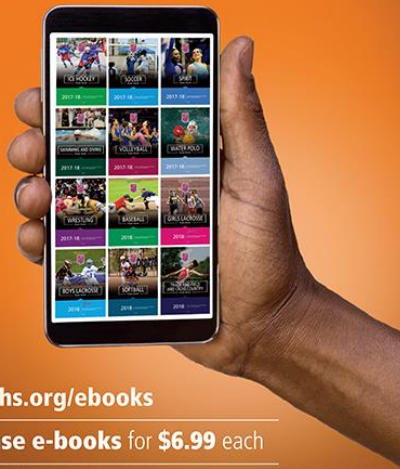
NFHS RULES BOOK AS E-BOOKS

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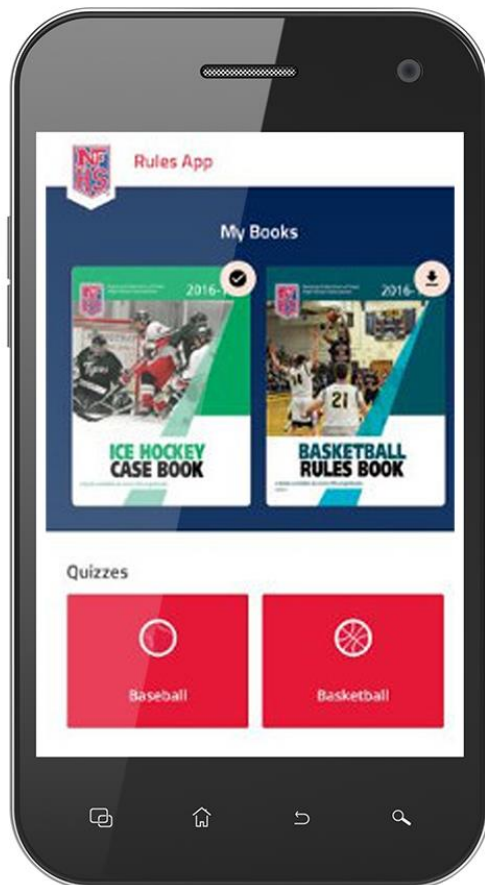
NFHS Rules and Case e-books for \$6.99 each

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 - Adjustable viewing size
 - Immediate availability



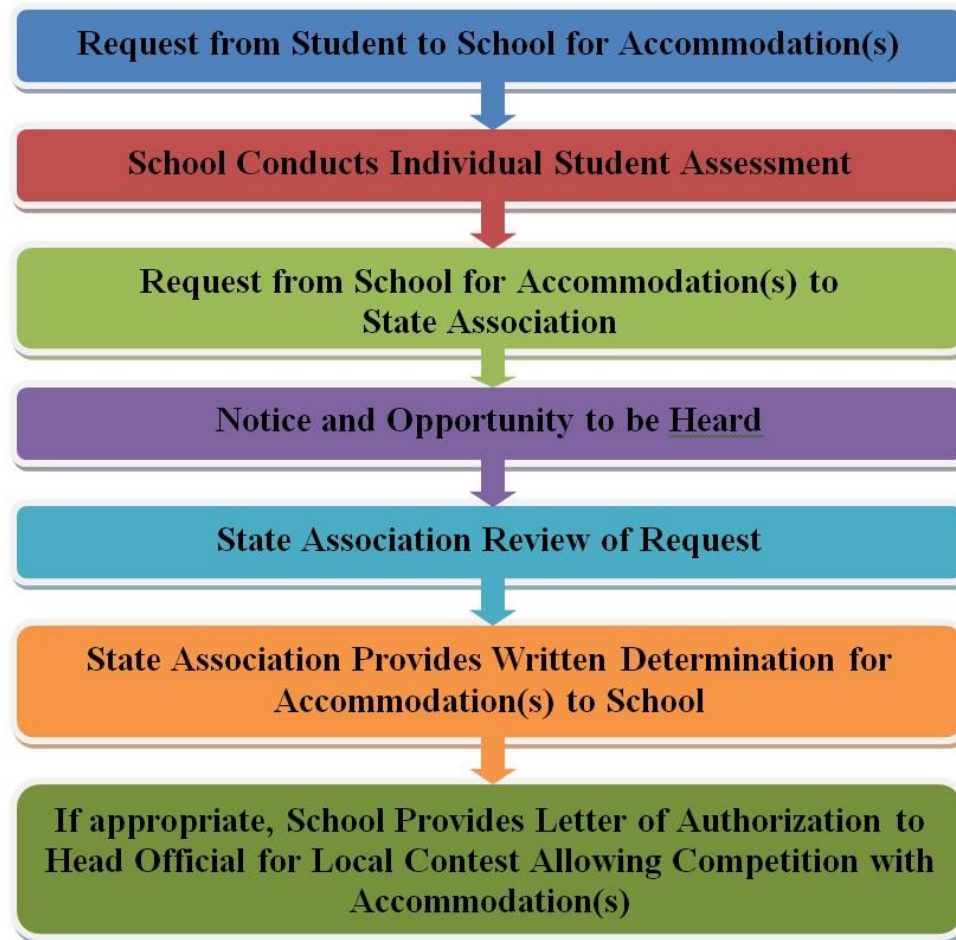
NEW NFHS RULES APP



- Rules App features:
 - Searchable
 - Highlight notes
 - Bookmarks
 - Quizzes for all sports
 - Easy navigation
 - Immediate availability
 - Free to paid members of the NFHS Coaches and Officials Associations
 - www.nfhs.org/erules for more information



