

Tennis Rules- Unit 2 (On-Line Resources)

USTA/National Federation On-Line Resources. Please access the following available resources for rules and information. It is imperative that all NM High School Tennis Coaches are up-to-date with current NMAA and USTA Rules

- www.usta.com United States Tennis Association web site. Access both the ITF rules of tennis and The Code—Friend at Court: USTA Handbook of Tennis Rules and Regulations, 2018 Edition.
- www.nfhslearn.org National Federation of High Schools educational web site. View “free” courses on various topics of interest including critical health and safety guidelines, including “Concussion Management” and “Guide to Heat Acclimatization and Heat Illness Prevention.” By NMAA Rule all coaches, parents and athletes must complete the concussion management disclosure forms and coaches and student athletes must take the on-line concussion video.
- www.nfhs.learn.org The NFHS has developed a “Tennis Coaching Course”. It is available for \$35 on the NFHS Learn web site.
- www.nmact.org New Mexico Activities Association Tennis site. Access NMAA Tennis regulations by clicking “Sports”, then “ Spring Sports”, then “Tennis”. The NMAA Tennis Handbook Rules, championship information, JV program information and other important materials are provided.

See the NMAA Heat Illness Guidelines and Heat Index requirements at the bottom of the NMAA home page. See “Heat Index” at the bottom of the page. At the bottom of the Heat Index page is a link to the National Federation Free Course “Guide to Heat Acclimatization and Heat Illness Prevention.”

- www.universaltennis.com. UTR (Universal Tennis Rating) will be testing its Team Match Reporting system (TMR) this upcoming tennis season. UTR is the metric system of tennis worldwide, rating every competitive tennis player on a 16-point scale. UTR is now the official rating system of the Intercollegiate Tennis Association. Applied to high school tennis UTR utilizes the most recent 30-matches played (including USTA, High School and League matches) in arriving at a player/doubles team rating based on a 16-point scale. It is designed to encourage more competitive players to play on their high school teams instead of just playing USTA ranking tournaments. It will also facilitate scheduling of non-district matches against opponents with similar rankings, thereby resulting in a more competitive, satisfying overall tennis experience. Signing up is free and takes only about 10 minutes to enter your team roster. **The NMAA IS NOT ENDORSING THE SYSTEM AT THIS TIME, OR LOOKING TO UTILIZE IT TO SEED THE STATE TOURNAMENT.** The NMAA is bringing UTR to our member schools on a trial basis to determine school’s reaction to the program.