

SECTION VII SPORTS REGULATIONS

7.0 MASTER TABLE OF ATHLETIC EVENTS AS APPROVED BY BOARD OF DIRECTORS

SPORT	CLASSES	WEEK # PRACTICE BEGINS GRADES 9-12	WEEK # PRACTICE BEGINS GRADES 6-8	CONTEST LIMITATIONS			DAYS OF REQUIRED PRACTICE BEFORE COMPETITION	WEEK # STATE EVENTS GRADES 9-12 ONLY
				VARSIITY	SUB- VARSITY	GRADES 6-8		
Baseball	5	32	32	26	23	18	5	45-46
Basketball	6	19	*16 19	26	23	18	5	37
Cross Country	4	7	7	8	8	7	5	19
Football	6-Man	6	7 th & 8 th only Week 7	9	8	7 th & 8 th only 7 games	10	18
	8-Man, A	6		10	9		10	21
	2A	6		10	9		10	22
	3A, 4A, 5A	6		10	9		10	23
Golf	3	Year round	Year round	10	10	8	N/A	46
Soccer	3	7	7	20	17	14	5	19
Softball	4	32	32	26	23	18	5	45-46
Spirit/Cheer	6	Year round	Year round	10 Competitions	N/A	N/A	10	39
Spirit/Dance Drill	4	Year round	Year round	10 ⁺ Competitions	N/A	N/A	10	39
Swimming & Diving	1	Year round	Year round	10	10	8	5	34
Tennis	3	Year round	Year round	12	12	8	5	Team: 45 Individual: 45
Track & Field	5	33	33	10	7	7	5	1A/2A – 45 3A/5A – 46
Volleyball	6	7	7	20	17	14	5	20
Wrestling	3	19	16	32 points	28 points	12	5	34

Classes: 4 = A & AA Combined

3 = A, AA & AAA Combined

* denotes split season