GUIDELINES FOR SCHOOLS AND STATE ASSOCIATIONS FOR CONSIDERATION OF ACCOMMODATIONS



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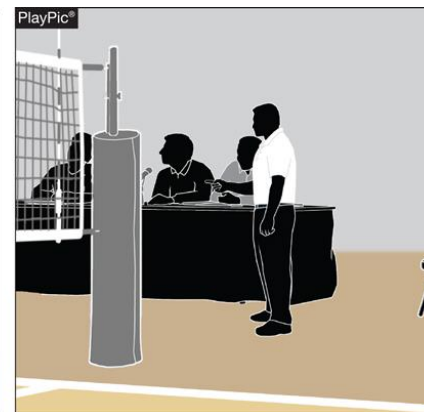
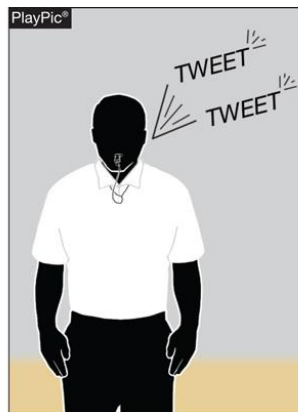
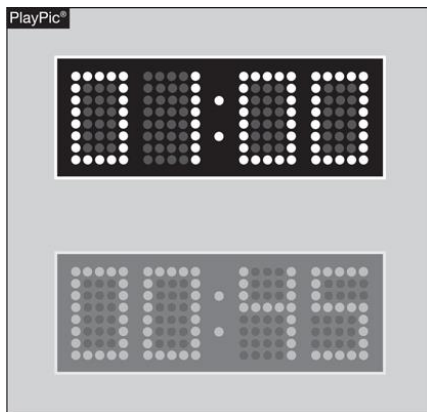
NFHS VOLLEYBALL RULES CHANGES



TIME-OUTS, TIME BETWEEN SETS

RULES 5-5-3b(12), 5-8-3a, 5-5-3b(14)

- The second referee whistles a warning at 45 seconds. The audio signal (horn) officially ends the time-out. The second referee directs to the timer to sound the horn at 60 seconds, and signals the number of time-outs used by both teams to the first referee.

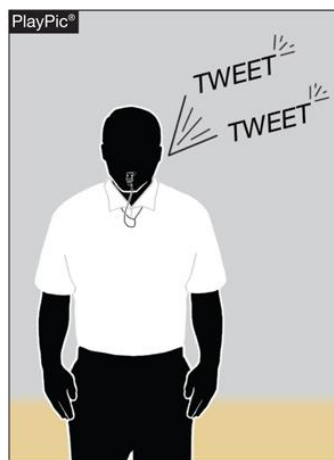


NFHS PARTNER
sports imports

TIME-OUTS, TIME BETWEEN SETS

RULES 5-5-3b(12), 5-5-3b(19) 5-8-3a, 5-8-3c

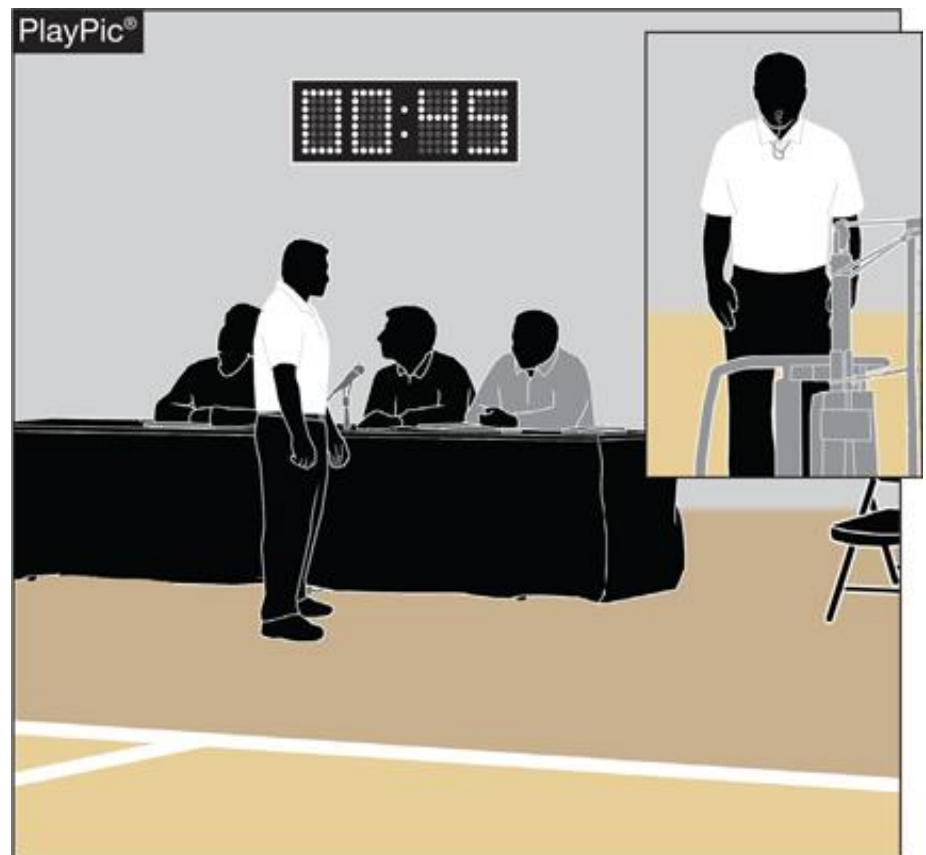
- To end the timed interval between sets or intermission, the second referee and timer shall use similar mechanics as ending a time-out
- The R2 sounds warning whistle at two minutes, 45 seconds (4:45 intermission) to alert teams to return to court
- At the end of three minutes (5 intermission) the timer shall sound the audio signal (horn) to officially end the interval, unless both teams are on the court



