

*Summary of*  
**NMAA Sports Medicine Advisory Committee Meeting**  
**November 20, 2021**  
**9:00 a.m.**  
**Zoom Meeting**

A regular meeting of the NMAA Sports Medicine Advisory Committee was held on Saturday, November 20, 2021 via Zoom.

The following committee members were in attendance:

Tim Acklin, AT, Independent  
Reagan Dunnahoo, PA, Ben Archer Health Center  
Monique Garcia, MD, Presbyterian Medical Group  
Chad Jones, AT, Albuquerque High School  
Michael McMillan, AT, SW Bone & Joint Institute  
Scott Owen, Director of Sports Medicine, NMAA  
Alan Rickman, MD, Champion Orthopaedics  
Aaron Stem, AT, Piedra Vista High School

### **Welcome and Introductions**

#### **WaveOn Presentation**

- Adam Halpern and his team from WaveOn presented information on their telehealth model for athletic training services. WaveOn aims to serve schools and individuals in rural areas without immediate access to athletic training services and other sports medicine related health care by providing them with a telehealth option. WaveOn is still finalizing its organizational and business structure but, when complete, hopes to be able to provide a beneficial health care tool for rural high school athletes.

#### **NMAA Discussion Items**

- ***Covid-19*** – Discussed current Covid-19 guidelines and medical clearance forms. Medical clearance for positive cases with no/mild symptoms was discussed in depth. While there are reports of difficulty in getting to see health care providers for medical clearance, the committee still feels it is prudent that any positive cases be examined and released by a health care professional to ensure the health and safety of each individual.
- ***CPR Certification for Coaching Licensure*** – Discussed various ways to train and educate coaches on CPR. CPR certification for coaches' licensure was discussed as was annual training through the NFHS Learn Sudden Cardiac Arrest Course. Regardless of the method, the committee is in favor of moving forward with some mechanism of required CPR certification/training.

#### **Review Items**

- ***NMAA Sports Physical*** – Discussed/reviewed current NMAA sports physical form. No recommended changes/updates at this time.

- ***Heat Illness Prevention Protocol*** – Committee reviewed current policy and discussed the possible inclusion of wet bulb globe temperature (WBGT). Due to the relatively low prevalence of humidity in the state along with difficulty in getting accurate measurements and the costs associated with purchasing WBGT thermometers, the committee expressed that WBGT may be an impractical pursuit for the Association at this time.
- ***School Health & Safety Self-Audit*** – Discussed/reviewed the current NMAA School Health & Safety Self-Audit. No recommended changes/updates at this time.
- ***Air Quality Policy*** – Due to recent wildfires and the high prevalence of dust in certain areas of the state, the inclusion of an air quality policy was discussed. No formal recommendation was made at this time and more information will be gathered and reviewed before pursuing further.

**ADJOURN**