

Tennis Rules- Unit 2 (On-Line Resources)

USTA/National Federation On-Line Resources. Please access the following available resources for rules and information. It is imperative that all NM High School Tennis Coaches are up-to-date with current NMAA and USTA Rules

- www.usta.com United States Tennis Association web site. Access both the ITF rules of tennis and The Code—Friend at Court: USTA Handbook of Tennis Rules and Regulations, 2019 Edition.
- www.nfhslearn.org National Federation of High Schools educational web site. View “free” courses on various topics of interest including critical health and safety guidelines, including “Concussion Management” and “Guide to Heat Acclimatization and Heat Illness Prevention.” By NMAA Rule all coaches, parents and athletes must complete the concussion management disclosure forms and coaches and student athletes must take the on-line concussion video.
- www.nfhs.learn.org The NFHS has developed a “Tennis Coaching Course”. It is available for \$35 on the NFHS Learn web site.
- www.nmact.org New Mexico Activities Association Tennis site. Access NMAA Tennis regulations by clicking “Sports”, then “Spring Sports”, then “Tennis”. The NMAA Tennis Handbook Rules, championship information, JV program information and other important materials are provided.

See the NMAA Heat Illness Guidelines and Heat Index requirements at the bottom of the NMAA home page. See “Heat Index” at the bottom of the page. At the bottom of the Heat Index page is a link to the National Federation Free Course “Guide to Heat Acclimatization and Heat Illness Prevention.”