TIME-OUTS

RULE 5-4-3c(17)

- The first referee shall whistle to sound a warning at 45 seconds into the time-out, if the second referee is still checking the scoresheet and not available to whistle the warning



REPLAY RULE 9-8-2

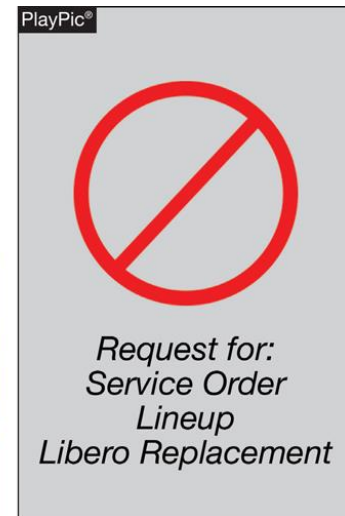
- A replay is the re-creation of the same play with the same personnel
- A replay is considered part of a single play action and administered in the same way as a re-serve



REPLAY

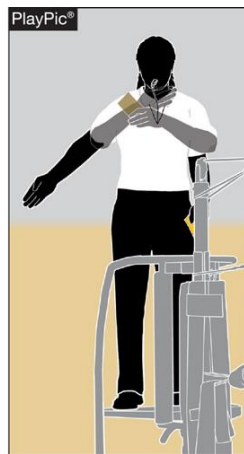
RULE 9-8-2

- Once a replay is signaled by the first referee, no requests for a time-out, service order check, lineup check, substitution, libero replacement, etc., may be recognized until after the replay



UNNECESSARY DELAY OFFICIALS SIGNAL NO. 20

- Previous officials signal #20 is deleted and signals renumbered. For an illegal substitution, only use the unnecessary delay signal. There is no need for two signals for the same violation of unnecessary delay. The illegal substitution can be verbalized to the coach.



PlayPic®

Team South Greenville
Set # 2
Libero # 3

Serve ☒ Receive ☐

I	1
II	2
III	3
IV	4
V	5
VI	6
VII	7
VIII	8
IX	9
X	10
XI	11
XII	12





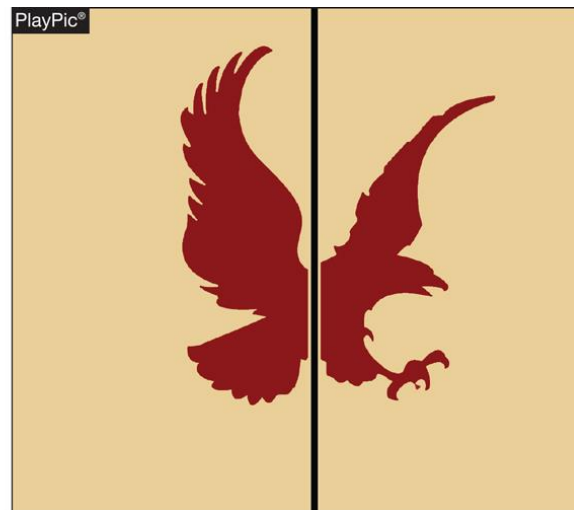
NFHS VOLLEYBALL EDITORIAL CHANGES



COURT MARKINGS - ATTACK LINE

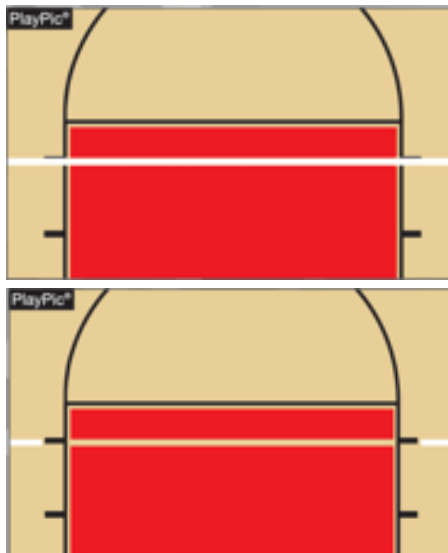
RULE 2-1-5

- The attack line shall be solid and of one clearly visible color regardless of whether or not there is a logo on the court. This ensures visibility to determine legal player action.



COURTS AND MARKINGS

RULE 2-1-2



The boundary lines of the court are strongly recommended to be one clearly visible color contrasting to the color of the floor. A shadow-bordered line may be used for only the center line.

