

Introduction

Greetings from the New Mexico Activities Association and welcome to another year of New Mexico High School Cross Country! It has always been a pleasure working with each of you and I look forward to the opportunity of continuing to do so.

Please make sure that you adhere to the following points of emphasis:

- For the 2019-2020 Cross Country season, there will be four classifications. Please make sure you check on both so you know which district and classification your team will be competing in.
- One change this year to the State Championship schedule will be the awards. All awards will be given out following each race. This means that individuals and teams will receive their medals and trophies at the conclusion of their race.
- This year we will continue to host a packet pick up time for teams to pick up their team packets the day prior to the state meet. If a team is unable to pick up their packets at this time, they will be allowed to pick up their packets the morning of the state meet. There will be no meeting that follows packet pick up since all meet information is communicated directly to you via email and our website prior to the state championship meet.
- All coaches working within your program, paid or volunteer, must possess a valid coaching license issued through the New Mexico Public Education Department.
- All student athletes participating in NMAA sanctioned sports must have the results of a current physical examination and proof of medical insurance filed with your school's director of athletics.
- All student athletes participating in NMAA sanctioned sports must meet current eligibility criteria as required by New Mexico State Legislation and the New Mexico Activities Association.
- Be knowledgeable of and enforce the NMAA Heat Illness Prevention Protocol, which can be found in section 7.6.21 of the NMAA bylaws.
- Familiarize yourself with all NMAA Cross Country Bylaws (7.14)
- District alignments for all classifications can be found in Section IV of the NMAA Handbook which can be accessed on the NMAA website at nmact.org.

The NMAA mode of communication with you will be through the NMAA Website, by phone, text, or through e-mail. If you are a first year head coach of a program, or a current head coach and you have not been receiving my emails, or your contact information has changed please e-mail me at jackie@nmact.org so that we can ensure that all cross country communication is sent to you.

Best wishes for a great season!

Jacquelyne Martinez
NMAA Assistant Director
Cross Country