



2022 U.S. Bank State Swimming & Diving Championships

Los Alamos Captures Boys' State Swimming & Diving Championship

What a performance by Los Alamos High School and one standout senior swimmer! The Hilltoppers swam laps around the field at the 2022 U.S. Bank State Swimming and Diving Championships. Los Alamos finished first with 338 points, more than 100 points ahead of second place Eldorado (237) and Albuquerque Academy (227).

Los Alamos senior Orion Henderson, who will swim collegiately at the University of Arizona, won individual titles in the 200yd Individual medley (1:48.97), along with a three-peat win in the 500yd freestyle (4:34.23). Los Alamos also swept the relay events in the one-day meet: the 200yd medley relay (1:35.34), 200yd freestyle relay (1:27.28), and 400yd freestyle relay (3:09.26-new state record).

Cibola's Jamin Harlan, who will swim at the University of West Virginia, won the 200yd freestyle race (1:41.94). Eldorado sophomore Nolan Arnholt won the 100yd freestyle event in a time of 46.51. Daschel Bonners-Turner of Santa Fe High School took the 50yd freestyle title (21.94). St. Pius X swimmer Leo Kim won the 100yd breaststroke (59.00) after finishing second in that event last season. Farmington's Mosiah Sevey won the diving competition for the second straight year.

St. Michael's won the Class A-3A blue trophy behind double-winner Ethan Manske who took top honors in the 100yd butterfly (51.06) and 100yd backstroke (50.75).



Albuquerque Academy Girls' Swimming Team Earns another Title

For the sixth year in a row, the Albuquerque Academy girls lifted the State Championship trophy and banner in their home pool. The Chargers finished first at the 2022 U.S. Bank State Swimming and Diving Championships with a total of 308.5 points. Eldorado was second with 246 and Los Alamos third with 238. Santa Fe Prep was the small-school state champion.

Academy won the first event of the day, the 200yd medley relay in a time of 1:48.21. Academy's Coralie Norenberg contributed to her team total with a win in the 100yd freestyle event (53.06), Academy's only individual win of the meet.

Los Alamos finished with a pair of double individual medalists, both with the same last name. Kelly Wetteland won the 200yd individual medley (2:03.99) and the Navy recruit also won the 100yd breaststroke event in a time of 1:02.42, just off the state record of 1:02.01. Her sister, Anna, picked up wins in the 50yd freestyle (23.74) and the 100yd butterfly (57.62). The Wetteland sisters were also both on the Los Alamos 400yd freestyle relay team, which won in a time of 3:37.48.

Reese Hinnerichs of Hope Christian walked away with a pair of individual wins. She finished first in the 200yd freestyle race (1:52.18) and the 500yd freestyle event (5:09.73). Hinnerichs also swam the anchor leg of Hope's winning team in the 200yd freestyle relay (1:41.74).

Albuquerque High's Nadine Coulie won the diving competition by 73 points with a score of 467.35. It's her third victory in that event. Speaking of repeat winners, Eldorado sophomore Makaela Perea finished first in the 100yd backstroke (56.96) for the second year in a row.

It was the first state championship for Albuquerque Academy head coach John Butcher, who replaced Hall of Fame coach Dave Barney.