EQUIPMENT AND ACCESSORIES

RULES 4-1 PENALTY 3, 4-2 PENALTY 2

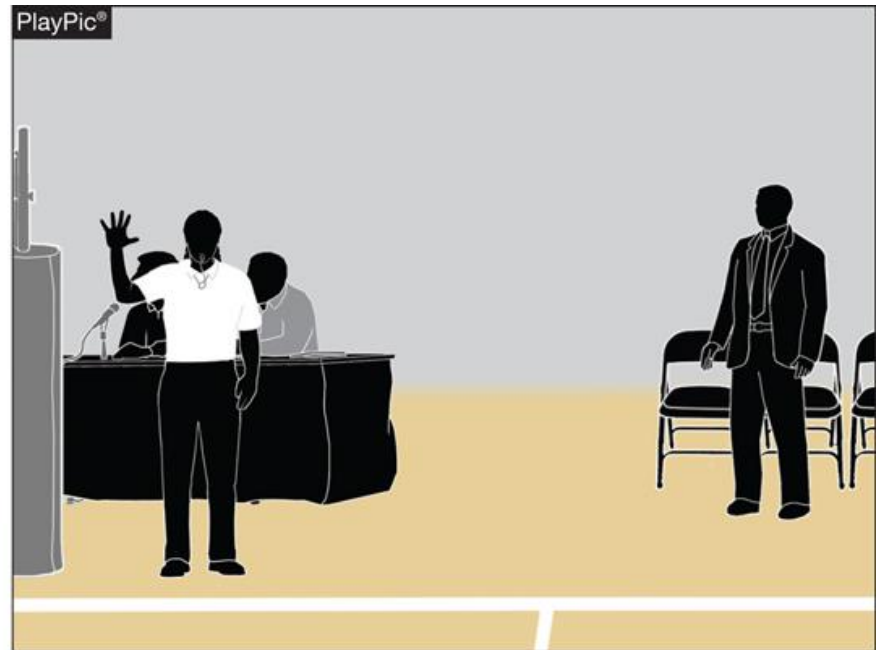
- A player discovered in the set in violation results in unnecessary delay being assessed. The player in violation must be removed from the set until the equipment is replaced or immediately made legal. If a team has a time-out remaining, it may be taken and the player may correct the problem and remain in the set. Same is followed for uniform.



HAND SIGNALS

RULE 5-2-1b

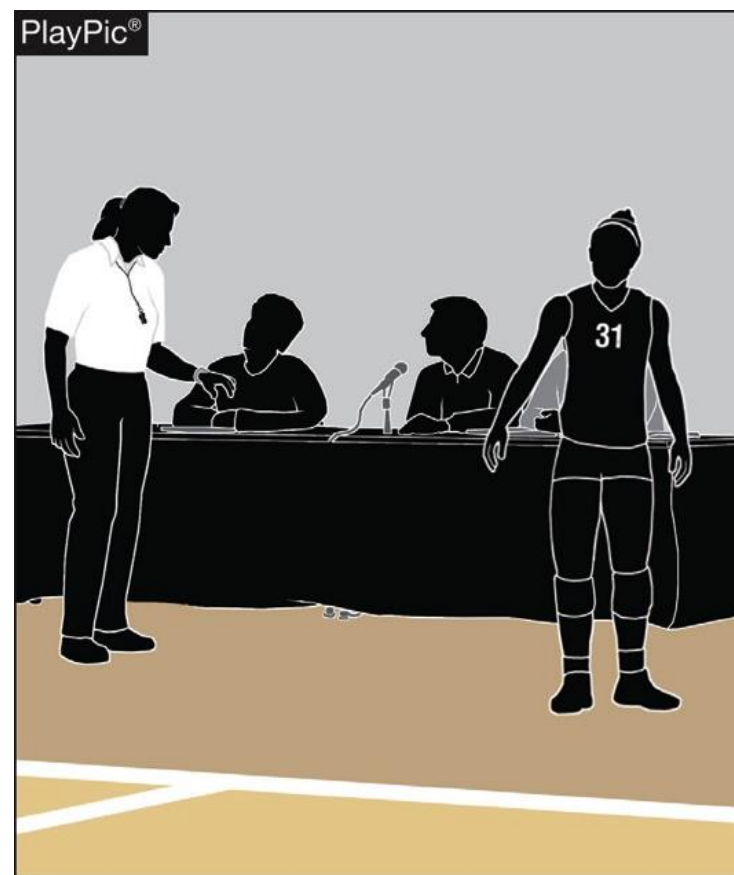
- The words “if necessary” have been deleted and replaced with **“for the net fault”**



SUBSTITUTES

RULE 10-3-3

- The word “replaced” has been changed to **“substituted”** to remain consistent with the substitute terminology



TIME-OUTS AND INTERMISSION

RULE 11-2 PENALTIES 2

- The word “charged” has been changed to “**assessed**” to remain consistent with the proper sport terminology





NFHS VOLLEYBALL POINTS OF EMPHASIS



CONDUCT AND PRIVILEGES OF ASSISTANT COACHES

- Assistant coach has fewer privileges than the head coach
- Stand during dead ball and ask second referee:
 - Number of time-outs used
 - Request serving order of his/her team
 - Request to verify proper server for opponent
- May stand at bench
 - To greet a replaced player
 - Confer with players during time-outs
 - Spontaneously react to an outstanding play by his/her own team
 - Attend to injured player with permission of referee





CONDUCT AND PRIVILEGES OF ASSISTANT COACHES

- Assistant coach shall not stand in bench area during play
- Inappropriate to try to engage second referee in discussions regarding a ruling
- Assistant coach who lingers by continuing to stand once play has resumed may result in card



