

Illegal Home Team Uniforms Starting Fall 2013



Rule 4-1-1b – REQUIRED EQUIPMENT: The required player equipment includes a jersey, shorts, socks, suitable shoes and shinguards which shall provide adequate and reasonable protection, be professionally manufactured, age-and size-appropriate, not altered to decrease protection, worn under the socks, and are worn with the bottom edge no higher than 2 inches above the ankle. (see illustrations regarding shinguards). Shinguards must meet the National Operating Committee on Standards for Athletic Equipment (NOCSAE) specifications. The NOCSAE seal and the appropriate height range of the player shall appear on the shinguard. Beginning with the 2012 fall season, the NOCSAE seal and height range shall be permanently marked on the front of the shinguard. Equipment shall not be modified from its original manufactured state and shall be worn in the manner the manufacturer intended it to be worn. It is also recommended that male players wear a supporter and protective cup. Requirements for uniforms:

- a. Jerseys and socks of opposing teams shall be of contrasting colors and, in the event of a similarity of color; the home team shall be responsible for making the necessary change.
- b. The home team shall wear white or light jerseys and socks, and the visiting team shall wear dark jerseys and socks. Beginning with the 2013 fall season, the home team shall wear solid white jerseys and solid white socks, and the visiting team shall wear dark jerseys and socks. Prior to and during the game, jerseys shall be tucked into the shorts, unless manufactured to be worn outside.

Comments on the Rules: This rule was changed to require the home team to wear solid white jerseys and socks, to better differentiate between the visiting team, who is required to wear jerseys and socks that are dark. This rule change will be enforced beginning with the fall 2013 season.

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