



New Mexico Activities Association 2020-2021 Covid-19 Guidelines and Procedures Basketball, Swimming & Diving

The following guidelines were created to allow for the safe participation of student-athletes during the Covid-19 Pandemic. The following guidelines follow best practices and recommendations from the governing body of State High School Associations, the National Federation of State High School Associations (NFHS), and will continue to remain within the scope of all state public health orders.

Competition during the spring semester of the 2020-2021 school year will follow these general guidelines and will be subject to change based on Governor's orders:

- No overnight travel
- No consecutive-day competitions
- Masks shall be worn at all times by all individuals in attendance
- Social distancing measures shall be in place at all times other than when engaged in competition
- With Governor permission, spectators shall be permitted but not to exceed 25% of facility capacity
 - Ticketless entry is strongly recommended
 - Spectator entry/exit procedures shall follow all social distancing requirements
 - Spectators shall not be permitted behind team benches
 - Spectator areas/seats shall be clearly marked to ensure social distancing requirements are met

BASKETBALL GUIDELINES

1. Practice Guidelines

- a. See NMAA Return to Play Guidance document: [https://www.nmact.org/file/NMAA-RETURN TO PLAY GUIDELINES.pdf](https://www.nmact.org/file/NMAA-RETURN%20TO%20PLAY%20GUIDELINES.pdf)

2. Event Guidelines

a. General

- i. Spectators shall be permitted (per Governor approval) but not to exceed 25% of facility capacity.
- ii. Tournaments shall not be permitted.

b. Pre-Match Conference

- i. Limit attendees to the head coach from each team and referee.
- ii. Move the location of the pre-match conference to center court with one coach and one referee positioned on each side of the center circle. All individuals maintain a social distance of 6 feet.
- iii. Suspend the use of handshakes prior to and following the Pregame Conference.

c. Team Benches

- i. Limit the number of bench personnel to observe social distancing of 6 feet or greater.
- ii. Chairs and rows may be added to allow bench personnel to observe social distancing of 6 feet or greater.
- iii. Spectators shall not be permitted behind team benches.
- iv. Limit contact between players when substituting.
- v. Masks shall be worn at all times.

d. Officials Table

- i. Place officials table sufficiently away from the sideline to allow for additional space for substitutes.
- ii. Limit to essential personnel which includes home team scorer and timer with a distance of 6 feet between individuals. Other personnel (visiting scorer, announcer, media, statisticians, etc.) are not deemed essential personnel and will need to find an alternative location.

e. Pre and Post Match Ceremony

- i. Eliminate handshakes before and after the match.

f. Basketball Sanitation

- i. Ball given to the officials in the locker room where it is sanitized.
- ii. The host school will sanitize the ball during time outs and between quarters.

g. Officials Uniform and Equipment

- i. Cloth face coverings are required.
- ii. Electronic whistles or any other whistle that can be used with face covering shall be utilized.
- iii. Long-sleeved shirts are permissible.
- iv. Gloves are permissible.

h. Other Considerations

- i. **Throw-In** – Official shall stand 6 feet or greater away from the player making the throw-in.
- ii. **Free Throw Administration** – The lead official shall stand on the end line and bounce the ball to the free thrower.
- iii. **Jump Ball** – Eliminate the jump ball. The visiting team will receive the first alternating possession for the throw in. To start an overtime period, a coin toss will determine which team is awarded the ball.

3. Season Dates

- a. Practice Start Date: March 22, 2021
- b. First Competition Date: March 27, 2021
- c. Season End Date: May 8, 2021

SWIMMING & DIVING GUIDELINES

1. Practice Guidelines

- a. See NMAA Return to Play Guidance document: https://www.nmact.org/file/NMAA-RETURN_TO_PLAY_GUIDELINES.pdf

2. Event Guidelines

- a. Spectators shall be permitted (per Governor approval) but not to exceed 25% of facility capacity.
- b. Per the Governor's orders, masks must be worn by everyone in attendance and on deck. All individuals not actively participating in athletic activities should wear face masks. This includes coaches, athletes, and volunteers. Athletes participating must wear a mask until they are called to deck for their competition. Masks may be removed prior to competition while on deck.
- c. All facilities need to be in compliance with the COVID guidelines that the Governor has set forth. Please make sure all entrance and exits are being utilized and monitored correctly to keep in compliance with the event participant limitation. Meet hosts will be responsible for addressing this in their meet information sent to competing teams.
- d. All individuals should be socially distanced at all times.
- e. Restrooms must be provided and sanitized after each use. If you are the host of the meet, you are responsible for providing workers to consistently sanitize the restrooms.
- f. Each athlete will have to be responsible for his/her own water during the swimming and diving meet. No shared water bottles will be allowed.
- g. Athletes should arrive at facilities prepared for practice or a meet (proper attire, minimal personal belongings, etc.) as locker room usage may be restricted. Athletes should plan on leaving the facility in their suits, showering and washing clothing upon arrival at home.
- h. All individuals should practice safe hygiene, including hand washing, refraining from spitting, restricting athletes from congregating when rinsing off.
- i. Meet hosts are not allowed to host a hospitality room. All athletes, coaches, officials, and workers are responsible for their own snacks while attending a meet.
- j. Athletes should be spaced out in the pool to ensure socially distancing at all times. It is recommended that no more than 4 athletes share a lane at a time, alternating two athletes at one end. There should never be more than two athletes stopped at the wall in the same lane. This applies during practice, meet warm ups, during meet, etc.
- k. Meet hosts should collaborate with attending schools they are competing against to ensure everyone is aware of the facility rules and regulations.
- l. Teams should coordinate for specific warm-up and warm down times that allow for continued social distancing. We recommend allowing a 50 warm down after each heat that takes place, this will allow for you to monitor the warm down area and prevent athletes from congregating.

- m. Teams should refrain from high fives, team cheers in groups, congregating in team areas that do not allow for social distancing.
- n. Swimmers should refrain from congregating behind the blocks. This may mean coordinating with the officials to allow enough time for finished heats to exit the area before the next heat enters the area.
- o. Lap counting personnel should be limited to one person per lane. Host teams should provide cleaning materials so that lap counters can be sanitized between heats.
- p. Any equipment used should be sanitized/cleaned. Team areas should be cleaned up by those who utilized them.
- q. All individuals should prepare to leave the facility as efficiently as possible at the conclusion of a meet.
- r. Meet results should be exchanged electronically.
- s. No awards ceremonies should take place at the conclusion of each race, in order to prevent a mass gathering.
- t. Coaches must ensure that they are following all current NMAA guidelines at all times.

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- a. Practice Start Date: March 22, 2021
- b. Competition Start Date: March 27, 2021
- c. Season End Date: May 8, 2021