CONDUCT AND PRIVILEGES OF ASSISTANT COACHES

- Second referee sets the boundaries for assistant coach(es) based on the rules from onset of beginning of the match
- Preventative officiating allows the second referee to professionally address assistant coach
 - Guides assistant coach to follow the spirit of the rules
 - Avoids rushing to a penalty and maintains order in match
- Assistant coach exceeding the boundaries of these rules places himself/herself in a position of possible penalty and detracts from the players and contest itself



SECOND REFEREE'S RESPONSIBILITIES ON A THIRD TIME-OUT REQUEST

- Rule 5-5-3b(11) states second referee has responsibility to grant time-outs
- Rules 11-2-3 provides each team has only two time-outs per set
- If third time-out is requested by coach
 - R2, using preventative officiating, lets coach know he/she has no time-outs remaining
 - Gentle shake of the head or quick question, "Coach, do you want to request a third time-out?"



SECOND REFEREE'S RESPONSIBILITIES ON A THIRD TIME-OUT REQUEST

- Coach persists in request. The R2 recognizes and assesses an unnecessary delay.
 - No time-out is granted and play shall resume immediately, 11-2-3 Penalty 2
- Coach attempting to use a third time-out and unnecessary delay to break momentum of the opposing team is violating the spirit of the rule. A coach is expected to utilize his/her own bench personnel to keep informed on number of time-outs used.



LETTER OF AUTHORIZATION

- Rules require authorization from the state association for
 - Any special accommodation for an individual player
 - Memorial patch on the uniform
 - Any other special circumstances not covered by the rules
- **Responsibility of coach and school** to contact state association to seek authorization
 - Follow procedure for your state
 - Secure authorization prior to season competition
 - Provide appropriate support material
- It is NOT responsibility of official to seek authorization





MECHANICS OF SIGNALS AND COMMUNICATION

- Proper execution of officials signals and positioning of second referee and line judges critical
- Quality of signal mechanics major component of communication



MECHANICS OF SIGNALS AND COMMUNICATION

- 1, 2, 3, approach...
 - **One**, the proper signal and how it looks
 - Sharp signal communicates confidence in call and clearly indicates result of play
 - **Two**, hold the signal long enough that officiating crew is aware of signal; table officials know the call and record accurately; and coaches, fans and media are able to keep up with play action
 - **Three**, release of signal confirming with necessary members of officiating crew action properly attended to such as substitution





MECHANICS OF SIGNALS AND COMMUNICATION

- Sloppy or lazy mechanics will create confusion and could lead to coach becoming upset unnecessarily
- Poor positioning will place the R2 or line judges in location that inhibits their ability to make correct calls
- Signals are the “universal language,” make them count



OFFICIALS AND COMMUNICATION

- Many times an official can be his/her own worst enemy. Quality officiating and keeping the contest free from conflict can be interrupted with just a few inappropriate body actions. Here we have the official who is in the coach's personal space and animated in displaying frustration. This invites a confrontation with the coach. Be aware of the situation and avoid body language that will send the situation into a confrontation.



OFFICIALS SIGNALS NO. 1

- The word “roster” has been added to the title of the signal in manual and signal chart in rules book
- Signal No. 1 Illegal Alignment/Improper Server/Inaccurate Lineup-Roster, Server



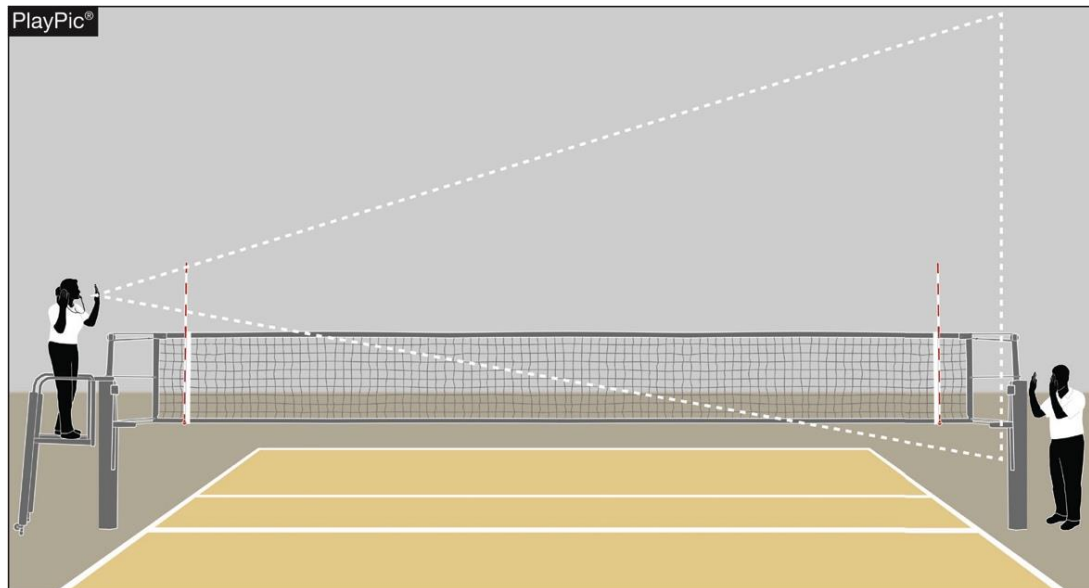
OFFICIALS SIGNALS NO. 3

- A tossed ball that contacts a backboard or its supports hanging in a vertical position over the serving area” has been added for usage of signal
- Signal No. 3



