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Memorandum

To: NMAA Wrestling Schools
From: Scott Owen, Wrestling Director

RE: GIRLS' WRESTLING UPDATES FOR 2025-2026

Below are some girls' wrestling updates/reminders for the 2025-2026 school year. This information is specific to high school wrestling.

- **NEW** Girls' Weight Classes will expand from 12 to 14 this season. The new weight classes will be **100**, **105**, **110**, **115**, **120**, **125**, **130**, **135**, **140**, **145**, **155**, **170**, **190**, **235**
- Girls shall participate with their own gender throughout the season.
- Girls will have their own Trackwrestling season and all varsity-level matches shall be entered there and included for state seeding purposes.
- Varsity competition limits for girls will be the same as the boys; 32-point limit (see NMAA 7.24.1.D).
- Girls will not have a district dual meet requirement.
- There will be one classification and two regions for all wrestling schools (see following page).
- The two state-qualifying regional events will take place Week #32 (February 6-7, 2026). Seven participants from each region will automatically qualify to the state tournament. Additionally, two wildcards will be selected for a total of 16 state qualifiers in each weight class.
- The State Championships will be held Week #34 (February 20-21, 2026) at the same time and venue as the boys' event.
- Weight classes, state classifications, alignments and qualifiers will continue to be reviewed annually.

If you have any questions, please don't hesitate to contact me directly. Best of luck to you all and thank you for your efforts.

Sincerely,

Scott Owen

NMAA Director of Wrestling

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WRESTLING - STATE/CLASS/ALIGN/QUALIFY - 2024-2026

Wrestling - Class 5A (27 Schools)

Region 1-5A Region 2-5A Capital ABQ High Cibola Alamogordo Cleveland Atrisco Heritage Eldorado Carlsbad Farmington Centennial La Cueva Clovis Manzano Gadsden Piedra Vista Hobbs Rio Rancho Las Cruces Sandia Los Lunas Santa Fe Mayfield Volcano Vista Organ Mountain

Rio Grande Roswell West Mesa

Qualifiers 7 7 14 2



AQ WC Total

Wrestling - Class A-4A (40 Schools)

Region 1-4A Region 2-4A Aztec ABQ Academy Bloomfield Artesia Española Valley Belen Gallup Bernalillo Hozho Academy Chaparral Kirtland Central Cobre Los Alamos Del Norte Miyamura Deming Moriarty Goddard Newcomb Grants Pecos Highland Legacy Academy Pojoaque Raton Ruidoso Robertson Santa Teresa Shiprock Silver

St. Michael's Socorro
Taos St. Pius
Tucumcari Tierra Encantada
West Las Vegas Valencia

West Las Vegas Valencia Wingate Valley

 AQ WC Total

 Qualifiers
 7
 7
 14
 2
 16

Wrestling - Girls A-5A (67 Schools)

Region 2 Region 1 Aztec Newcomb ABQ Academy Hobbs Bloomfield Pecos ABQ High Las Cruces Capital Piedra Vista Alamogordo Legacy Academy Cibola Artesia Los Lunas Pojoaque Mayfield Cleveland Raton Atrisco Heritage Eldorado Rio Rancho Belen Organ Mountain Española Valley Robertson Bernalillo Rio Grande Farmington Sandia Carlsbad Roswell Centennial Gallup Santa Fe Ruidoso Hozho Academy Shiprock Chaparral Santa Teresa Kirtland Central St. Michael's Clovis Silver Socorro La Cueva Taos Cobre Los Alamos Tucumcari Del Norte St. Pius Manzano Volcano Vista Deming Tierra Encantada Miyamura West Las Vegas Gadsden Valencia Moriarty Wingate Goddard Vallev Grants West Mesa

 Highland
 AQ WC Total

 Qualifiers
 7
 7
 14
 2
 16