

-State Records can only be set at a State Meet.
 -The lifter must have a Total at a State Meet to hold a State Record.

**NMAA Powerlifting
 Girls State Records**



Wt. Class	Lift	Athlete	Team	Record	Year
97	Squat	Estefanie Nayarez	Atrisco Heritage	150	2023
		Kylie Griego	Silver	150	2023
		Delaney Pack	Lovington	150	2023
	Bench	Estefanie Nayarez	Atrisco Heritage	95	2023
	Deadlift	Abby Rivera	Lovington	195	2023
	Total	Estefanie Nayarez	Atrisco Heritage	430	2023
105	Squat	Mariah Velasco	Portales	190	2023
	Bench	Audrey Siderek	Eldorado	95	2023
	Deadlift	Audrey Siderek	Eldorado	240	2023
	Total	Audrey Siderek	Eldorado	500	2023
114	Squat	Sonja Duran-Baca	Highland	210	2023
	Bench	Ari McCabe	Legacy	115	2023
	Deadlift	Ari McCabe	Legacy	250	2023
	Total	Ari McCabe	Legacy	545	2023
123	Squat	Anna Dannenberg	Cleveland	265	2023
	Bench	Leslie Nayarez	Atrisco Heritage	125	2023
	Deadlift	Niquela Vallegos	Rio Rancho	295	2022
	Total	Anna Dannenberg	Cleveland	655	2023
132	Squat	Yarezi Palma	Goddard	250	2023
	Bench	Isabella Vigil	Valencia	150	2023
	Deadlift	Jaylee Gandert	Cleveland	315	2023
	Total	Lauren Ocampo	Centennial	680	2023
148	Squat	Reece Cave	Rio Rancho	280	2023
	Bench	Aveolela Pili	Centennial	145	2023
	Deadlift	Lexi Ruiz	Sandia	315	2023
		Regina Trevizo	Cleveland	315	2023
	Total	Aveolela Pili	Centennial	715	2023
165	Squat	Katelyn Padilla	Capital	275	2023
	Bench	Zantelle Rodriguez	Centennial	165	2023
	Deadlift	Katelyn Padilla	Capital	345	2023
	Total	Katelyn Padilla	Capital	740	2023
181	Squat	Aniela Tellez	Cobre	300	2023
	Bench	Aliyah Salas	Centennial	150	2023
	Deadlift	Emma Garrison	Lovington	355	2023
	Total	Aniela Tellez	Cobre	780	2023
198	Squat	Shanti Khalsa	Santa Fe	305	2023
	Bench	Emily Andujo	Lovington	135	2023
	Deadlift	Emily Andujo	Lovington	365	2022
	Total	Emily Andujo	Lovington	765	2023
220	Squat	Marissa Cerillo	Rio Rancho	315	2023
	Bench	Linda Anderson	Lovington	160	2022
	Deadlift	Riley Martin	La Cueva	365	2023
	Total	Marissa Cerillo	Rio Rancho	795	2023
259	Squat	Alexys Salas	Silver	315	2023
	Bench	Alexys Salas	Silver	170	2023
	Deadlift	Alexys Salas	Silver	405	2023
	Total	Alexys Salas	Silver	890	2023
SHW	Squat	Yesenia Bahena	Jal	280	2022
	Bench	JayIn Yanez	Lovington	135	2023
		Ariel Dorado	Organ Mountain	135	2023
	Deadlift	Adriana Toledo	Cuba	335	2023
Total	Adriana Toledo	Cuba	710	2023	