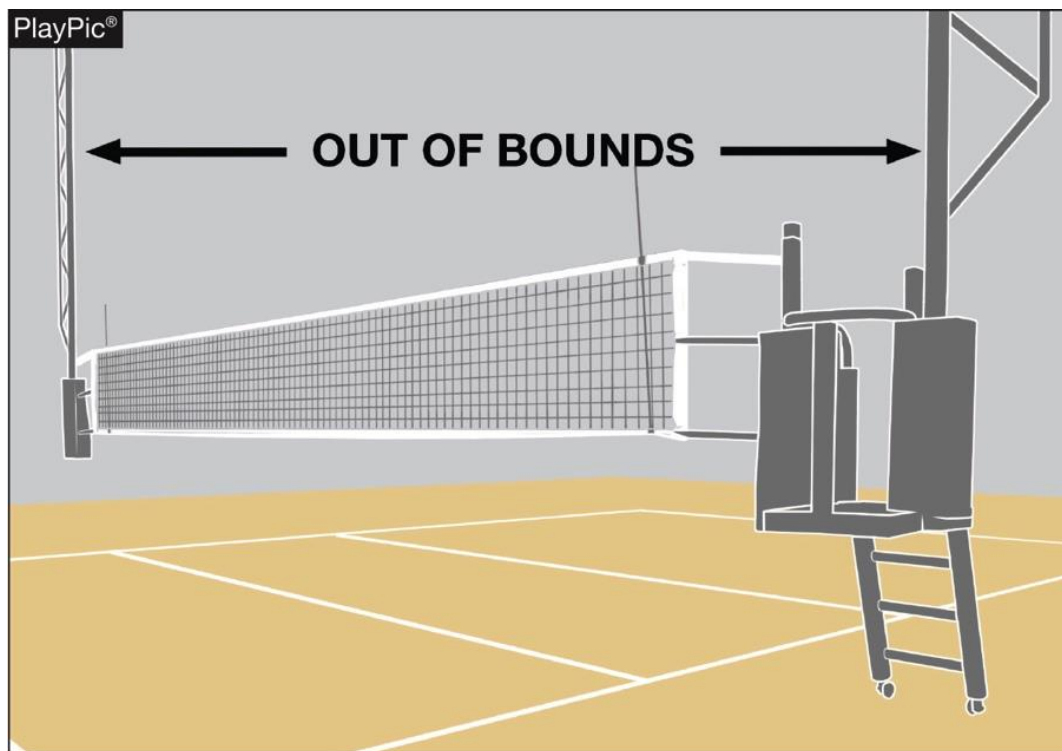
SECOND REFEREE OFFICIALS MANUAL

- Wording added directing the second referee to step laterally toward the side of the net of the offending team after the first referee initiates a call



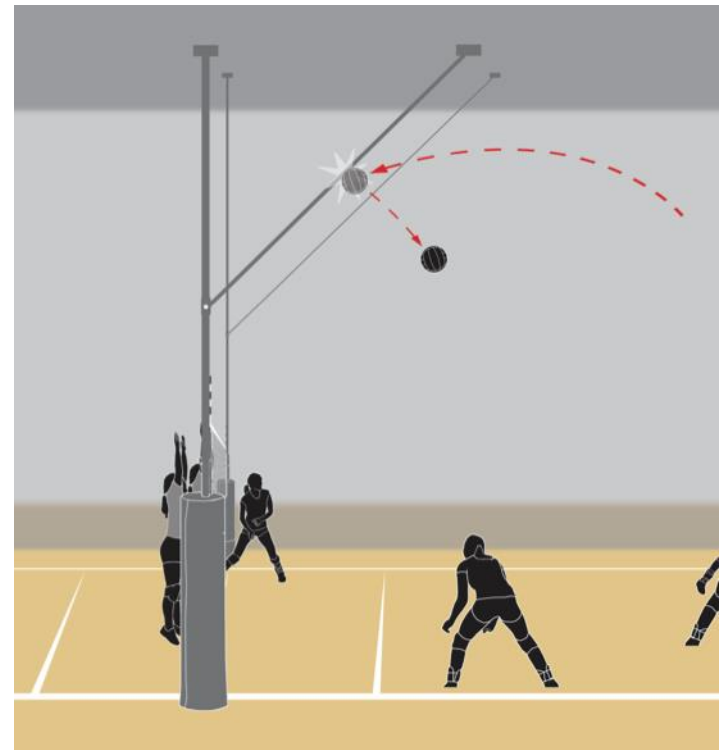
BALL IN OR OUT RULE 9-8-1i

- Ball is out of bounds if it contacts the vertical pole attached to the net in a ceiling-suspended system



REPLAY RULE 9-8-1i

- Ball striking a pole used to retract a suspended net system, may result in a replay at the R1's discretion





NFHS OFFICIALS ASSOCIATION CENTRAL HUB



NFHS OFFICIALS ASSOCIATION CENTRAL HUB

<https://nfhs-volleyball.arbitersports.com/front/105417/Site>

- Contains:
 - Sport information
 - Rules information
 - Rules library
 - Searchable rules book
 - Video content on officiating sport, competition situations and interpretations

