

Summary of
NMAA Sports Medicine Advisory Committee Meeting
Tuesday, April 9, 2013
10:00 a.m.
NMAA Hall of Pride and Honor

A regular meeting of the NMAA Sports Medicine Advisory Committee was held on Tuesday, April 9, 2012 at 10:00 a.m. held at the NMAA office building.

The following were in attendance:

Scott Owen, NMAA Assistant Director
Scott Evans, NMAA Assistant Director
Mindy Ioane, NMAA Administrative Assistant
Dr. Alan Rickman, Alamogordo Orthopedics
Missy Archibeck, AT, Eldorado High School
Jeff Archuleta, AT, La Cueva High School
Aaron Stem, AT, Piedra Vista High School

Attendance via teleconference:

Mike McMillian, AT, SW Bone Institute
David Gallegos, AT, SW Sport & Spine

Welcome and Introductions

The meeting was called to order by Mr. Scott Owen, NMAA Assistant Director welcoming those present and introduced himself to the committee at 12:10 p.m. He asked the committee members to introduce themselves to him and other members.

Mr. Scott Evans, NMAA Assistant Director, discussed his background in public school administration and as a director at the NMAA. He also discussed the need for the committee to remain focused to the agenda items at hand and reminded those of their roles as advisors to the NMAA.

Sports Medicine Advisory Committee

NFHS and NMAA Missions: Mr. Owen asked the committee to review both the NFHS and the NMAA mission statements as they mirror each other. During open discussion the committee discussed needs they would like to see in the progression/development of the SMAC. Included in the discussion was the objectives, goals, solicitation of additional committee members, to include school nurses, EMT's, a cardiologist, neurologist and an Athletic Director representative.

- Advised to stay focused on and within the Mission Statement.
- Need for clear direction on how to accomplish goals of the committee.
- Need for follow-up, consistency and direction.
- Need to focus on the objectives and to keep in mind that there is a process to policy changes, etc.
- A strong need to break into committees in effort to accomplish objectives.

- Would like to meet at least 3 times a year.
- Would like a way to converse with SMAC members outside of actual meetings in efforts to accomplish tasks at hand.

NMAA Website Review

Suggestions made to Mr. Owen include:

- A tremendous need for a main page/tab for Sports Medicine to disseminate recommended (or sample) forms, articles and website links pertinent to Sports Medicine.
- Lightning policy – information needs to be posted on the NMAA website with easy access.

Policies and Protocols – Review/Discuss

Mr. Owen presented examples of Illinois High School's Sports Medicine website and website links provided. The committee asked that all information pertaining to Concussion Management, Lightning Policy and Heat Illness/Acclimatization be posted on the website for easy access to information.

Coaches Licensure:

Mr. Evans discussed the NMAA's Recommendation to NMPED to include "First Aid, Health, and Safety for Coaches" for all new Level 1 coaching license applicant and hopes that it will go into effect in July of 2014. The next step will be to include the requirement of CPR certification in the next couple of years.

Physical Form Review

Concerns and issues regarding the Physical Form: The committee would like the last page of the packet labeled "Clearance Form" to be revised as an optional form to be used as a possible form.

Activities Requiring Physicals

Mr. David Gallegos informed the committee that physicals may be required in the future for participants of Band, JROTC, and Bowling. The NMAA Commission will discuss this item in the May, 2013 meeting.

Possible protocols for schools without Athletic Trainers

Mr. Jeff Archuleta will gather information and will pass on to committee members during the June meeting.

Life of an Athlete Update:

Mr. Owen discussed the progress with the Life of an Athlete program that will encompass many narcotics, which will be available in September, 2013.

Adjournment:

The meeting adjourned at 12:10 p.m.