# **Kicking Off Your Season**

Provided by the NMAA, the NWCA, & FloSports





# **IMPORTANT DATES IN THE NMAA SEASON**

First assessment date: November 6, 2023

Growth allowance date: January 1, 2024

Minimum wrestling weight lock date: January 14, 2024

State Series Rounds and Dates:

Girls Regionals: February 9-10, 2024

Boys Regionals: February 16-17, 2024

State Tournament: February 23-24, 2024

# **KICKING OFF YOUR SEASON: YOUR ROSTER**

-You will be sent your login directly from TrackWrestling. These logins go out once the NMAA gives the team list to TrackWrestling.

-Always start with importing your roster from last season

-Video Link: How to Import Your Roster from last season

-Then add new additions

-Video Link: Adding New Wrestlers to your Roster

NMAA RULE - Rosters must be completed by December 1, 2023

#### **KICKING OFF YOUR SEASON: ASSESSMENTS**

Assessor Practice Transactions: <u>How to Video</u>

Approving or Denying Weight Assessments: How to Video

Viewing a wrestler's Alpha Master: <u>How to Video</u>

NMAA RULES ON ADMINISTERING ASSESSMENTS:

See D. & E.: <a href="https://www.nmact.org/file/WWMP\_Booklet.pdf">https://www.nmact.org/file/WWMP\_Booklet.pdf</a>

### **KICKING OFF YOUR SEASON: YOUR SCHEDULE**

To Add a Dual Meet: <u>How to Video</u>

To Add an Individual Tournament: How to Video

To Add a Multi-Dual Event: How to Video

-Please note: Once you add a team to an event, it shows up on their schedule to "accept." You can accept events versus adding a second one to avoid duplicate events and results.

NMAA RULE - Schedules must be completed by December 1, 2023

#### **KICKING OFF YOUR SEASON: WEIGH-INS**

Creating a Weigh-In Sheet: How to Video

NMAA RULES on weigh in entry:

See B.5: https://www.nmact.org/file/WWMP\_Booklet.pdf

#### **KICKING OFF YOUR SEASON: YOUR BENEFITS**

#### -LIVE Dual Meet scoring is FREE on TrackWrestling: <u>How to Video</u>

-All OPC Subscribers are also **NWCA Members!** -Please go to NWCAonline.com, navigate to MEMBERSHIP in the top right and explore our members-only portal. **GOOD LUCK this season!** 

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6 General	NWCA Communications National Wrestling Coaches Association Just now - Posted in General			
Contact Support	WIBN Virtual Career & Internship Fair Fast Approachin Coaches, we are just about a month away from the virtual WB By now, pretty much all schools are back in session and we are busing the WIBN website (https://www.wrestlersinbusiness.or registration links, (Feel free to create your own account if you your athletes will experience). VIRTUAL CAREER & INTERNSHIP SEPTEMBER 21, 2023 FAIR	N Career and Internship Fair. e hoping you can help us make a es can register for the event rg/) and following the		
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