The screenshot displays the NFHS Officials Association website, specifically the 'Attack Zone' for volleyball officiating. The header features the NFHS logo, 'OFFICIALS ASSOCIATION', and 'POWERED BY Arbitersports'. Navigation links include 'NFHS HOME', 'VOLLEYBALL', 'VIDEO', 'PUBLICATIONS', 'GROUP INFO', 'FORUM', and 'CONTACT'. A search bar is located in the top right corner. The main content area is divided into three columns. The left column, titled 'Volleyball Rules Information', lists recent updates such as '2017-18 Volleyball Points of Emphasis' and 'New Lineup Procedures Approved in High School Volleyball'. The middle column, titled 'Welcome', features a photo of Becky Oakes, NFHS Director of Sports, and a welcome message. The right column, titled 'Sport Specific Information', provides a list of sports with expandable buttons: Baseball, Basketball, Cross Country, Field Hockey, Football, Gymnastics, Ice Hockey, Lacrosse, Soccer, Softball, Swimming & Diving, Track & Field, Volleyball, Wrestling, and Water Polo.



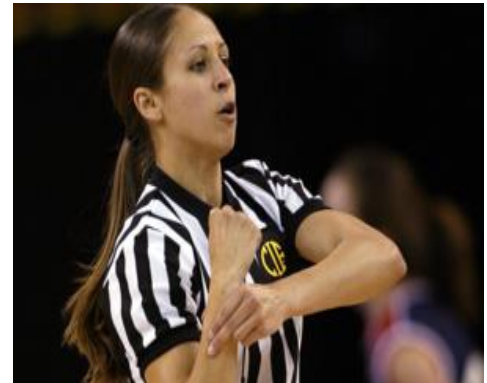
NFHS OFFICIALS EDUCATION COURSE AND VIDEOS

- Ideal for new officials or those in first few years of officiating
- 30-45 minutes to complete
- Topics include: Basics of Becoming and Staying an Official, Science of Officiating, Art of Officiating
- Course is FREE to NFHS Officials Association members, non-members fee is \$20
- NFHSLearn.com
- Sports such as soccer, basketball and baseball offer direct illustrations of the rules book, including rules references and officials signals
- Animated mechanics videos for softball, and baseball umpires
- Video interpretation of the NFHS Basketball Rules Book created through a partnership with the International Association of Approved Basketball Officials



NFHS OFFICIALS EDUCATION COURSE AND VIDEOS

- Additional courses available in...
 - Officiating Basketball
 - Officiating Volleyball: Ball Handling
 - Umpiring Softball
- Courses Coming Soon...
 - Officiating Swimming and Diving
 - Officiating Soccer: Fouls and Misconduct





Officiating Volleyball: Ball Handling

Course Objectives

- Understand the basic rules of contact and the skills performed in a volleyball match.
- Identify and explain examples of illegal and legal contact.
- Practice making ball handling calls on actual player contacts.
- Create consistency in ball handling calls.

Units

- Introduction to Ball Handling
- Rules Governing Ball Handling
- Techniques to Train the Eye
- Variables and External Stimuli
- Overview of Each Skill

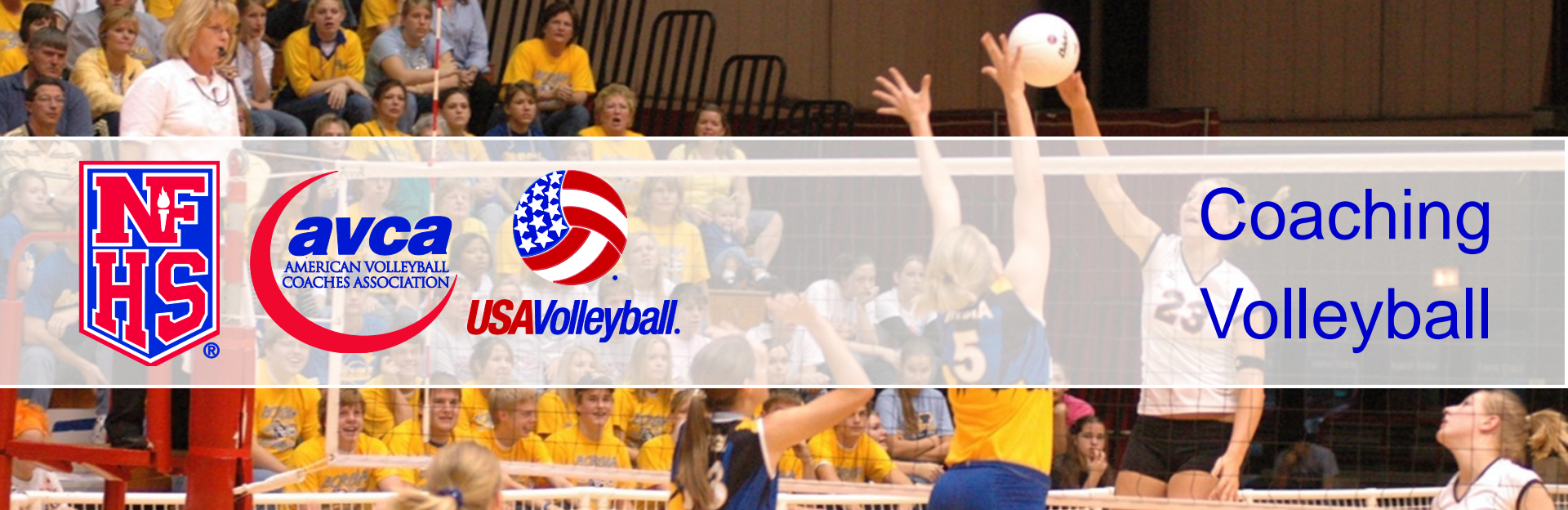
More Information at nfhslearn.com!





