



NMAA OFFICIAL BALLOT
JUNIOR HIGH/MIDDLE SCHOOL REFERENDUM
September 23, 2016



Due Date: October 7, 2016

*Upon direction of the Board of Directors, the New Mexico Activities Association is asking member schools **that participate in the sport of baseball** to vote on the issue below. Please read through the entire referendum before selecting your response. Thank you for your participation in the governance of your organization and for your support of interscholastic activities.*

Pitching Restrictions

Modify pitching restriction regulations in the sport of junior high/middle school baseball as follows:

Bylaw 9.8.1.C.3

1. At the middle school / junior high level, a pitcher may throw 90 pitches in any one day. The pitcher will be allowed to finish a batter if they hit the maximum limit (90) during an at-bat, but must exit the game after the batter.

Once a pitcher exceeds the inning or pitch count thresholds, that player is considered an ineligible player and the game must be forfeited by the team in violation of these regulations. The school and/or head coach will also be subject to additional sanctions as determined by the Executive Director.

2. Coaches must keep a written record of all pitch counts for each player for all games. This information should be kept on file with the head coach and also reported to the school administration.

In addition to this maximum daily pitch count, the following "days of rest" requirements shall be followed:

****Rest Periods**

Pitches	Required Rest
81+	4 Calendar Days
61-80	3 Calendar Days
41-60	2 Calendar Days
21-40	1 Calendar Day
0-20	0 Calendar Days

Calendar day = If a pitcher throws 65 pitches on Tuesday, that player should not pitch again until Saturday (3 required calendar days of rest).

Consecutive Day Note – if a player pitches on consecutive days, the cumulative pitch count from those two days should be used to calculate the required rest period. Example = Pitcher A throws 27 pitches on Friday and 25 pitches on Saturday, which is 52 pitches cumulatively – required rest after game two would be 2 calendar days.

****** Once a pitcher is removed, consideration should be given to the position he is assigned once he is done pitching. Consideration should be given to the throwing requirement of the fielding position once the pitcher vacates the mound.

****Develop a pitching philosophy that includes the instruction in proper throwing mechanics, broadening the number of players who will become pitchers on their staffs, and developing a "work up" plan so that a pitcher is not throwing the maximum allowable pitches from the first day of competition (i.e., no more than 50 pitches in weeks 1-3, no more than 70 in weeks 4-6 to allow for growth and arm strength to develop.)**

If approved by the membership, this change to bylaw 9.8.1 C.3 will take effect for the Spring 2017 season.

NOTE: Proposal was passed by the Commission and Board of Directors.

☐

We Favor

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We Do Not Favor

This box must be completed by all member schools.

_____ Print Name of Official Voter	_____ Signature of Official Voter
_____ Print Name of Superintendent/Head of School	_____ Signature of Superintendent/Head of School
_____ School	_____ District/Classification

Due date is October 7, 2016 at 4:00 pm.

*This ballot, with both signatures affixed, must be received in the NMAA office by 4:00 pm. Please fax completed referenda to Mindy loane at (505) 923-3114. **Please note that if either signature above is missing, the ballot will not be counted.** Contact Bill Cleland (bill@nmact.org) if you have any questions regarding this referendum.*