NFHS LEARNING CENTER





Coaching Volleyball

Course Objectives

- Drill and practice design – including specific, measurable goals and how to replicate game situations
- Teaching fundamental serving and passing skills – verbal cues, standing float serve, forearm pass and overhead pass
- Teaching fundamental defensive skills – attacking, blocking and digging
- Learn offensive and defensive rotational systems
- How to evaluate and select players

Units

- Match protocols and rules of the court – player positioning, service order, substitutions, libero player, time outs and lineups
- Serving and Passing Skills
- Attacking, Blocking and Digging Skills
- Team Systems: Offense
- Team Systems: Defense
- Team Selections & Rules and Match Management

More Information at nfhslearn.com

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- Social Media
- Introduction to Interscholastic Music
- Concussion in Sports
- Heat Illness Prevention
- Sudden Cardiac Arrest
- Sportsmanship
- Sports Nutrition
- Coaching Unified Sports
- Positive Sport Parenting
- NCAA Eligibility





NFHS NETWORK



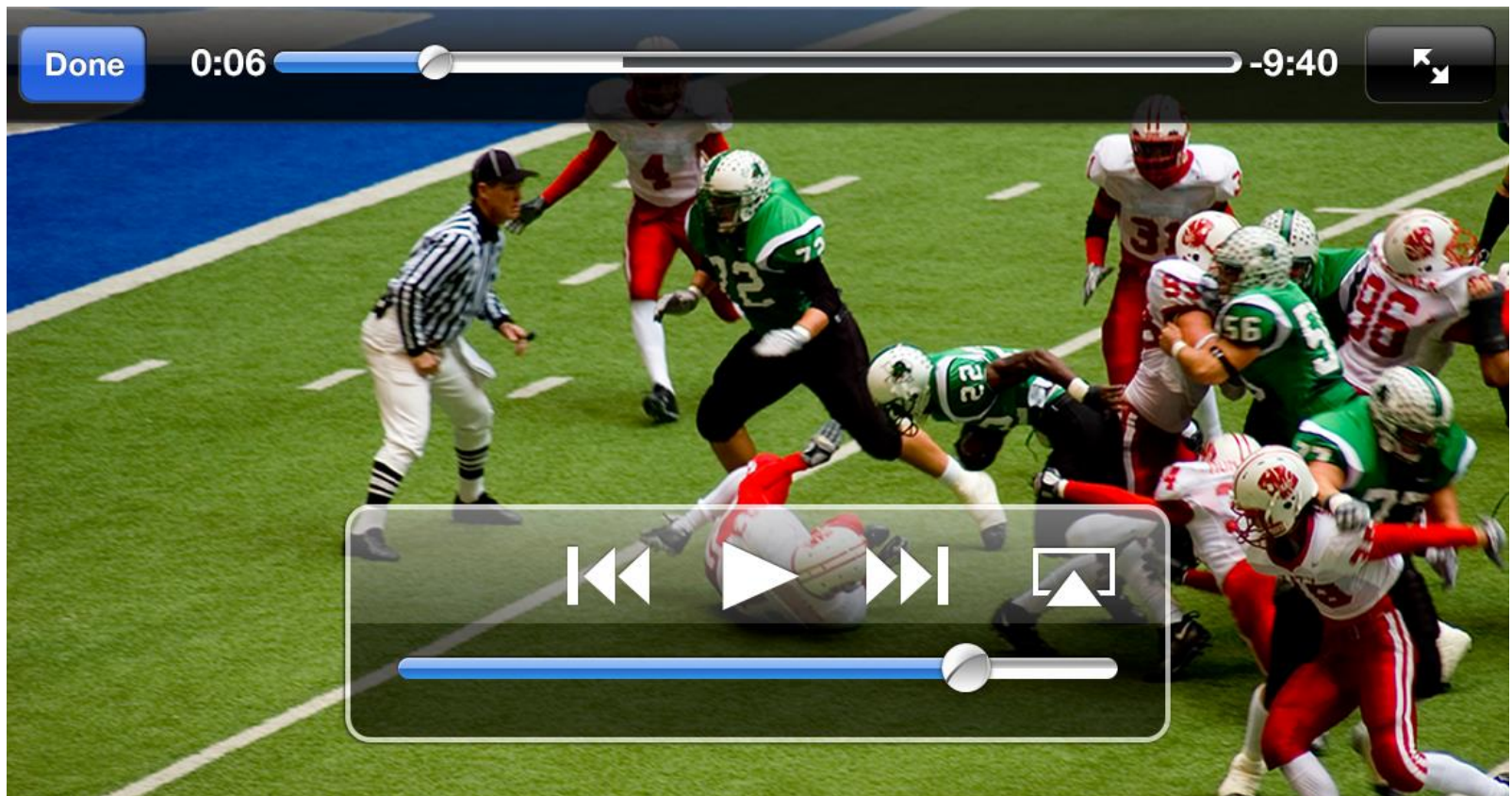
NFHS NETWORK

- By 2020, every high school sporting event in America will be streamed live.
- The NFHS Network will be THE DESTINATION for fans to view these broadcasts.



NFHS NETWORK

- View from mobile...



27 DIFFERENT SPORTS AND ACTIVITIES



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THANK YOU

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